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| You Are |  |

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| **Count:** | 48 | **Wall:** | 2 | **Level:** | Easy Intermediate waltz | . |
| **Choreographer:** | Pauline Greenwood (AUS) - December 2017 | | | | |
| **Music:** | You Are the Reason - Calum Scott : (Album: Only Human - Deluxe - 3:24) | | | | |
| . | | | | | | |

**POSITION: Feet Together Weight On Right Foot**

**Dance Starts On The Word ‘Heart Beat’ after 48 Count Introduction (16 Secs)**

**[1 - 6] BACK, TOUCH SIDE, HOLD, CROSS, HITCH CROSS, HOLD.**

|  |  |
| --- | --- |
| 1 - 2 - 3 | Step L back, Touch R toe to R side, Hold, |

|  |  |
| --- | --- |
| 4 - 5 - 6 | Step R across L, Hitch L across R, Hold. |

**[7 - 12] CROSS, SIDE, ROCK, CROSS, TOUCH, HOLD.**

|  |  |
| --- | --- |
| 1 - 2 - 3 | Step L across R, Step R to R side, Rock weight to L, |

|  |  |
| --- | --- |
| 4 - 5 - 6 | Step R across L. Touch L toe to L side, Hold. |

**[13 - 18] CROSS, SIDE, ROCK, CROSS, QUARTER TOUCH, HOLD.**

|  |  |
| --- | --- |
| 1 - 2 - 3 | Step L across R, Step R to R side, Rock weight to L, |

|  |  |
| --- | --- |
| 4 - 5 - 6 | Step R across L, Turn 1/4R touching L toe to L side Hold, (3,00) |

**[19 - 24] WALTZ FORWARD, WALTZ BACK.**

|  |  |
| --- | --- |
| 1 - 2 - 3 | Step L forward, Step R beside L, Replace weight to L. |

|  |  |
| --- | --- |
| 4 - 5 - 6 | Step R back, Step L beside R, Replace weight onto R. |

**[25 - 30] SWAY, SWAY.**

|  |  |
| --- | --- |
| 1 - 2 - 3 | Step L to L side and sway L hip, Hold for 2 counts |

|  |  |
| --- | --- |
| 4 - 5 - 6 | Step R to R side and sway R hip, Hold for 2 counts |

**[31 - 36] SIDE, BEHIND, ROCK, SIDE, BEHIND, ROCK.**

|  |  |
| --- | --- |
| 1 - 2 - 3 | Step L to L side. Step R behind L, Rock weight forward to L, |

|  |  |
| --- | --- |
| 4 - 5 - 6 | \*\* Step R to R side, Step L behind R,\* Rock weight on to R\*\* |

**[37 - 42] BACK, SWEEP, BACK, TOESTRUT QUARTER.**

|  |  |
| --- | --- |
| 1 - 2 - 3 | Step L back, Sweep R around and back, Step R back, |

|  |  |
| --- | --- |
| 4 - 5 - 6 | Step L back, Touch R toe beside L, Turn 1/4R drop R heel. (6.00) |

**[43 - 48] WALTZ FORWARD, WALTZ BACK.**

|  |  |
| --- | --- |
| 1 - 2 - 3 | Step L forward, Step R beside L, Replace weight on to L, |

|  |  |
| --- | --- |
| 4 - 5 - 6 | Step R back, Step L beside R, Replace weight onto R. |

**REPEAT**

**PLEASE NOTE. A quick-flowing waltz.**

**There is a Restart on Wall 9 Count 36\*\* the music pauses for 12 counts, then Turn 1/4R and restart Wall 10 (6.00)**

**ENDING \* Wall 11 for Count 36 Turn 1/4L stepping R forward (12.00)**

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