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| Gangsta's Paradise |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Aurélie CHACHOUA (FR) & Steffie ROBERT (FR) - December 2017 | | | | |
| **Music:** | Gangsta's Paradise - Coolio : (4:01) | | | | |
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**Intro : 16 comptes – quand les paroles commencement**

**[1-8] R STEP FW, L STEP, R. STEP, MAMBO G, STEP D, STEP G, MAMBO D, L STEP**

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| --- | --- |
| 1–2& | Step R Forward, Step L next to R, Step R in place |

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| 3&4 | Rock L to L Side (option : press L for styling), Recover on R, Step L forward |

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| --- | --- |
| 5& | Sted R next to L, Step L in place |

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| 6&7 | Rock R to R side (option : press R for styling), Recover on L, Step R forward |

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| 8 | Step L next to R (slightly forward) |

**[9-16] R SHUFFLE BW, L SHUFFLE BW, COASTER STEP, OUT, OUT**

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| 1&2-3&4 | R triple Step Bacward (R, L, R), L Triple Step backward (L, R, L) |

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| 5&6 | R Coaster Step |

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| 7 | Step L to L Side “OUT” rolling L knee outward and with a small hip bump |

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| 8 | Step R to R Side “OUT” rolling L knee outward and with a small hip bump |

**[17-24] HIP BUMPS, R SAILOR STEP WITH A 1/4 TURN R, L KICK BALL STEP**

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| 1–4 | Hip Bump to the L x2, Hip Bump to the R, Hip bump to the L |

**(For counts 1 to 4, free styling to fit with the music)**

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| 5&6 | R Sailor Step with a ¼ turn R 3:00 |

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| 7&8 | L Kick Ball Step (= Kick L forward, Step ball of L next to R, Step R forward) |

**[25-32] STEP, ½ TURN R, STEP, R & L CROSS MAMBO, SWAYED ROCK STEP**

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| --- | --- |
| 1&2 | Step L forward, ½ turn R (weight on R), Step L forward (\* change on last wall) 9:00 |

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| 3&4 | R Cross Mambo (= Rock R to R side, Recover on L, Cross D devant PG) 3:00 |

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| 5&6 | Cross Mambo G (= Rock Step G à G, Revenir PdC sur PD, Cross G devant PD) |

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| 7 | Step D en arrière en balançant le corps vers l’arrière |

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| 8 | Revenir PdC sur PG en balançant le corps vers l’avant. (\*\* change on 3rd wall) |

**TAG/REPEAT – at the end of 2nd wall, repeat the last 16 counts.**

**Attention : before the tag/repeat, the last count of the 3rd wall change.**

**\*\* Transform count 8 with counts &8 : (&) Recover weight on L dragging R toward L, (8) Step R to R side “out” Then repeat counts 17 to 32 (Hip bumps)**

**\* FIN – When the beat of the music stop, you have 16 counts left to do. Keep dancing until the end changing only count 26 (STEP L forward). Instead, you do a ½ tour à R stepping on L backward. The dance will finish at 12:00**

**REPEAT**

**Convention :**

**R = Right :: L = Left**

**Fwd = forward :: Bwd = Backward**

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