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| Twerk It – Elsa |  |

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| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Beginner | . |
| **Choreographer:** | Pep Soler (ES) & Paqui Lebrón - December 2016 |
| **Music:** | "Twerk It" de Elsa Barahona  |
| . |

**(Start the dance after 16 counts)**

**[1 – 8] ROCK IN CHAIR RIGHT + MAMBO, ROCK IN CHAIR LEFT + MAMBO**

|  |  |
| --- | --- |
| 1 & | Rock forward RF, recover LF |

|  |  |
| --- | --- |
| 2 & | Rock backward RF, recover LF |

|  |  |
| --- | --- |
| 3 & 4 | Rock forward RF, recover LF, step together RF |

|  |  |
| --- | --- |
| 5 & | Rock forward LF, recover RF |

|  |  |
| --- | --- |
| 6 & | Rock backward LF, recover RF |

|  |  |
| --- | --- |
| 7 & 8 | Rock forward LF, recover LR, step together LF |

**[9 – 16] ROCK RIGHT FORWARD-RECOVER X3, ROCK LEFT FORWARD-RECOVER X 3**

|  |  |
| --- | --- |
| 1 & | Rock forward RF, recover LF |

|  |  |
| --- | --- |
| 2 & | Rock forward RF diagonal (1,30), recover LF |

|  |  |
| --- | --- |
| 3 & 4 | Rock side RF, recover LF, RF Together RF |

|  |  |
| --- | --- |
| 5 & | Rock forward LF, recover RF |

|  |  |
| --- | --- |
| 6 & | Rock forward LF diagonal (10,30), recover RF |

|  |  |
| --- | --- |
| 7 & 8 | Rock side LF, recover RF, RF together LF |

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|  |

**(Put the stretched arm with the palm forward, 3 times right, 3 times left.)**

**[17 – 24] VINE RIGHT, CHAINE LEFT**

|  |  |
| --- | --- |
| 1 - 2 | Step RF to the side, step LF behind RF |

|  |  |
| --- | --- |
| 3 - 4 | Step RF to the side, step LF next to RF doing touch with toe LF |

|  |  |
| --- | --- |
| 5 - 6 | Step LF to the side doing ¼ turn, step RF along the LF doing ¾ turn |

|  |  |
| --- | --- |
| 7 - 8 | Step LF side, touch RF together LF |

**[25 – 32] MAMBO STEP SIDE RIGHT, MAMBO STEP SIDE LEFT, MAMBO STEP SIDE RIGHT ¼ TURN, MAMBO STEP SIDE LEFT**

|  |  |
| --- | --- |
| 1 & 2 | Step RF side, recover LF, RF together LF |

|  |  |
| --- | --- |
| 3 & 4 | Step LF side, recover RF, LF together RF |

|  |  |
| --- | --- |
| 5 & 6 | Step RF side doing ¼ turn, recover LF, RF together LF |

|  |  |
| --- | --- |
| 7 & 8 | Step LF side, recover RF, LF together RF |

**(Moving the arm from below to take it flat, alternately right-left.)**

**Start dancing again**

**TAG: 4 COUNTS AT THE END OF THE 4th WALL - STEP TURN 1/2 - MAMBO STEP TURN 1/4**

|  |  |
| --- | --- |
| 1 - 2 | Step RF forward , return weight to LF by ½ turn |

|  |  |
| --- | --- |
| 3 - 4 | Step RF to the side doing ¼ turn, return weight to LF |

**- Life is also life without mobile phone,**

**- It is not without music,**

**- It's not without a dance.**

**Last Update – 8th Jan 2017**