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| 24 Hours from Tulsa |  |

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| **Count:** | 96 | **Wall:** | 2 | **Level:** | Easy Intermediate Mambo | . |
| **Choreographer:** | Glynn Rodgers (UK) - February 2017 |
| **Music:** | 24 Hours From Tulsa - Gene Pitney |
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**Count in: 8 Counts from the heavy beat. (Approx 7 Seconds)**

**Phrasing: 8 count Tag danced at the end of the sequence on walls 2 & 4.**

**Note: S – denotes SLOW – 2 counts / Q – denotes QUICK – 1 Count**

**[1-8]: Mambo Forward Right, Hold, Mambo Back Left, Hold.**

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| 1-4 |  Rock forward right, recover weight on to left, close right to left, hold. (QQS) |

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| 5-8 |  Rock back left, recover weight on to right, close left to right, hold. (QQS) |

**[9-16]: Right Side Rock, Cross, Hold. Left Side Rock, Cross, Hold.**

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| 1-4 |  Rock right to right side, recover weight on to left, cross right over left, hold. (QQS) |

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| 5-8 |  Rock left to left side, recover weight on to right, cross left over right, hold. (QQS) |

**[17-24]: Side, Cross, Side, Hold, 3-Step Jazz Box ¼ Turn, Hold.**

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| 1-4 |  Step right to right side, cross left over right, step right to right side, hold. (QQS) |

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| 5-8 |  Cross left over right, turn ¼ left stepping back right, step left to left side, hold. (9:00) (QQS) |

**[25-32]: Weave Left, Cross Rock, Side, Hold.**

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| 1-4 |  Cross right over left, step left to left side, cross right behind left, step left to left side. (QQQQ) |

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| 5-8 |  Cross rock right over left, recover weight on to left, step right to right side, hold. (QQS) |

**[33-40]: Weave Right, Cross Rock, ¼ Turn, Hold.**

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| 1-4 |  Cross left over right, step right to right side, cross left behind right, step right to right side. (QQQQ) |

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| 5-8 |  Cross rock left over right, recover weight on to right, turn ¼ left stepping forward left, hold. (6:00) (QQS) |

**[41-48]: Step, Hold, Triple Full Turn Forward, Pivot ½ Turn.**

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| 1-2 |  Step forward right, hold. (S) |

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| 4-6 |  Triple full turn right stepping – left-right-left. (QQS) |

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| 7-8 |  Step forward right, pivot ½ turn left. (12:00) (QQ) |

**[49-56]: Sways Right & Left, Right Chasse, Hold.**

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| 1-4 |  Sway hips right over 2 counts, sway hips left over 2 counts. (SS) |

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| 5-8 |  Step right to right side, close left to right, step right to right side, hold. (QQS) |

**[57-64]: Sways Left & Right, Left Chasse, Hold.**

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| 1-4 |  Sway hips left over 2 counts, sway hips right over 2 counts. (SS) |

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| 5-8 |  Step left to left side, close right to left, step left to left side, hold. (QQS) |

**[65-80]: Full Rotation Diamond Turn.**

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| 1-4 |  Cross right over left, turn 1/8 right stepping back left, step back right, hold (1:30). (QQS) |

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| 5-8 |  Step back left, turn ¼ right stepping forward right, step forward left, hold (4:30) (QQS) |

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| 9-12 |  Cross right over left, turn ¼ right stepping back left, step back right, hold (7:30) (QQS) |

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| 13-14 |  Step back left, turn ¼ right stepping forward right (10:30). (QQ) |

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| 15-16 |  Turn 1/8 right stepping side left, hold (12:00) (S) |

**[81-88]: Backward Diagonal Kick Ball Cross Steps Right & Left.**

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| 1-4 |  Angling body to right diagonal, kick right foot forward, step right foot to place, cross left over right, step right foot back straightening up. (QQQQ) |

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| 5-8 |  Angling body to left diagonal, kick left foot forward, step left foot to place, cross right over left, step left foot back straightening up. (QQQQ) |

**[89-96]: ½ Turn, Hold, ½ Chase Turn, Hold, ½ Pivot Turn.**

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| 1-4 |  Turn ½ right stepping forward right, hold. Step forward left, pivot ½ turn right. (SQQ) |

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| 5-8 |  Step forward left, hold. Step forward right, pivot ½ turn left. (SQQ) |

**TAG: Hip Sways with holds – DANCED AT THE END OF WALLS 2&4**

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| 1-4 |  Step right to right side swaying hips to right over 2 counts, sway hips left & right. (SQQ) |

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| 5-8 |  Sway hips left over 2 counts, sway hips right & left. (SQQ) |

**ENDING – After wall 4, dance the tag and then dance up to count 32 and weave right turning ¼ to front wall and pose.**

**Contact: glynnrodgers@live.com**