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| It's All In You |  |

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| **Count:** | 48 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Jessica Wegmann (CH) - July 2016 | | | | |
| **Music:** | All in You (feat. Anna Kova) - Synapson : (iTunes) | | | | |
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**Intro : 16 counts, dance begins on vocal « I talk for a reason ».**

**[1-8] Walks Fwd x2, Cross Scissor Step, Cross, ¼ turn L Step, Rolling vine**

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| 1-2 | Walk R forward, Walk L forward |

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| 3&4 | Cross R over, Step L to L side, Close R next to L |

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| 5-6 | Cross L over, Step R backward ¼ turn L |

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| 7-8 | ½ turn left stepping L, ½ turn left stepping R backward (9 o’clock) |

**[9-16] Body Rolls Stepping Back x2, Coaster Step, Full Spiral Turn**

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| 1-2 | Touch L backward doing a body roll from up (head), Step L down finishing body roll down (hips) |

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| 3-4 | Touch R backward doing a body roll from up (head), Step R down finishing body roll down (hips) |

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| 5-6 | Step L backward, Close R next to L |

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| 7-8 | Step L forward, Full Spiral Turn |

**[17-24] Crossing Shuffle Making a ½ turn R, Double Hitch x2, ½ turn L Hitch R, Down**

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| 1&2 | Cross R over, Step L to left side, Cross R over (making a ½ turn L to face 6 o’clock) |

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| 3&4 | Hitch L up, side slightly up, touch |

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| 5&6 | Hitch L up, side slightly up, down |

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| 7-8 | ½ turn left Hitching R up down |

**[25-32] Behind, ¼ turn R, Step , ½ Pivot turn R, Dorothy Steps x2, Out**

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| 1-2 | Step L behind R, ¼ turn R stepping R forward |

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| 3-4 | Step L forward, ½ pivot R stepping R forward |

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| 5&6 | Step L forward slightly diagonal left, Lock R behind, Step L to L Side |

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| &7&8 | Step R forward slightly diagonal right, Lock L behind, Step R out to R side, Step L out to L side. |

**Restart on wall 3 facing 9 o’clock, the original 9 o’clock wall now becomes your new home wall.**

**[33-40] Pop Knees, ¼ turn R twist, Heels down, Pop Knees, ½ turn L, Heels down, Kick, ¼ turn R Monterey**

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| 1&2 | Pop knees lifting heels up, Twist them ¼ turn R, Heels down (turn head to the R). |

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| 3&4 | Pop knees lifting heels up, Twist them ½ turn L, Heels down weight on R (6 o’clock) |

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| 5-6 | Kick L, Step L down |

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| 7-8 | Touch R to R side, ¼ turn R Closing R next to L |

**[41-48] ¼ turn L Monterey Hook L, Step L, Lock R, Full turn, Sweeps x2, Step, Hitch**

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| 1-2 | Touch L to L side, ¼ turn L Hooking L over R |

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| &3-4 | Step L forward, Lock R behind, full turn (6 o‘clock) |

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| 5-6 | Sweep R from back to front stepping L forward, Sweep L from Back to front stepping R forward |

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| 7-8 | Step L forward, Hitch R knee up |

**Enjoy!**

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