|  |  |
| --- | --- |
| No Glamour In The Hammer |  |

.

|  |
| --- |
| . |
| **Count:** | 48 | **Wall:** | 2 | **Level:** | Improver | . |
| **Choreographer:** | Penny Tan (MY) - June 2016 |
| **Music:** | No Glamour in the Hammer - Whitehorse |
| . |

**Intro: 48 counts.**

**SEC 1: FWD,HITCH, BACK ,HITCH , BACK ,HITCH,COASTER STEP**

|  |  |
| --- | --- |
| 1-2 | Step R fwd, hitch L |

|  |  |
| --- | --- |
| 3-4 | Step L back , hitch R, |

|  |  |
| --- | --- |
| 5-6 | Step R back , hitch L |

|  |  |
| --- | --- |
| 7&8 | Step L back , step R beside L , step L fwd |

|  |
| --- |
|  |

**SEC 2: FWD SHUFFLE , L SWEEP ¼ TURN CROSS ,SIDE ,BEHIDE, SIDE ,CROSS , SIDE RECOVER, TOGETHER**

|  |  |
| --- | --- |
| 1&2 | Step R fwd , step L beside R , step R fwd |

|  |  |
| --- | --- |
| 3-4 | Sweep L fwd with a ¼ turn to R (3.00) and cross over R, step R to R side |

|  |  |
| --- | --- |
| 5&6 | Step L behind R, step R to R side , cross L over R |

|  |  |
| --- | --- |
| 7&8 | Rock R to R side , recover on L , step R beside L |

|  |
| --- |
|  |

**SEC 3: SIDE,TOGETHER, SIDE CHASSE, PIVOT ¼ , PIVOT ¼**

|  |  |
| --- | --- |
| 1-2 | Step L to L side , step R beside L |

|  |  |
| --- | --- |
| 3&4 | Step L to L side , step R beside L , step L to L side |

|  |  |
| --- | --- |
| 5-6 | Step R fwd make a ¼ turn to L (12.00), recover on L |

|  |  |
| --- | --- |
| 7-8 | Step R fwd , make a ¼ turn to L (9.00), recover on L |

|  |
| --- |
|  |

**SEC 4: CROSS, TOUCH, ¼ TURN FWD, TOUCH, JAZZ BOX CROSS**

|  |  |
| --- | --- |
| 1-2 | Cross R over L , touch L to L side |

|  |  |
| --- | --- |
| 3-4 | ¼ turn to L (6.00) fwd L , touch R to R side |

|  |  |
| --- | --- |
| 5-6 | Cross R over L, step back on L |

|  |  |
| --- | --- |
| 7-8 | Step R to R side, cross L over R |

**\*Short here after 32 counts on wall 2 and Restart**

**SEC 5: BACK, TOUCH, FWD, TOUCH, COASTER STEP,FWD ROCK ,RECOVER**

|  |  |
| --- | --- |
| 1-2 | Step R back, touch L beside R |

|  |  |
| --- | --- |
| 3-4 | Step L fwd , touch R beside L |

|  |  |
| --- | --- |
| 5-6 | Step back on R , STEP L beside R |

|  |  |
| --- | --- |
| 7-8 | Step R fwd , recover on L |

|  |
| --- |
|  |

**SEC 6: BACK SWEEPING (X3) ,TOUCH , HIP BUMPS (X3)**

|  |  |
| --- | --- |
| 1-2 | Step R back with sweeping L back , Step L back with sweeping R back |

|  |  |
| --- | --- |
| 3-4 | Step R back with sweeping L back, Step L behind R |

|  |  |
| --- | --- |
| 5-6-7-8 | Touch R fwd , hip bumps (X3) |

**RESTART: On WALL 2 after 32 counts (12.00), restart the dance again!**

|  |
| --- |
|  |

**Happy dancing!**

**Contact: pennytanml@hotmail.com**