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| Sissy That Walk |  |

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| . | | | | | | |
| **Count:** | 96 | **Wall:** | 2 | **Level:** | Phrased Advanced | . |
| **Choreographer:** | Ami Carter (UK) - April 2016 | | | | |
| **Music:** | Sissy That Walk - RuPaul : (Album: Born Naked) | | | | |
| . | | | | | | |

**Sequence: A B A C A B A C A Tag B A B C – Pose!**

**Intro: 16 counts from start of track**

**Part A - 32 counts**

**A[1 – 8] STEP ½ PIVOT, FULL TURN, ¼ SLIDE, HOLD, BALL CROSS, SIDE**

|  |  |
| --- | --- |
| 1 2 | Step right foot forward, make ½ turn left shifting weight to left foot |

|  |  |
| --- | --- |
| 3 4 | Make ½ turn left stepping right foot back, make ½ turn left stepping left forward |

|  |  |
| --- | --- |
| 5 6 | Make ¼ turn left taking long step with right foot to right side, hold |

|  |  |
| --- | --- |
| &7 8 | Step left foot next to right, cross right foot over left, step left foot to left side (3.00) |

**A[9 – 16] BEHIND/HEAD DROP, UNWIND, POINT ACROSS, POINT SIDE, 2 x SAMBA STEP**

|  |  |
| --- | --- |
| 1 2 | Touch right toe behind left foot whilst dropping head to look down, unwind ½ turn onto right foot looking up |

|  |  |
| --- | --- |
| 3 4 | Point left toe across right foot, point left toe to left side |

|  |  |
| --- | --- |
| 5&6 | Cross left foot over right, step ball of right foot to right side, recover onto left foot in place |

|  |  |
| --- | --- |
| 7&8 | Cross right foot over left, step ball of left foot to left side, recover onto right foot in place (9.00) |

**A[17 – 24] ¼ TURNING JAZZ BOX CROSS, SIDE TOE STRUT/BUMP, CROSS TOE STRUT/BUMP**

|  |  |
| --- | --- |
| 1 – 4 | Cross left foot over right, make ¼ turn left stepping right foot back, step left foot to left side, cross right foot over left |

|  |  |
| --- | --- |
| 5 6 | Touch left toe to left side bumping left hip, drop left heel taking weight |

|  |  |
| --- | --- |
| 7 8 | Touch right toe across left bumping right hip, drop right heel taking weight (6.00) |

**A[25 – 32] SIDE ROCK, ¼ TURN, FULL TURN, ¼ SIDE, HOLD, BALL-SIDE, TOUCH**

|  |  |
| --- | --- |
| 1 – 4 | Rock left foot to left side, recover onto right foot making ¼ turn right, make ½ turn right stepping left foot back, make ½ turn right stepping right foot forward |

|  |  |
| --- | --- |
| 5 6 | Make ¼ turn right stepping left foot to left side, hold |

|  |  |
| --- | --- |
| &7 8 | Step right foot next to left, step left foot to left side, touch right toe next to left (12.00) |

**Part B - 32 counts**

**B[1 – 8] R POINT/BUMP, ¼ TURN, TURNING HIP BUMPS, STEP ¼ PIVOT**

|  |  |
| --- | --- |
| 1 2 | Point right toe to right side bumping right hip, make ¼ turn stepping onto right foot (3.00) |

|  |  |
| --- | --- |
| 3 4 | Make ¼ turn right pointing left toe to side bumping left hip, make ¼ turn right stepping left foot back (9.00) |

|  |  |
| --- | --- |
| 5 6 | Make ¼ turn right pointing right toe to side bumping right hip, make ¼ turn stepping onto right foot (3.00) |

|  |  |
| --- | --- |
| 7 8 | Step left foot forward, make ¼ turn right shifting weight to right foot (6.00) |

**B[9 – 16] CROSS ROCK/FLICK, RECOVER/SWEEP, SAILOR STEP, CROSS, HITCH, CROSS, ¼ TURN BACK**

|  |  |
| --- | --- |
| 1 2 | Cross left foot over right bending left knee whilst flicking right foot behind left calf, recover back onto right foot whilst sweeping left foot from front to back |

|  |  |
| --- | --- |
| 3&4 | Step left foot behind right, step right foot to right side, step left foot to left side |

|  |  |
| --- | --- |
| 5 6 | Cross right foot over left, hitch left knee around in front of right leg |

|  |  |
| --- | --- |
| 7 8 | Cross left foot over right, make ¼ turn left stepping right foot back (3.00) |

**B[17 – 25] ¼ SIDE, POINT/PREP, 1 ¼ ROLLING VINE, ¼ SWEEP, WEAVE**

|  |  |
| --- | --- |
| 1 2 | Make ¼ turn left stepping left foot to left side, point right toe to right side and prep upper body left (12.00) |

|  |  |
| --- | --- |
| 3 4 5 | Make ¼ turn right stepping right forward, make ½ turn right stepping left foot back, make ½ turn right stepping right foot forward (3.00) |

|  |  |
| --- | --- |
| 6 | Make ¼ turn right sweeping left foot around (6.00) |

|  |  |
| --- | --- |
| 7 8 1 | Cross left foot over right, step right to right side, cross left foot behind right |

**B[26 – 32] SWEEP, BEHIND, SIDE, ROCKING CHAIR**

|  |  |
| --- | --- |
| 2 3 4 | Sweep right foot around from front to back, step right foot behind left, step left foot to left side |

|  |  |
| --- | --- |
| 5 – 8 | Rock right foot forward, recover back on left foot, rock right foot back, recover forward on left foot (6.00) |

**Part C – SISSY THAT WALK!! – 32 counts**

**C[1 – 8] 4 x ‘RUNWAY’ WALKS, 2 x ¼ PIVOT TURNS/HIP ROLLS**

|  |  |
| --- | --- |
| 1 – 4 | Walk forward (as if modelling on a catwalk) right, left, right, left |

|  |  |
| --- | --- |
| 5 6 | Step right foot forward pushing hips back, make ¼ turn left shifting weight to left foot rolling hips anticlockwise |

|  |  |
| --- | --- |
| 7 8 | Repeat counts 5, 6 (12.00) |

**C[9 – 16] 4 x ‘RUNWAY’ WALKS, 4 x PADDLE TURNS/SHIMMY**

|  |  |
| --- | --- |
| 1 – 4 | Walk forward (as if modelling on a catwalk) right, left, right, left |

|  |  |
| --- | --- |
| 5 – 8 | Shimmy shoulders whilst making ½ turn left on ball of left foot pushing ball of right foot to right side 4 times (6.00) |

**C[17 – 24] CROSS, POINT/LOOK, CROSS, POINT/LOOK, HITCH, SIT DOWN, HIP BUMP x2**

|  |  |
| --- | --- |
| 1 2 | Cross right foot over left, point left toe to left side whilst looking to left |

|  |  |
| --- | --- |
| 3 4 | Cross left foot over right, point right toe to right side whilst looking to right |

|  |  |
| --- | --- |
| 5 6 | Hitch right knee, step right foot down to right side bending both knees to ‘sit’ into right hip |

|  |  |
| --- | --- |
| &7&8 | Bump left hip up, down, up, down (6.00) |

**C[25 – 32] TURNING WALK, L SHUFFLE, ROCKING CHAIR**

|  |  |
| --- | --- |
| 1 2 | Make ¼ turn left stepping left foot forward, make ¼ turn left stepping right foot forward |

|  |  |
| --- | --- |
| 3&4 | Step left foot forward, step ball of right foot next to left, step left foot forward (12.00) |

|  |  |
| --- | --- |
| 5 – 8 | Rock right foot forward, recover back on left foot, rock right foot back, recover forward on left foot (12.00) |

**TAG – After 5th repetition of Part A**

**[1 – 4] R POINT, TOGETHER, L POINT TOGETHER**

|  |  |
| --- | --- |
| 1 2 | Point right toe to right side, step right foot next to left |

|  |  |
| --- | --- |
| 3 4 | Point left toe to left side, step left foot next to right |

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