|  |  |
| --- | --- |
| One Hundred |  |

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|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 104 | **Wall:** | 2 | **Level:** | Phrased Advanced | . |
| **Choreographer:** | Adriano Castagnoli (IT) - July 2017 | | | | |
| **Music:** | You Can Depend On Me - Restless Heart | | | | |
| . | | | | | | |

**Sequence: intro (4 times) Tag1 AB AAB Tag2 A\* final**

**INTRODUCTION:**

**[IS1] VAUDEVILLE LEFT, VAUDEVILLE RIGHT**

|  |  |
| --- | --- |
| 1-2 | Cross Right Over Left, Step Left Diagonally Back To Left |

|  |  |
| --- | --- |
| 3-4 | Touch Right Heel Diagonally Forward, Step Right On Place |

|  |  |
| --- | --- |
| 5-6 | Cross Left Over Right, Step Right Diagonally Back To Right |

|  |  |
| --- | --- |
| 7-8 | Touch Left Heel Diagonally Forward, Step Left On Place |

**[IS2] TOUCH TOE, FULL TURN RIGHT, STOMP LEFT, HOLD, STOMP RIGHT, HOLD**

|  |  |
| --- | --- |
| 1-2 | Touch Right Toe Back, Turn 1/2 Right |

|  |  |
| --- | --- |
| 3-4 | Touch Right Heel A Little Forward, Turn 1/2 Right |

|  |  |
| --- | --- |
| 5-6 | Stomp Left Little Forward, Hold |

|  |  |
| --- | --- |
| 7-8 | Stomp Right Beside Left, Hold |

**[IS3] SCISSOR RIGHT, HOLD, SCISSOR LEFT, HOLD**

|  |  |
| --- | --- |
| 1-2 | Rock On Right To Right Side, Step Left Beside Right |

|  |  |
| --- | --- |
| 3-4 | Cross Right Over Left, Hold |

|  |  |
| --- | --- |
| 5-6 | Rock On Left To Left Side, Step Right Beside Left |

|  |  |
| --- | --- |
| 7-8 | Cross Left Over Right, Hold |

**[IS4] TOUCH HEEL, HOLD, STEP BACK, HOLD, COASTER STEP LEFT, SCUFF**

|  |  |
| --- | --- |
| 1-2 | Touch Right Heel Forward, Hold |

|  |  |
| --- | --- |
| 3-4 | Step Right Back, Hold |

|  |  |
| --- | --- |
| 5-6 | Step Left Back, Step Right Beside Left |

|  |  |
| --- | --- |
| 7-8 | Step Left Forward, Scuff Right Beside Left |

**PART A: 64 counts (after Tag2 to do part A\* until 7th count of the 6th sequence)**

**[AS1] JUMPING 2 KICKS RIGHT, CROSS, 2 KICKS (RIGHT, LEFT), CROSS, 2 KICKS (LEFT, RIGHT)**

|  |  |
| --- | --- |
| 1-2 | Jumping On Left And Kick Right Forward (Twice) |

|  |  |
| --- | --- |
| 3-4 | Jumping Cross Right Over Left, Step Left Back And Kick Right Forward |

|  |  |
| --- | --- |
| 5-6 | Step Right Back And Kick Left Forward, Cross Left Over Right |

|  |  |
| --- | --- |
| 7-8 | Kick Left Forward, Kick Right Forward |

**[AS2] JUMPING STEP AND HOOK, 2 KICKS (RIGHT, LEFT), JAZZ BOX LEFT, STOMP RIGHT (TWICE)**

|  |  |
| --- | --- |
| 1-2 | Jumping To Right Side And Cross Right Over Left, Jump On Left And Kick Right Forward |

|  |  |
| --- | --- |
| 3-4 | Step Right Back And Kick Left Forward, Cross Left Over Right |

|  |  |
| --- | --- |
| 5-6 | Step Right Back And Kick Left Forward, Step Left To Left Side |

|  |  |
| --- | --- |
| 7-8 | Stomp Up Right Beside Left, Stomp Right To Right Side |

**[AS3] SWIVEL FEET (LEFT, RIGHT), KICK, HOOK, KICK (TWICE)**

|  |  |
| --- | --- |
| 1-2 | Swivel Left Foot To Right Side (Heel, Toe) |

|  |  |
| --- | --- |
| 3-4 | Swivel Right Foot To Left Side (Heel, Toe) |

|  |  |
| --- | --- |
| 5-6 | Kick Right Forward, Hook Right Over Left |

|  |  |
| --- | --- |
| 7-8 | Kick Right Forward (Twice) |

**[AS4] ROCK BACK RIGHT, STOMP (TWICE), HEEL SWIVELS**

|  |  |
| --- | --- |
| 1-2 | Jumping Rock Back On Right And Kick Left Forward, Return Onto Left |

|  |  |
| --- | --- |
| 3-4 | Stomp Up Right Beside Left, Stomp Right Forward |

|  |  |
| --- | --- |
| 5-6 | Swivel Both Heels To Right Side, Return Both Heels To Centre |

|  |  |
| --- | --- |
| 7-8 | Repeat 5-6 |

**[AS5] DIAGONALLY STEPS WITH STOMP UP, KICK, STOMP UP, KICK BACK, SCUFF**

|  |  |
| --- | --- |
| 1-2 | Step Left Diagonally Forward To Left, Stomp Up Right Beside Left |

|  |  |
| --- | --- |
| 3-4 | Step Right Diagonally Back To Right, Stomp Up Left Beside Right |

|  |  |
| --- | --- |
| 5-6 | Kick Left Forward, Stomp Up Left Beside Right |

|  |  |
| --- | --- |
| 7-8 | Kick Left Back, Scuff Left Beside Right |

**[AS6] LOCK FORWARD LEFT, STOMP, SWIVEL RIGHT FOOT (TOE, HEEL, TOE), HOOK AND SLAP**

|  |  |
| --- | --- |
| 1-2 | Step Left Forward, Lock Right Behind Left |

|  |  |
| --- | --- |
| 3-4 | Step Left Forward, Stomp Right Beside Left |

|  |  |
| --- | --- |
| 5-6 | Swivel Right Foot To Right Side (Toe, Heel) |

|  |  |
| --- | --- |
| 7-8 | Swivel Right Toe To Right Side, Hook Left Behind Right And Slap Right On Left Heel |

**[AS7] TURN 1/4 LEFT AND ROCK FORWARD, TURN 1/4 LEFT, HOLD, FULL TURN LEFT FORWARD WITH HOLD**

|  |  |
| --- | --- |
| 1-2 | Turn 1/4 Left And Rock Forward On Left, Return Onto Right |

|  |  |
| --- | --- |
| 3-4 | Turn 1/4 Left And Step Left Forward, Hold |

|  |  |
| --- | --- |
| 5-6 | Turn 1/2 Left On Left And Step Right Back, Hold |

|  |  |
| --- | --- |
| 7-8 | Turn 1/2 Left And Step Left Forward, Hold |

**[AS8] SCISSOR RIGHT, HOLD, ROCK BACK LEFT, STOMP LEFT (TWICE)**

|  |  |
| --- | --- |
| 1-2 | Rock On Right Diagonally Back To Right, Step Left Beside Right |

|  |  |
| --- | --- |
| 3-4 | Cross Right Over Left, Hold |

|  |  |
| --- | --- |
| 5-6 | Jumping Rock Back On Left And Kick Right Forward, Return Onto Right |

|  |  |
| --- | --- |
| 7-8 | Stomp Up Left Beside Right, Stomp Left Forward |

**PART B: 40 counts**

**[BS1] JUMPING JACKS, KICK (RIGHT, LEFT), CROSS, JUMP BACK, ROCK BACK LEFT**

|  |  |
| --- | --- |
| 1-2 | Jump Landing Feet Apart Outside, Return To Centre On Left And Flick Up Back Right |

|  |  |
| --- | --- |
| 3-4 | Jump On Left On Place And Kick Right Forward, Change And Kick Left Forward |

|  |  |
| --- | --- |
| 5-6 | Cross Left Over Right, Jump Back On Right |

|  |  |
| --- | --- |
| 7-8 | Jumping Rock Back On Left And Kick Right Forward, Return Onto Right |

**[BS2] GRAPEVINE LEFT 1/4 TURN, SCUFF, PIVOT 1/2 LEFT, TURN 1/4 LEFT AND STRIDE, TOGETHER**

|  |  |
| --- | --- |
| 1-2 | Step Left To Left Side, Cross Right Behind Left |

|  |  |
| --- | --- |
| 3-4 | Step Left 1/4 Turn Left, Scuff Right Beside Left |

|  |  |
| --- | --- |
| 5-6 | Step Right Forward, Pivot 1/2 Turn Left |

|  |  |
| --- | --- |
| 7-8 | Turn 1/4 Left And Long Step To Right Side, Step Left Beside Right |

**[BS3] JUMPING JACKS, KICK (LEFT, RIGHT), CROSS, JUMP BACK, ROCK BACK RIGHT**

|  |  |
| --- | --- |
| 1-2 | Jump Landing Feet Apart Outside, Return To Centre On Right And Flick Up Back Left |

|  |  |
| --- | --- |
| 3-4 | Jump On Right On Place And Kick Left Forward, Change And Kick Right Forward |

|  |  |
| --- | --- |
| 5-6 | Cross Right Over Left, Jump Back On Left |

|  |  |
| --- | --- |
| 7-8 | Jumping Rock Back On Right And Kick Left Forward, Return Onto Left |

**[BS4] GRAPEVINE RIGHT 1/4 TURN, SCUFF, PIVOT 1/2 RIGHT, TURN 1/4 RIGHT AND STRIDE, SCUFF**

|  |  |
| --- | --- |
| 1-2 | Step Right To Right Side, Cross Left Behind Right |

|  |  |
| --- | --- |
| 3-4 | Step Right 1/4 Turn Right, Scuff Left Beside Right |

|  |  |
| --- | --- |
| 5-6 | Step Left Forward, Pivot 1/2 Turn Right |

|  |  |
| --- | --- |
| 7-8 | Turn 1/4 Right And Long Step To Left Side, Scuff Right Beside Left |

**[BS5] VAUDEVILLE LEFT, TOUCH TOE, TOGETHER, KICK, FLICK UP BACK**

|  |  |
| --- | --- |
| 1-2 | Cross Right Over Left, Step Left Diagonally Back To Left |

|  |  |
| --- | --- |
| 3-4 | Touch Right Heel Diagonally Forward To Right, Step Right On Place |

|  |  |
| --- | --- |
| 5-6 | Touch Left Toe Forward, Step Left Beside Right |

|  |  |
| --- | --- |
| 7-8 | Kick Right Forward, Flick Up Back Right |

**TAG 1: after introduction**

**TURN 1/4 LEFT, STOMP UP LEFT, TURN 1/4 LEFT, STOMP UP RIGHT**

|  |  |
| --- | --- |
| 1-2 | Turn 1/4 Left And Step Right To Right Side, Stomp Up Left Beside Right |

|  |  |
| --- | --- |
| 3-5 | Turn 1/4 Left And Step Left Forward, Stomp Up Right Beside Left |

**TAG 2: after second part B (syncopated)**

**(after Tag2 to do part A\* until 7th count of the 6th sequence)**

**WALKING FORWARD, TOUCH TOE, WALKING BACK, TOUCH HEEL**

|  |  |
| --- | --- |
| 1-2-3-4 | Steps Forward (Right, Left, Right), Touch Left Toe Behind Right |

|  |  |
| --- | --- |
| 5-6-7-8 | Steps Back (Left, Right, Left), Touch Right Heel Over Left |

**RIGHT SIDE, TOUCH TOE, LEFT SIDE, TOUCH TOE, 2 PIVOT 1/2 LEFT AND STOMP**

|  |  |
| --- | --- |
| 1-2 | Step Right To Right Side, Touch Left Toe Behind Right |

|  |  |
| --- | --- |
| 3-4 | Step Left To Left Side, Touch Right Toe Behind Left |

|  |  |
| --- | --- |
| 5-6 | Step Right Forward, Pivot 1/2 Turn Left And Stomp Left Forward |

|  |  |
| --- | --- |
| 7-8 | Repeat 5-6 |

**FINAL:**

**KICK RIGHT, JUMPING KICKS (LEFT, RIGHT), FULL TURN LEFT WITH JAZZ BOX**

|  |  |
| --- | --- |
| 1-2 | Kick Right Forward, Jumping A Little Back On Right And Kick Left Forward |

|  |  |
| --- | --- |
| 3-4 | Jump A Little Back On Left And Kick Right Forward, Turn 1/4 Left And Cross Right Over Left |

|  |  |
| --- | --- |
| 5-6 | Turn 1/4 Left And Kick Right Forward, Turn 1/4 Left And Kick Left Forward |

|  |  |
| --- | --- |
| 7-8 | Turn 1/4 Left And Cross Left Over Right, Jump Back On Right And Kick Left Forward |

**KICK RIGHT, CROSS, STEP BACK, ROCK BACK RIGHT, STOMP RIGHT (TWICE)**

|  |  |
| --- | --- |
| 1-2 | Jump Back On Left And Kick Right Forward, Cross Right Over Left |

|  |  |
| --- | --- |
| 3-4 | Step Back On Left, Jumping Rock Back On Right And Kick Left Forward |

|  |  |
| --- | --- |
| 5-6-7 | Return Onto Left, Stomp Up Right Beside Left, Stomp Right Forward |