|  |  |
| --- | --- |
| Crying My Heart Out (nl) |  |

.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 64 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Mawayani (NL) - Novembre 2016 | | | | |
| **Music:** | I'm Crying My Heart Out Over You (with Billy Forrest) - Ray Dylan | | | | |
| . | | | | | | |

**Intro : 32 tellen**

**S1: LOCKSTEP, TOUCH, DIG.STEP LEFT, TOUCH, DIG. STEP RICHT, TOUCH BEHIND**

|  |  |
| --- | --- |
| 1 | RV stap voor |

|  |  |
| --- | --- |
| 2 | LV lock achter RV |

|  |  |
| --- | --- |
| 3 | RV stap voor |

|  |  |
| --- | --- |
| 4 | LV tik naast RV |

|  |  |
| --- | --- |
| 5 | LV stap diagonaal links voor |

|  |  |
| --- | --- |
| 6 | RV tik naast LV |

|  |  |
| --- | --- |
| 7 | RV stap diagonaal rechts voor |

|  |  |
| --- | --- |
| 8 | LV tik gekruist achter RV |

**S2: BEHIND, BEHIND, CROSS OVER, BEHIND, ¼ STEP LEFT, PADDLE ¼ TURN LEFT, STEP FWD**

|  |  |
| --- | --- |
| 1 | LV stap diagonaal achter |

|  |  |
| --- | --- |
| 2 | RV stap achter (12) |

|  |  |
| --- | --- |
| 3 | LV kruis over RV |

|  |  |
| --- | --- |
| 4 | RV stap achter |

|  |  |
| --- | --- |
| 5 | LV ¼ draai linksom, stap opzij |

|  |  |
| --- | --- |
| 6 | RV stap voor |

|  |  |
| --- | --- |
| 7 | L+R ¼ draai linksom |

|  |  |
| --- | --- |
| 8 | RV stap voor |

**S3: STEP FWD, HOLD & STEP FWD, ROCK, RECOVER, ¼ TURN RIGHT CHASSE, CROSS OVER**

|  |  |
| --- | --- |
| 1 | LV stap voor |

|  |  |
| --- | --- |
| 2 | rust |

|  |  |
| --- | --- |
| & | RV sluit naast LV |

|  |  |
| --- | --- |
| 3 | LV stap voor |

|  |  |
| --- | --- |
| 4 | RV rock voor |

|  |  |
| --- | --- |
| 5 | LV gewicht terug op LV |

|  |  |
| --- | --- |
| 6 | RV ¼ draai rechtsom, stap opzij |

|  |  |
| --- | --- |
| & | LV stap naast RV |

|  |  |
| --- | --- |
| 7 | RV stap opzij |

|  |  |
| --- | --- |
| 8 | LV kruis over RV |

**S4: STEP RIGHT, CROSS BEHIND, ¼ RIGHT, ROCK, RECOVER, ½ TURN LEFT FWD, STEP FWD, HOLD**

|  |  |
| --- | --- |
| 1 | RV stap opzij |

|  |  |
| --- | --- |
| 2 | LV kruis achter RV |

|  |  |
| --- | --- |
| 3 | RV ¼ draai rechtsom, stap voor |

|  |  |
| --- | --- |
| 4 | LV rock voor |

|  |  |
| --- | --- |
| 5 | RV gewicht terug op RV |

|  |  |
| --- | --- |
| 6 | LV ½ draai linksom, stap voor |

|  |  |
| --- | --- |
| 7 | RV stap voor |

|  |  |
| --- | --- |
| 8 | rust |

**S5: HIPBUMPS, TOUCH, FULL TURN RIGHT, TOUCH**

|  |  |
| --- | --- |
| 1 | LV heup links |

|  |  |
| --- | --- |
| 2 | RV heup rechts |

|  |  |
| --- | --- |
| 3 | LV heup links |

|  |  |
| --- | --- |
| 4 | RV tik naast LV |

|  |  |
| --- | --- |
| 5 | RV ¼ draai rechtsom, stap opzij |

|  |  |
| --- | --- |
| 6 | LV ½ draai rechtsom, stap achter |

|  |  |
| --- | --- |
| 7 | RV ¼ draai rechtsom, stap opzij |

|  |  |
| --- | --- |
| 8 | LV tik naast RV |

**S6: ROCK, RECOVER, ½ TURN LEFT, HOLD,+ ROCK, RECOVER, ¼ TURN RIGHT, HOLD**

|  |  |
| --- | --- |
| 1 | LV rock voor |

|  |  |
| --- | --- |
| 2 | RV gewicht terug op RV |

|  |  |
| --- | --- |
| 3 | LV ½ draai linksom, stap voor |

|  |  |
| --- | --- |
| 4 | rust |

|  |  |
| --- | --- |
| 5 | RV rock voor |

|  |  |
| --- | --- |
| 6 | LV gewicht terug op RV |

|  |  |
| --- | --- |
| 7 | RV ¼ draai rechtsom, stap voor |

|  |  |
| --- | --- |
| 8 | rust |

**S7: LOCKSTEP, TOUCH, ¼ PADDLE TURN LEFT, ¼ PADDLE TURN LEFT**

|  |  |
| --- | --- |
| 1 | LV stap voor |

|  |  |
| --- | --- |
| 2 | RV lock achter LV |

|  |  |
| --- | --- |
| 3 | LV stap voor |

|  |  |
| --- | --- |
| 4 | RV tik naast LV |

|  |  |
| --- | --- |
| 5 | RV stap voor |

|  |  |
| --- | --- |
| 6 | R+L ¼ draai linksom |

|  |  |
| --- | --- |
| 7 | RV stap voor |

|  |  |
| --- | --- |
| 8 | R+L ¼ draai linksom |

**S8: LOCK STEP, ¼ RIGHT SCUFF, STEP FWD, ½ TURN RIGHT, STEP FWD, HOLD**

|  |  |
| --- | --- |
| 1 | RV stap voor |

|  |  |
| --- | --- |
| 2 | LV lock achter RV |

|  |  |
| --- | --- |
| 3 | RV stap voor |

|  |  |
| --- | --- |
| 4 | LV ¼ draai rechtsom, scuff |

|  |  |
| --- | --- |
| 5 | LV stap voor |

|  |  |
| --- | --- |
| 6 | L+R ½ draai rechtsom |

|  |  |
| --- | --- |
| 7 | LV stap voor |

|  |  |
| --- | --- |
| 8 | rust |

**Begin opnieuw**

**Einde: dans de eerste twee blokken**

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