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| All My Life |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Leif Wittorff (DK) - July 2017 | | | | |
| **Music:** | All My Life - Sam Outlaw | | | | |
| . | | | | | | |

**Intro: 33 count (start on “So I…”)**

**No Restart, No Tags ! (Variable music speed)**

**Chassé R, Back rock, Chassé L, back rock**

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| 1 & 2 | Step Right to Right side, step Left beside Right, step Right to Right side |

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| --- | --- |
| 3 – 4 | Step back on Left, recover on Right |

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| --- | --- |
| 5 & 6 | Step Left to Left side, step Right beside Left, step Left to Left side |

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| 7 – 8 | Step back on Right, recover on Left |

**Heel Grind ¼ Right, Right Coaster step, Heel Grind ¼ Left, Coaster step**

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| 1 – 2 | Step Right heel fwd. and Grind turning ¼ Right, Step down & slightly back on Left (3:00) |

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| 3 & 4 | Step Right back, step Left next to Right, Step Right fwd. |

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| 5 – 6 | Step Left heel fwd. and Grind turning ¼ Left, Step down & slightly back on right (12:00) |

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| 7 & 8 | Step Left back, step Right next to Left, Step Left fwd. |

**½ Turn shuffle Left, Back rock, Kickball step, Walk L, R**

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| 1 & 2 | Step Right fwd. turning ¼ Left, step Left beside Right, step Right back. turning ¼ Left (6:00) |

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| 3 – 4 | Step back on Left, recover on Right. |

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| 5 & 6 | Kick Left fwd., Step Left next to Right, Step fwd. on Right |

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| 7 – 8 | Walk. Left, Right |

**Rhumba Left, Rhumba Right, ½ Turn shuffle Left, Heel Grind ¼ Right**

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| --- | --- |
| 1 & 2 | Step Left to Left, Step Right beside Left, Step Left Fwd. (6:00) |

**Ending: Replace Back Rock with Unvine on the left (12:00)**

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| 3 & 4 | Step Right to Right, Step Left beside Left, Step Right back |

**Wall 3: Lower music level (12:00) - Wall 6: Back to start music speed (6:00)**

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| --- | --- |
| 5 & 6 | Step Right fwd. turning ¼ Left, step Left beside Right, step Right back turning ¼ Left (12:00) |

|  |  |
| --- | --- |
| 7 – 8 | Step Right heel fwd. and Grind turning ¼ Right (3:00) |

**Enjoy !**

**Contact: wilwijo@gmail.com**