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| Sweet Hurt |  |

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| **Count:** | 64 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Ria Vos (NL) - January 2018 |
| **Music:** | Sweet Hurt - Jack Savoretti : (Album: Sweet Hurt - EP) |
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**Intro: 32 counts**

**S1: R Heel, Touch, Point, Touch, Vine R, Touch**

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| 1-2 | Touch R Heel Fwd, Touch R Toe Next to L |

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| --- | --- |
| 3-4 | Point R to R Side, Touch R Next to L |

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| --- | --- |
| 5-6 | Step R to R Side, Step L Behind R |

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| --- | --- |
| 7-8 | Step R to R Side, Touch L Next to R |

**S2: L Heel, Touch, Point, Touch, Vine ¼ Turn L, Brush**

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| --- | --- |
| 1-2 | Touch L Heel Fwd, Touch L Toe Next to R |

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| --- | --- |
| 3-4 | Point L to L Side, Touch L Next to R |

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| --- | --- |
| 5-6 | Step L to L Side, Step R Behind L |

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| --- | --- |
| 6-7 | ¼ Turn L Step Fwd on L, Brush R Fwd |

**S3: Rocking Chair, Toe Strut, Step Pivot ½ Turn R**

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| --- | --- |
| 1-2 | Rock Fwd on R, Recover on L |

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| 3-4 | Rock Back on R, Recover on L |

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| 5-6 | Step on R Toe Fwd, Step R Heel Down |

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| 7-8 | Step Fwd on L, Pivot ½ Turn R |

**S4: Step Fwd, Touch Behind, Back, Kick, Coaster Cross, Hold**

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| --- | --- |
| 1-2 | Step Fwd on L, Touch R Toe Behind L Heel |

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| 3-4 | Step Back on R, Kick L Fwd |

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| 5-6 | Step Back on L, Step R Next to L |

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| 7-8 | Cross L Over R, Hold |

**S5: Rumba Box, Hitch**

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| --- | --- |
| 1-2 | Step R to R Side, Step L Next to R |

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| --- | --- |
| 3-4 | Step Fwd on R, Touch L Next to R |

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| --- | --- |
| 5-6 | Step L to L Side, Step R Next to L |

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| --- | --- |
| 7-8 | Step Back on L, Hitch R |

**S6: Rock Back, Walk, Walk, Step Fwd, Hold, ¼ Turn L, Hold**

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| --- | --- |
| 1-2 | Rock Back on R, Recover on L |

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| 3-4 | Walk Fwd R-L |

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| --- | --- |
| 5-6 | Step Fwd on R, Hold |

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| --- | --- |
| 7-8 | Pivot ¼ Turn L, Hold |

**S7: Weave L, Cross Rock, Side Rock**

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| --- | --- |
| 1-2 | Cross R Over L, Step L to L Side |

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| --- | --- |
| 3-4 | Step R Behind L, Step L to L Side |

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| --- | --- |
| 5-6 | Cross Rock R Over L, Recover on L |

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| --- | --- |
| 7-8 | Rock R to R Side, Recover on L |

**S8: Behind, ¼ Turn L, Step Pivot ½ Turn L, Toe Strut R, Toe Strut L**

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| 1-2 | Step R Behind L, ¼ Turn L Step Fwd on L |

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| --- | --- |
| 3-4 | Step Fwd on R, Pivot ½ Turn L |

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| --- | --- |
| 5-6 | Step on R Toe Fwd, Step R Heel Down |

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| --- | --- |
| 7-8 | Step on L Toe Fwd, Step L Heel Down |