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| Like a Cowboy |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | High Intermediate | . |
| **Choreographer:** | Fred Whitehouse (IRE) - April 2017 |
| **Music:** | Like a Cowboy - Randy Houser : (Album: How Country Feels) |
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**Intro – 16 counts or 14 seconds from start of track**

**[1-8] Step hitch, sweep, back rock, run x3, full turn L, basic**

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| 1,2,3 | Step L forward hitching R knee, step RF back sweeping LF from front to back, rock LF back diagonal as you kick RF forward (face 10.30) |

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| 4&5 | Step RF forward, step LF forward, Press RF forward (10.30) |

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| 6&7 | 3/8 turn L stepping LF forward (6.00) ½ turn L stepping RF back, ¼ L stepping L to L side (9.00) |

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| 8& | Close RF behind L, cross LF over R |

**[9-16] Sway x3, weave, sweep, ½ turn weave, cross, side**

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| 1,2,3 | Step R to R side sway R, sway L, sway R, |

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| 4&5 | Step LF behind R, step R to R side, cross LF over R sweeping RF from back to front |

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| 6&7 | Cross RF over L, ¼ turn R stepping LF back, ¼ turn R stepping R to R side (3.00) |

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| 8& | Cross LF over R, step R to R side |

**(On the 3 sways during the chorus of the song, use Right arm to make a slow rodeo lasso, lyrics say ‘like a cowboy’)**

**[17-24] Walk back x3, run forward x2, touch x2, kick, chase turn L**

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| 1,2,3 | Step LF back diagonal (7.30), step RF back, step LF back (facing 1.30) |

**(Option: on second walk back drop head to floor, keep looking down on count 3, lift on next count)**

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| 4&5 | Step RF forward, step LF forward, touch RF forward (1.30) |

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| &6,7 | Touch RF to R side, kick RF forward to 12 o’clock, step RF forward squaring up to 12 o’clock. Option: knee swing - bend knee slightly and twist knee in, out then kick, the RF should be off the floor. |

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| &8& | Step LF forward, step forward R, pivot ½ turn L placing weight on LF |

**(Restart here on wall 3 hold weight on RF after the pivot ½ turn, 12.00, important to complete the ½ turn before restarting dance.)**

**[25- 32] Basic, weave L, cross rock recover, rock forward recover, ½ turn L, step forward**

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| 1,2& | ¼ turn L stepping R to R side, close LF behind R, cross RF over L (3.00) |

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| 3,4& | Step L to L side, step RF behind L, step L to L side, |

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| 5,6& | Cross RF over L, recover weight onto LF, step R to R side |

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| 7& | Rock LF forward, recover weight onto RF |

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| 8& | ½ turn L stepping LF forward, step RF forward (9.00) |

**TAG (Happens twice facing 3.00. End of wall 1 and 4)**

**Walk x3, rock & cross, ½ turn R, run x2**

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| 1,2,3 | Make ½ turn L walking L,R,L (curve walk) |

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| 4&5 | Rock RF to R side, recover, cross RF over L, |

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| 6,7 | Step L to L side, ½ turn R stepping R forward |

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| 8& | Run forward L,R (option: full turn R) |

**Ending: The dance ends when you do the 3 walks back on the diagonal, finish the dance with head down looking at the floor.**

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