|  |  |
| --- | --- |
| Throwback Love |  |

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|  |
| --- |
| . |
| **Count:** | 56 | **Wall:** | 0 | **Level:** | Phrased Intermediate | . |
| **Choreographer:** | Pim van Grootel (NL), José Miguel Belloque Vane (NL), Raymond Sarlemijn (NL) & Jean-Pierre Madge (CH) - June 2017 |
| **Music:** | Throwback Love - Meghan Trainor |
| . |

**Sequence: A-B-B-A (Restart) A-B-B-A-B-B-B**

**Starts after: 16 Counts ( +/- 17 Sec. on Track)**

**PART A: 32 counts**

**A1: RUMBA BOX, R/L, MAMBO FWD 1/2 TURN R, SHUFFLE 1/2 TURN R**

|  |  |
| --- | --- |
| 1 | RF Step to right side |

|  |  |
| --- | --- |
| & | LF Close next to RF |

|  |  |
| --- | --- |
| 2 | RF Step forward |

|  |  |
| --- | --- |
| 3 | LF Step to left side |

|  |  |
| --- | --- |
| & | RF Close next to LF |

|  |  |
| --- | --- |
| 4 | LF Step forward |

|  |  |
| --- | --- |
| 5 | RF Step forward |

|  |  |
| --- | --- |
| & | LF Recover weight, 1/4 Turn right (3.00) |

|  |  |
| --- | --- |
| 6 | RF 1/4 Turn right, stepping forward (6.00) |

|  |  |
| --- | --- |
| 7 | LF 1/4 Turn right, stepping to left side (9.00) |

|  |  |
| --- | --- |
| & | RF Close next to LF |

|  |  |
| --- | --- |
| 8 | LF 1/4 Turn right, stepping backwards (12.00) |

**A2: MAMBO BACK, HEEL, HEEL, TOGETHER, CROSS STEP, SNAP, TOUCH SIDE 2X, SAILOR STEP R**

|  |  |
| --- | --- |
| 1 | RF Step backwards |

|  |  |
| --- | --- |
| & | LF Recover weight |

|  |  |
| --- | --- |
| 2 | RF Step forward on the heel |

|  |  |
| --- | --- |
| & | LF Step forward on the heel |

|  |  |
| --- | --- |
| 3 | RF Close next to LF |

|  |  |
| --- | --- |
| & | LF Cross over RF |

|  |  |
| --- | --- |
| 4 | Snap your fingers |

|  |  |
| --- | --- |
| 5 | RF Touch to right side |

|  |  |
| --- | --- |
| & | RF Touch next to LF |

|  |  |
| --- | --- |
| 6 | RF Touch to right side |

|  |  |
| --- | --- |
| 7 | RF Cross behind LF |

|  |  |
| --- | --- |
| & | LF Small step to left side |

|  |  |
| --- | --- |
| 8 | RF Step to right side |

**\* RESTART POINT IN 2ND TIME PART A**

**A3: BALL CHANGE, SNAP, 1/4 TURN L, SNAP, 1/4 TURN L, SNAP, SIDE STEP, SNAP, JAZZBOX R, SHORTY GEORGE**

|  |  |
| --- | --- |
| & | LF Step next to RF |

|  |  |
| --- | --- |
| 1 | RF Step to right side |

|  |  |
| --- | --- |
| & | Snap the fingers |

|  |  |
| --- | --- |
| 2 | LF 1/4 Turn left, stepping forward (9.00) |

|  |  |
| --- | --- |
| & | Snap the fingers |

|  |  |
| --- | --- |
| 3 | RF 1/4 Turn left, stepping to right side (6.00) |

|  |  |
| --- | --- |
| & | Snap the fingers |

|  |  |
| --- | --- |
| 4 | LF Step to left side |

|  |  |
| --- | --- |
| & | Snap the fingers |

|  |  |
| --- | --- |
| 5 | RF Cross over LF |

|  |  |
| --- | --- |
| & | LF Step backwards |

|  |  |
| --- | --- |
| 6 | RF Step to right side |

|  |  |
| --- | --- |
| & | LF Step forward |

|  |  |
| --- | --- |
| 7 | RF Step forward, Pushing the knee’s to right |

|  |  |
| --- | --- |
| & | LF Step forward, Pushing the knee’s to left |

|  |  |
| --- | --- |
| 8 | RF Step forward, Pushing the knee’s to right |

|  |  |
| --- | --- |
| & | LF Step forward, Pushing the knee’s to left |

**A4: HEEL STEP, 1/4 TURN R, ROCK STEP - 2X, KICK, BEHIND, SIDE, CROSS - 2X**

|  |  |
| --- | --- |
| 1 | RF Heel forward |

|  |  |
| --- | --- |
| & | LF 1/4 Turn right, Recovering weight |

|  |  |
| --- | --- |
| 2 | RF Step backwards |

|  |  |
| --- | --- |
| & | LF Recover weight |

|  |  |
| --- | --- |
| 3 | RF Heel forward |

|  |  |
| --- | --- |
| & | LF 1/4 Turn right, Recovering weight |

|  |  |
| --- | --- |
| 4 | RF Step backwards |

|  |  |
| --- | --- |
| & | LF Recover weight |

|  |  |
| --- | --- |
| 5 | RF Kick diagonal right forward |

|  |  |
| --- | --- |
| & | RF Cross behind LF |

|  |  |
| --- | --- |
| 6 | LF Step to left side |

|  |  |
| --- | --- |
| & | RF Cross over LF |

|  |  |
| --- | --- |
| 7 | LF Kick to left side |

|  |  |
| --- | --- |
| & | LF Cross behind RF |

|  |  |
| --- | --- |
| 8 | RF Step to right side |

|  |  |
| --- | --- |
| & | LF Cross over RF |

**Part B: 24 counts**

**B1: TOE, HEEL ,CROSS - 2X, JUMP OUT, WEIGHT CHANGE L/R, BOUNCE 4X**

|  |  |
| --- | --- |
| 1 | RF Touch next to LF |

|  |  |
| --- | --- |
| & | RF Touch heel to right side |

|  |  |
| --- | --- |
| 2 | RF Cross over LF |

|  |  |
| --- | --- |
| & | LF Touch next to RF |

|  |  |
| --- | --- |
| 3 | LF Touch heel to left side |

|  |  |
| --- | --- |
| & | LF Cross over RF |

|  |  |
| --- | --- |
| 4 | RF Jump out to the right side |

|  |  |
| --- | --- |
| 5 | LF Recover weight (While jumping into it) |

|  |  |
| --- | --- |
| 6 | RF Recover weight (While jumping into it) |

|  |  |
| --- | --- |
| 7 | RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (9.00) |

|  |  |
| --- | --- |
| & | RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (6.00) |

|  |  |
| --- | --- |
| 8 | RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (3.00) |

|  |  |
| --- | --- |
| & | RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (12.00) |

**B2: ROCK BACK, 1/2 TURN R, HITCH, STEP BACK, HITCH, STEP FORWARD, 1/2 TURN L, HITCH, STEP BACK, 1/2 TURN L, HITCH, STEP FWD, 1/2 TURN L, STOMP -2X**

|  |  |
| --- | --- |
| 1 | LF Step backwards |

|  |  |
| --- | --- |
| & | RF Recover weight |

|  |  |
| --- | --- |
| 2 | LF 1/2 Turn right, stepping backwards (6.00) |

|  |  |
| --- | --- |
| & | RF Hitch |

|  |  |
| --- | --- |
| 3 | RF Step backwards |

|  |  |
| --- | --- |
| & | LF Hitch |

|  |  |
| --- | --- |
| 4 | LF Step forward |

|  |  |
| --- | --- |
| & | RF Hitch, while making a 1/2 Turn left (12.00) |

|  |  |
| --- | --- |
| 5 | RF Step backwards |

|  |  |
| --- | --- |
| & | LF Hitch, while making a 1/2 Turn left (6.00) |

|  |  |
| --- | --- |
| 6 | LF Step forward |

|  |  |
| --- | --- |
| & | RF Hitch |

|  |  |
| --- | --- |
| 7 | RF Step forward |

|  |  |
| --- | --- |
| & | LF 1/2 Turn left, stepping forward (12.00) |

|  |  |
| --- | --- |
| 8 | RF Stomp |

|  |  |
| --- | --- |
| & | LF Stomp |

**B3: STEP FWD, KICK, STEP BACK, TOUCH, JAZZBOX 1/2 TURN R**

|  |  |
| --- | --- |
| 1 | RF Step forward |

|  |  |
| --- | --- |
| 2 | LF Kick forward |

|  |  |
| --- | --- |
| 3 | LF Step backwards |

|  |  |
| --- | --- |
| 4 | RF Touch backwards |

|  |  |
| --- | --- |
| 5 | RF Cross over LF |

|  |  |
| --- | --- |
| 6 | LF 1/4 Turn right, stepping backwards (3.00) |

|  |  |
| --- | --- |
| 7 | RF 1/4 Turn right, stepping to right side (6.00) |

|  |  |
| --- | --- |
| 8 | Lf Small step forward |

**\* Finish: Last time doing part B, make a normal jazzbox instead of a jazzbox 1/2 Turn. You will be facing (12.00).**