|  |  |
| --- | --- |
| All My Best |  |

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| . | | | | | | |
| **Count:** | 68 | **Wall:** | 2 | **Level:** | Improver | . |
| **Choreographer:** | Cheryl Carter (UK) - May 2017 | | | | |
| **Music:** | All My Best (A Tribute to Merle Haggard) - Sarah Dunn Band : (Album: Wild Wild Heart) | | | | |
| . | | | | | | |

**Music available from iTunes/Amazon**

**Note: Dance starts on vocal “Heart” approx. 8 Secs into track**

**SEC 1: SIDE ROCK/RECOVER, DIAGONAL SHUFFLE FWD, SIDE ROCK/RECOVER, DIAGONAL SHUFFLE FWD**

|  |  |
| --- | --- |
| 1-2 | Rock right to right side, recover on left |

|  |  |
| --- | --- |
| 3&4 | To left diagonal shuffle forward right, left, right (10:30) |

|  |  |
| --- | --- |
| 5-6 | Rock left to left side, recover on right |

|  |  |
| --- | --- |
| 7&8 | To right diagonal shuffle forward left, right, left (1:30) |

**SEC 2: (FACING 1:30) STEP R, KICK BALL STEP, STEP L, KICK BALL STEP, STEP, WALK R, WALK L**

|  |  |
| --- | --- |
| 1 | Step forward right |

|  |  |
| --- | --- |
| 2&3 | Left kick ball step |

|  |  |
| --- | --- |
| 4 | Step forward left |

|  |  |
| --- | --- |
| 5&6 | Right kick ball step |

|  |  |
| --- | --- |
| 7-8 | Walk forward right, walk forward left |

**SEC 3: ROCK, SHUFFLE 1/2 TURN, SHUFFLE 1/2 TURN, BACK, TAP**

|  |  |
| --- | --- |
| 1-2 | Rock forward on right, recover weight back on left (1:30) |

|  |  |
| --- | --- |
| 3&4 | 1⁄2 turn shuffle right stepping right, left, right (7:30) |

|  |  |
| --- | --- |
| 5&6 | 1/2 turn shuffle right stepping left, right, left (1:30) |

|  |  |
| --- | --- |
| 7-8 | Step back right, tap left next to right (1:30) |

**SEC 4: EXTENDED LOCK STEP, LOCK STEP, ROCK 1/8 TURN L/RECOVER, CROSS SHUFFLE**

|  |  |
| --- | --- |
| 1-2 | Step forward left, lock the right behind the left (1:30) |

|  |  |
| --- | --- |
| 3&4 | Keeping on diagonal, step forward left, lock right behind left, step forward left |

|  |  |
| --- | --- |
| 5-6 | Rock out right turning 1/8 turn left, recover on left (12:00) |

|  |  |
| --- | --- |
| 7&8 | Cross right over left, step left to left side, cross right over left |

**SEC 5: BACK, CLAP, BACK, CLAP, COASTER, STEP, 1/4 LEFT**

|  |  |
| --- | --- |
| 1-2 | Step back left on the left diagonal, touch right next to left and clap |

|  |  |
| --- | --- |
| 3-4 | Step back right on the right diagonal, touch left next to right and clap |

|  |  |
| --- | --- |
| 5&6 | Step back left, step right beside left, step forward left |

|  |  |
| --- | --- |
| 7-8 | Step forward right, turn 1/4 left stepping left to side (9:00) |

**SEC 6: CROSS SHUFFLE, SIDE, TAP, KICK BALL CROSS, SIDE, 1/4 LEFT TAP**

|  |  |
| --- | --- |
| 1&2 | Cross right over left, step left to left side, cross right over left |

|  |  |
| --- | --- |
| 3-4 | Step left to left side, tap right next to left |

|  |  |
| --- | --- |
| 5&6 | Kick right to right diagonal, step right in place, cross left over right |

|  |  |
| --- | --- |
| 7-8 | Take large step right to right side, turn 1/4 turn left as you cross tap left over right (click fingers shoulder height) |

**(facing 6:00)**

**SEC 7: STEP, POINT R, SHUFFLE, ROCK/RECOVER, 3/4 SHUFFLE**

|  |  |
| --- | --- |
| 1-2 | Step forward left, point right to right side |

|  |  |
| --- | --- |
| 3&4 | Shuffle forward right, close left next to right, step forward right |

|  |  |
| --- | --- |
| 5-6 | Rock forward left, recover back on right |

|  |  |
| --- | --- |
| 7&8 | 1⁄2 turn left step left forward, 1⁄4 turn step right beside left, step left beside right (9:00) |

**SEC 8: SIDE ROCK/RECOVER, & SIDE ROCK/RECOVER, CROSS, 1/4 BACK, CHASSE**

|  |  |
| --- | --- |
| 1-2 | Rock right to right side, recover on left |

|  |  |
| --- | --- |
| & 3-4 | Close right next to left, rock left to left side, recover on right |

|  |  |
| --- | --- |
| 5-6 | Cross left over right, turn 1/4 left stepping back on right |

|  |  |
| --- | --- |
| 7&8 | Step left to left side, close right next to left, step left to left side |

**SEC 9: RIGHT JAZZ BOX CROSS**

|  |  |
| --- | --- |
| 1-2 | Cross right over left, step back on left |

|  |  |
| --- | --- |
| 3-4 | Step right to right side, cross left over right |

**Special thanks to Vikki Morris for her suggestions…. I hope you enjoy the dance xx**

**Contact: cherylcarter2014@hotmail.co.uk**