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| Chains of Love |  |

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| **Count:** | 48 | **Wall:** | 4 | **Level:** | Beginner / Improver | . |
| **Choreographer:** | Jan Brookfield (UK) - January 2018 | | | | |
| **Music:** | Chains - The Cookies | | | | |
| . | | | | | | |

**Alternative music with NO RESTART : “Let’s Stick Together” by Bryan Ferry**

**Dance starts on vocals**

**Section 1 : (SWAY RIGHT FORWARD , RECOVER) x 2, BACK ROCK, RECOVER, SHUFFLE FORWARD**

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| --- | --- |
| 1,2,3,4 | (Sway R diagonally forward, recover weight onto L) x 2 |

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| --- | --- |
| 5,6 | Rock R back, recover forward onto L |

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| --- | --- |
| 7&8 | Shuffle forward on R,L,R |

**Section 2 : (SWAY LEFT FORWARD, RECOVER) x 2, COASTER STEP, WALK x 2**

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| --- | --- |
| 9,10,11,12 | (Sway L diagonally forward, recover weight onto R) x 2 |

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| 13&14 | Step L back, step R next to L, step L forward |

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| --- | --- |
| 15,16 | Walk forward on R,L |

**Section 3 : ROCK FORWARD, RECOVER, ½ TURN SHUFFLE, WALK, WALK, FORWARD SHUFFLE**

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| 17,18 | Rock R forward, recover onto L |

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| 19&20 | Making a half turn over right shoulder shuffle forward on R,L,R (6 o’clock) |

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| --- | --- |
| 21,22 | Walk forward on L,R |

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| --- | --- |
| 23&24 | Shuffle forward on L,R,L |

**Section 4 : ROCK FORWARD, RECOVER, ½ TURN SHUFFLE, ¼ TURN SHUFFLE, ROCK BACK, RECOVER**

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| --- | --- |
| 25,26 | Rock R forward, recover on to L |

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| --- | --- |
| 27&28 | Making a half turn over right shoulder shuffle forward on R,L,R (12 o’clock) |

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| --- | --- |
| 29&30 | Making a quarter turn over right shoulder shuffle to side on L,R,L (3 o’clock) |

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| --- | --- |
| 31,32 | Rock R back, recover forward onto L |

**\*RESTART HERE ON WALL 3 (facing 9 o’clock) AND WALL 5 (facing 3 o’clock)**

**Section 5 : WALK FORWARD x 3, KICK; WALK BACK x 3, TOUCH**

|  |  |
| --- | --- |
| 33,34,35,36 | Walk forward on R,L,R, kick L forward |

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| --- | --- |
| 37,38,39,40 | Walk back on L,R,L, touch R next to L |

**Section 6 : CHASSE RIGHT, ROCK BACK, RECOVER; CHASSE LEFT, ROCK BACK, RECOVER**

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| --- | --- |
| 41&42,43,44 | Step R to right side, close L to R, step R to side, rock L back, recover onto R |

|  |  |
| --- | --- |
| 45&46,47,48 | Step L to left side, close R to L, step L to side, rock R back, recover on to L |

**KEEP IT GOING, BUT PLEASE NOTE :**

**\*RESTARTS NEEDED WITH “CHAINS” MUSIC AFTER 32 COUNTS ON WALLS 3 AND 5**