|  |  |
| --- | --- |
| Easy Mom |  |

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| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Beginner | . |
| **Choreographer:** | Susanne Lindberg (SWE) - April 2017 | | | | |
| **Music:** | Mom (feat. Kelli Trainor) - Meghan Trainor | | | | |
| . | | | | | | |

**Starts 13 sec in on the beat before the verse when she sings ”She´s my World”**

**OPTIONAL :1 RESTART / Skip the rock steps in S4 after the phonecall with mom and start over**

**S1 : DIAGONAL STEP TOUCH (K-STEP)**

|  |  |
| --- | --- |
| 1-2 | Step right to right front diagonal, Touch left beside right |

|  |  |
| --- | --- |
| 3-4 | Step left to left back diagonal, Touch right beside left |

|  |  |
| --- | --- |
| 5-6 | Step right to right back diagonal, Touch left beside right |

|  |  |
| --- | --- |
| 7-8 | Step left to left front diagonal, Touch right beside left |

**S2 : R F/W, HOLD, R F/W TURN, HOLD, L F/W, HOLD, L F/W TURN, HOLD**

|  |  |
| --- | --- |
| 1-2 | Step forward on right, Hold |

|  |  |
| --- | --- |
| 3-4 | Step forward on left, Turn ½ right |

|  |  |
| --- | --- |
| 5-6 | Hold, Step forward on left |

|  |  |
| --- | --- |
| 7-8 | Step forward on right, Turn ½ left |

**S3 : VINE R, TOUCH , VINE LEFT ¼ TURN , SCUFF**

|  |  |
| --- | --- |
| 1-2 | Step right to right side, Step left behind right |

|  |  |
| --- | --- |
| 3-4 | Step right to right side, Touch left toe beside right |

|  |  |
| --- | --- |
| 5-6 | Step left to left side, Step right behind left |

|  |  |
| --- | --- |
| 7-8 | Turn ¼ left to left side, Scuff right |

**S4 : R FORWARD , ½ L TURN , ROCK FORWARD / SIDE / BACK**

|  |  |
| --- | --- |
| 1-2 | Step forward on right, Turn ½ left |

|  |  |
| --- | --- |
| 3-4 | Rock right forward, Recover on left |

|  |  |
| --- | --- |
| 5-6 | Rock right to right side, Recover on left |

|  |  |
| --- | --- |
| 7-8 | Rock right back, Recover on left |

**Contact: susanne@sofieholm.se**