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| Remember The Days |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Beginner / Improver | . |
| **Choreographer:** | Niels Poulsen (DK) - March 2017 |
| **Music:** | High - Lighthouse Family : (iTunes) |
| . |

**Intro: 8 counts from when the beat kicks in (app. 39 secs. into track). Start with weight on L foot**

**NOTE: NO TAGS – NO RESTARTS! **

**[1 – 8] R rock step fwd, R back lock step, L back rock, ¼ R chasse L**

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| --- | --- |
| 1 – 2 | Rock R fwd (1), recover back on L (2) 12:00 |

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| 3&4 | Step back on R (3), lock L in front of R (&), step back on R (4) 12:00 |

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| 5 – 6 | Rock back on L (5), recover fwd onto R (6) 12:00 |

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| 7&8 | Turn ¼ R stepping L to L side (7), step R next to L (&), step L to L side (8) 3:00 |

**[9 – 16] R back rock, R kick ball cross, R step slide, ball cross, side L**

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| 1 – 2 | Rock back on R (1), recover fwd onto L (2) (body opens up naturally to R diagonal) 3:00 |

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| --- | --- |
| 3&4 | Kick R fwd (3), step R next to L (&), cross L slightly over R (4) 3:00 |

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| 5 – 6 | Step R a big step to R side (5), slide L towards R (6) 3:00 |

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| &7 – 8 | Step L behind R (&), cross R over L (7), step L to L side () 3:00 |

**[17 – 24] Modified figure 8 vine, chasse ¼ R**

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| --- | --- |
| 1 – 2 | Cross R behind L (1), turn ¼ L stepping L forward (2) 12:00 |

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| 3 – 4 | Step R fwd (3), turn ½ L stepping onto L (4) 6:00 |

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| 5 – 6 | Turn ¼ L stepping R to R side (5), cross L behind R (6) 3:00 |

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| 7&8 | Step R to R side (7), step L next to R (&), turn ¼ R stepping R fwd (8) 6:00 |

**[25 – 32] L rock step fwd, ¼ L chasse, R jazz box, fwd L**

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| --- | --- |
| 1 – 2 | Rock fwd on L (1), recover back on R (2) 6:00 |

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| --- | --- |
| 3&4 | Turn ¼ L stepping L to L side (3), step R next to R (&), step L to L side (4) 3:00 |

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| 5 – 8 | Cross R over L (5), step back on L (6), step R to R side (7), step fwd on L (8) 3:00 |

**Start again**

**Ending Wall 13 is your last wall (starts at 12:00). Finish the whole dance (now facing 3:00).**

**Turn ¼ L stepping R to R side and you’re now facing 12:00 again -12:00**

**Contact: nielsbp@gmail.com**