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| If Only |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Intermediate rolling count | . |
| **Choreographer:** | Adrian Lefebour (AUS), John Bishop (AUS) & Stephen Paterson (AUS) - January 2018 |
| **Music:** | If Only - TEEKS : (Album: The Grapefruit Skies EP, iTunes - 3:25) |
| . |

**Start dance after 16 counts**

**There is one easy Restart on wall 3**

**[1-8] Side, Behind, Quarter Forward, Step, Half Pivot, Left, Lock, Left Sweep Across, Side, Behind, Rock Side, Recover, Together**

|  |  |
| --- | --- |
| 1 2 a | Big step right out to side, step left behind right, turn 1/4 right then step right forward (a) 3.00 |

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| --- | --- |
| 3 a | Step left forward, pivot 1/2 right taking weight onto right in place (a) 9.00 |

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| --- | --- |
| 4 a 5 | Step left forward, lock right up in behind (a), step left forward sweeping right |

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| --- | --- |
| 6 a 7 | Step right across left, step left out to side (a), step right behind left, |

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| --- | --- |
| a 8 a | Rock step left out to side (a), recover weight onto right in place, step left beside right (a) 9.00 |

**[9-16] Rock Side, Recover, Three Quarter Together, Rock Forward, recover, Half Forward, Walk, Walk, Walk, Across, Side, Behind**

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| --- | --- |
| 1 2 a | Rock step right out to side, recover weight onto left in place, turn 3/4 right stepping right beside left (a) 6.00 |

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| --- | --- |
| 3 4 a | Rock step left forward, recover weight back onto right in place, turn 1/2 left then step left forward (a) 12.00 |

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| --- | --- |
| 5 6 7 | Step right forward slightly across, step left forward slightly across, step right forward slightly across |

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| --- | --- |
| 8 & a | \*\* Step left across right, step right out to side (&), step left behind right (a) \*\* 12.00 |

**[17-24] Right Nightclub Basic, Side, Behind, Quarter Forward, Half Back, Sweep Behind, Side, Cross Rock, Recover, Quarter Forward**

|  |  |
| --- | --- |
| 1 2 a | Step right out to side, rock step left slightly behind right, recover weight onto right in place (a) 12.00 |

|  |  |
| --- | --- |
| 3 4 a | Step left out to side, step right behind left, turn 1/4 left then step left forward (a) 9.00 |

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| --- | --- |
| 5 6 a | Turn 1/2 left then step right back sweeping left around, step left behind right, step right out to side (a) 3.00 |

|  |  |
| --- | --- |
| 7 8 a | Rock step left across right, recover weight onto right in place, turn 1/4 left then step left forward (a) 12.00 |

**[25-32] Forward, Step, Half Pivot, Forward, Three Quarter Turn, Cross and Click, Step and Sway, Recover, Behind, Side Cross**

|  |  |
| --- | --- |
| 1 2 a | Step right forward, step left forward, pivot 1/2 right taking weight onto right in place (a), 6.00 |

|  |  |
| --- | --- |
| 3 4 a | Step left forward, turn 1/2 left then step right back, turn 1/4 left then step left out to side (a) 9.00 |

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| --- | --- |
| 5 | Step right across left whilst clicking fingers on both hands out to side at waist height |

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| --- | --- |
| 6 7 | Step left out to side swaying hips left, recover weight onto right in place swaying hips right |

|  |  |
| --- | --- |
| 8 & a | Step left behind right, step right out to side (&), step left across right (a) 9.00 |

**RESTART: On wall 3 (starts facing 6 o’clock) dance up to count 16&a\*\* then restart to 6 o'clock wall**

**ENDING: On last wall you will dance up to count 30 (sway left), you’ll be facing the back at this point,**

**then recover your weight onto right in place, hinge turn 1/2 left whilst hitching left slightly,**

**big step left out to side, drag the right slowly toward the left.**

**This is an original dance sheet, feel free to copy without change for distribution**