|  |  |
| --- | --- |
| My Island Lady |  |

.

|  |
| --- |
| . |
| **Count:** | 32 | **Wall:** | 2 | **Level:** | Beginner | . |
| **Choreographer:** | Jack Koopman (NL) & Frankie Ray Merchant (NL) - September 2016 |
| **Music:** | My Island Lady - Richard Parker |
| . |

**Starting on the beat after 16 counts**

**Mambo step x 4**

|  |  |
| --- | --- |
| 1 | RF rock fwd |

|  |  |
| --- | --- |
| & | LF recover |

|  |  |
| --- | --- |
| 2 | RF step beside LF |

|  |  |
| --- | --- |
| 3 | LF rock back |

|  |  |
| --- | --- |
| & | RF recover |

|  |  |
| --- | --- |
| 4 | LF step besidet RF |

|  |  |
| --- | --- |
| 5 | RF rock to right |

|  |  |
| --- | --- |
| & | LF recover |

|  |  |
| --- | --- |
| 6 | RF step beside LF |

|  |  |
| --- | --- |
| 7 | LF rock to left |

|  |  |
| --- | --- |
| & | RF recover |

|  |  |
| --- | --- |
| 8 | LF step beside RF |

**Weave, rumba box, R Lockstep back**

|  |  |
| --- | --- |
| 1 | RF step right |

|  |  |
| --- | --- |
| & | LF cross behind RF |

|  |  |
| --- | --- |
| 2 | RF step right |

|  |  |
| --- | --- |
| & | LF cross in front of RF |

|  |  |
| --- | --- |
| 3 | RF step right |

|  |  |
| --- | --- |
| & | LF step beside RF |

|  |  |
| --- | --- |
| 4 | RF step fwd |

|  |  |
| --- | --- |
| 5 | LF step left |

|  |  |
| --- | --- |
| & | RF step beside LF |

|  |  |
| --- | --- |
| 6 | LF step back |

|  |  |
| --- | --- |
| 7 | RF step back |

|  |  |
| --- | --- |
| & | LF step hook in front of RF |

|  |  |
| --- | --- |
| 8 | RF step back |

**Triple ½ turn left, kickball step, cross rock, step together**

|  |  |
| --- | --- |
| 1 | LF ¼ turn left step to left |

|  |  |
| --- | --- |
| & | RF step beside |

|  |  |
| --- | --- |
| 2 | LF ¼ turn left step fwd (6) |

|  |  |
| --- | --- |
| 3 | RF kick fwd |

|  |  |
| --- | --- |
| & | RF step beside LF |

|  |  |
| --- | --- |
| 4 | LF recover |

|  |  |
| --- | --- |
| 5 | RF rock in front of LF |

|  |  |
| --- | --- |
| & | LF recover |

|  |  |
| --- | --- |
| 6 | RF step beside LF |

|  |  |
| --- | --- |
| 7 | LF rock in front of RF |

|  |  |
| --- | --- |
| & | RF recover |

|  |  |
| --- | --- |
| 8 | LF step beside RF |

**Touch ¼ paddle left x 3, step, touch ¼ paddle x3, step**

|  |  |
| --- | --- |
| 1 | RF touch toe fwd |

|  |  |
| --- | --- |
| & | R&L ¼ paddle turn left |

|  |  |
| --- | --- |
| 2 | RF touch toe fwd |

|  |  |
| --- | --- |
| & | R&L ¼ paddle turn left |

|  |  |
| --- | --- |
| 3 | RF touch toe fwd |

|  |  |
| --- | --- |
| & | R&L ¼ paddle turn left |

|  |  |
| --- | --- |
| 4 | RF step fwd ( 9 ) |

|  |  |
| --- | --- |
| 5 | LF touch toe fwd |

|  |  |
| --- | --- |
| & | L&R ¼ paddle turn right |

|  |  |
| --- | --- |
| 6 | LF touch toe fwd |

|  |  |
| --- | --- |
| & | L&R ¼ paddle turn right |

|  |  |
| --- | --- |
| 7 | LF touch toe fwd |

|  |  |
| --- | --- |
| & | L&R ¼ paddle turn right |

|  |  |
| --- | --- |
| 8 | LF step fwd (6) |

**Start again: many pleasure**