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| The Sweetest Days |  |

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| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** |  | . |
| **Choreographer:** | Amanda Bowden (AUS) & Gordon Elliott (AUS) - June 2017 | | | | |
| **Music:** | The Sweetest Days - Vanessa Williams : (Album: The Sweetest Days) | | | | |
| . | | | | | | |

**This dance is done in FOUR directions. Introduction : 16 Beats**

**Original Position: Feet Together Weight On The Left Foot.**

**COASTER FORWARD, BEHIND-1/4 FORWARD-QUICK PIVOT-FORWARD FULL HITCH, FORWARD-TOGETHER-BACK, BACK**

|  |  |
| --- | --- |
| 1 & 2 | Coaster : Step R Forward, Step L Together, Step R Back, |

|  |  |
| --- | --- |
| 3 & | Sweep To Step L Behind Right, Turn 90 Right Step R Forward, (3.00) |

|  |  |
| --- | --- |
| 4 & | Pivot : Step L Forward, Turn 180 Right Take Weight Onto R, (9.00) |

|  |  |
| --- | --- |
| 5 | Step L Forward Turning 360 Right Hitch R, (9.00) |

|  |  |
| --- | --- |
| 6 & | Step R Forward, Step L Together, |

|  |  |
| --- | --- |
| 7, 8 | Sweep To Step R Back, Sweep To Step L Back. (9.00) |

**BACK-HOOK-FORWARD-SWEEP-ACROSS-SIDE-BEHIND-SIDE-ACROSS, ROCK & ACROSS, ROCK &**

|  |  |
| --- | --- |
| 1 & | Step R Back, Hook L Heel To Right Shin, |

|  |  |
| --- | --- |
| 2 & | Step L Forward, Sweep R Toe To The Side, (9.00) |

|  |  |
| --- | --- |
| 3 & | Step R Across In Front Of Left, Step L To The Side, |

|  |  |
| --- | --- |
| 4 & | Step R Behind Left, Step L To The Side, |

|  |  |
| --- | --- |
| 5, 6 & | Step R Across In Front Of Left, Rock Onto L, Step R Together, |

|  |  |
| --- | --- |
| 7, 8 & | Step L Across In Front Of Right, Rock Onto R, Step L Together. (9.00) |

**FORWARD 1/2 SWEEP, BEHIND-SIDE-ACROSS, SIDE-ROCK-ACROSS, 1/4 BACK-1/2 FORWARD-FORWARD, ROCK &**

|  |  |
| --- | --- |
| 1 | Step R Forward Turning 180 Left Sweep L Toe To The Side, (3.00) |

|  |  |
| --- | --- |
| 2 & 3 | Step L Behind Right,Step R To The Side,Step L Across In Front Of Right, |

|  |  |
| --- | --- |
| 4 & 5 | Step R To The Side, Side Rock Onto L, Step R Across In Front Of Left, |

|  |  |
| --- | --- |
| 6 & | Turn 90 Right Step L Back, Turn 180 Right Step R Forward, (12.00) |

|  |  |
| --- | --- |
| 7, 8 & | Step L Forward, Rock Back Onto R, Step L Together. (12.00) |

**PIVOT TURN, ROLL FORWARD-FORWARD, BACK-1/2 FORWARD-1/4 SIDE & ACROSS, ROCK &**

|  |  |
| --- | --- |
| 1, 2 | Pivot : Step R Forward, Turn 180 Left Take Weight Onto L, (6.00) |

|  |  |
| --- | --- |
| 3 & | Turn 180 Left Step R Back, Turn180 Left Step L Forward, (6.00) |

|  |  |
| --- | --- |
| 4 | Step R Forward, |

|  |  |
| --- | --- |
| 5 & | Step L Back, Turn 180 Right Step Forward, (12.00) |

|  |  |
| --- | --- |
| 6 & | Turn 90 Right Step L To The Side, Step R Together, (3.00) |

|  |  |
| --- | --- |
| 7, 8 & | Step L Across In Front Of Right, Rock Onto R, Step L Together. (3.00)\*\* |

**[32] REPEAT THE DANCE IN NEW DIRECTION**

**TAG : At the END ( \*\* ) of WALL 2 (6.00) ADD the following tag :**

|  |  |
| --- | --- |
| 1 & 2 | Coaster : Step R Forward, Step L Together, Step R Forward, |

|  |  |
| --- | --- |
| 3 & 4 | Coaster : Step L Back, Step R Together, Step L Forward, |

|  |  |
| --- | --- |
| 5, 6 | Rocking Chair : Step R Forward, Rock Back Onto L, |

|  |  |
| --- | --- |
| 7, 8 | Step R Back, Rock Forward Onto L. |