|  |  |
| --- | --- |
| 10 Minute Walk |  |

.

|  |
| --- |
| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** |  | . |
| **Choreographer:** | Simon Ward (AUS) & Bracken Heidenreich (USA) - April 2017 |
| **Music:** | Gonna Walk - Barenaked Ladies & The Persuasions : (Album: Ladies and Gentleman... - iTunes USA - 2:41) |
| . |

**Intro: 16 counts**

**Restart: after 16 counts on wall 3 (facing 12:00)**

**[1-8] WALK RIGHT, LEFT, 1/4 BALL CROSS, 1/4 WALK, WALK, 1/4 BALL CROSS, BALL CROSS, SIDE**

|  |  |
| --- | --- |
| 1,2 | Step right forward, step left forward |

|  |  |
| --- | --- |
| &3 | Turn 1/4 left and step ball of right slightly to side [9:00], Step left across right |

|  |  |
| --- | --- |
| 4,5 | Turn 1/4 right and step right forward [12:00], Step left forward |

|  |  |
| --- | --- |
| &6&7 | Turn 1/4 left and step ball of right slightly to side [9:00], Step left across right, Step ball of right next to left, Step left across right |

|  |  |
| --- | --- |
| 8 | Step right to right side |

**[9-16] TOUCH, KICK BALL CROSS, SIDE, SAILOR STEP, 1/4 SAILOR STEP**

|  |  |
| --- | --- |
| 1,2&3 | Touch left next to right, Kick left to forward left diagonal, Step ball of left to left side, Step right across left |

|  |  |
| --- | --- |
| 4 | Step left to left side |

|  |  |
| --- | --- |
| 5&6 | Step right behind left, Step Left to left side, Step Right to right side |

|  |  |
| --- | --- |
| 7&8 | Step left behind right [6:00], Step right to right side, Turn 1/4 left and step left forward |

**RESTART HERE ON WALL 3, FACING 12:00**

**[17-24] CROSS, TAP, BACK, KICK, SIDE, CROSS, SIDE, DRAG, BALL CROSS, SIDE**

|  |  |
| --- | --- |
| 1,2 | Step Right across left, Tap Left toe behind right heel |

|  |  |
| --- | --- |
| &3 | Step Left back, Kick Right forward |

|  |  |
| --- | --- |
| &4 | Step Right to right side, Step Left across right |

|  |  |
| --- | --- |
| 5,6 | Large step Right to right side, Drag left towards right |

|  |  |
| --- | --- |
| &7,8 | Step Left to left side, Step Right across left, Step Left to left side |

**[25-32] BACK ROCK, TRIPLE FORWARD, WALK AROUND (3X), TOUCH**

|  |  |
| --- | --- |
| 1,2 | Rock Right back, Recover in place on Left |

|  |  |
| --- | --- |
| 3&4 | Step Right forward, Close Left next to right, Step Right forward |

|  |  |
| --- | --- |
| 5,6,7 | Walk in 3/4 circle to right: Left, Right, Left [3:00] |

|  |  |
| --- | --- |
| 8 | Touch Right next to left |

**START AGAIN! ENJOY!**

**Hey, it finishes on the front, too!**

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**Bracken Ellis, brackenNCV@gmail.com**