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| --- | --- |
| Spread My Wings |  |

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| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Jef Camps (BEL) - October 2016 | | | | |
| **Music:** | I Believe I Can Fly - The Baseballs | | | | |
| . | | | | | | |

**#16 count intro**

**S1: Rumba Box, Step, ½ PIVOT, TOE STRUT, STEP, ¾ TURN, SIDE TOE STRUT**

|  |  |
| --- | --- |
| 1&2 | RF step side, LF close next to RF, RF step back |

|  |  |
| --- | --- |
| 3&4 | LF step side, RF close next to LF, LF step fwd |

|  |  |
| --- | --- |
| 5&6& | RF step fwd, ½ turn L (weight LF), RF touch toes fwd, RF drop heel down (6:00) |

|  |  |
| --- | --- |
| 7&8& | LF step fwd, ½ turn R (weight RF), ¼ turn R & LF touch toes side, LF drop heel down (3:00) |

**S2: TOE STRUT BEHIND, SIDE TOE STRUT, JAZZ BOX CROSS, SIDE, DRAG, ROCK BACK, ¼ TURN BACK, ¼ TURN SIDE, CROSS**

|  |  |
| --- | --- |
| 1&2& | RF cross toes behind LF, RF drop heel down, LF touch toes side, LF drop heel down (finger snaps) |

|  |  |
| --- | --- |
| 3&4& | RF cross over LF, LF step back, RF step side, LF cross over RF |

|  |  |
| --- | --- |
| 5-6& | RF big step side (drag LF towards RF), LF rock back, recover on RF |

|  |  |
| --- | --- |
| 7-8& | ¼ turn R & LF step back, ¼ turn R & RF step side, LF cross over RF (9:00) |

**\*Restart in walls 2, 5 & 8**

**S3: POINT, TOUCH, HEEL & HEEL-BALL-STEP, 3 RUNS FWD, brush, MAMBO ½ TURN**

|  |  |
| --- | --- |
| 1&2& | RF touch side, RF touch next to LF, RF dig heel fwd, RF close next to LF |

|  |  |
| --- | --- |
| 3&4 | LF dig heel fwd, LF close next to RF, RF step fwd |

|  |  |
| --- | --- |
| 5&6& | LF run fwd, RF run fwd, LF run fwd, RF brush fwd |

|  |  |
| --- | --- |
| 7&8 | RF rock fwd, recover on LF, ½ turn R & RF step fwd (3:00) |

**S4: STEP, ½ PIVOT, STEP, CHARLESTON, ROCKING CHAIR, SCISSOR STEP**

|  |  |
| --- | --- |
| 1&2 | LF step fwd, ½ turn R putting weight on RF, LF step fwd (9:00) |

|  |  |
| --- | --- |
| 3-4 | RF touch fwd, RF step back (styling: you can twist in the Charleston if you want) |

|  |  |
| --- | --- |
| 5&6& | LF rock back, recover on RF, LF rock fwd, recover on RF |

|  |  |
| --- | --- |
| 7&8 | LF step side, RF close next to LF, LF cross over RF |

**Have fun!**

**Restart: in walls 2, 5 & 8 after 16 counts**

**Ending: dance ends to 6:00 after the last section, just make a ½ turn R (unwind)**