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| Show Me Your (Dance Moves) |  |

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| **Count:** | 64 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Trine Haukø Lund (NOR) - April 2018 | | | | |
| **Music:** | Dance Moves - Franc Moody | | | | |
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**Intro: 16 counts**

**S1: Step , together, cross shuffle, rock, recover, coaster 1/4 turn L**

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| --- | --- |
| 1-2 | Step LF to L(1), step RF next to LF(2) 12 |

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| 3&4 | Cross LF in front of RF(3), step RF to R(&), cross LF in front of RF(3) 12 |

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| --- | --- |
| 5-6 | Rock RF to R(5), recover on LF(6) 12 |

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| 7&8 | Step RF behind LF(7), turn 1/4 L step LF forward(&), step RF forward(8) 9 |

**S2: Rocking chair, 1/2 turn R, 1/4 turn R, together**

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| 1-2 | Rock LF forward(1), recover on RF(2) 9 |

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| 3-4 | Rock LF backwards(3), recover on RF(4) 9 |

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| --- | --- |
| 5-6 | Step LF forward(5), turn 1/2 R recover on RF((6) 3 |

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| 7-8 | Turn 1/4 R step LF to L(7), step RF next to LF(8) 6 |

**S:3 Cross, 1/4 turn L, sailor 1/4 turn L, rock, recover, coaster step**

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| --- | --- |
| 1-2 | Cross LF in front of RF(1), turn 1/4 L step RF backwards(2) 3 |

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| --- | --- |
| 3&4 | Turn 1/4 L step LF backwards(3), step RF next to LF(&), step LF forward(4) 12 |

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| --- | --- |
| 5-6 | Rock RF forward(5), recover on LF(6) 12 |

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| --- | --- |
| 7&8 | Step RF backwards(7), step LF next to RF(&), step RF forward(8) 12 |

**S4: Step, touch, 1/4 R step, touch, 1/4 R step, touch, shuffle 1/4 R**

|  |  |
| --- | --- |
| 1-2 | Step LF to L(1), touch RF next to LF(2) 12 |

|  |  |
| --- | --- |
| 3-4 | Turn 1/4 R step RF forward(3), touch LF next to RF(4) 3 |

|  |  |
| --- | --- |
| 5-6 | Turn 1/4 R step LF to L(5), touch RF next to LF(6) 6 |

|  |  |
| --- | --- |
| 7&8 | Step RF to R(7), step LF next to RF(&), turn 1/4 R step RF forward(8) 9 |

**Restart after section 4 in walls 2 and 5**

**S5: Walk L-R fwd, rock, recover, step back, touch back, 3/4 turn R, step, touch**

|  |  |
| --- | --- |
| 1-2 | Walk LF forward(1), walk RF forward(2) 9 |

|  |  |
| --- | --- |
| 3&4 | Rock LF forward(3), recover on RF(&), step LF backwards(4) 9 |

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| --- | --- |
| 5-6 | Touch RT backwards(5), turn 1/2 R step down on RF(6) 3 |

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| 7-8 | Turn 1/4 R step LF to L(7), touch RT next to LF(8) 6 |

**S6: Step, lock, step, lock, step, rock, recover, sailor 1/4 turn L**

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| --- | --- |
| 1-2 | Turn 1/4 R step RF forward(1), close LF behind RF(2) 9 |

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| --- | --- |
| 3&4 | Step RF forward(3), step LF behind RF(&), step RF forward(4) 9 |

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| --- | --- |
| 5-6 | Rock LF forward(5), recover on RF(6) 9 |

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| 7&8 | Turn 1/4 L step LF backwards(7), step RF next to LF(&), step LF forward(8) 6 |

**S7: Touch, together 1/2 turn R, mambo cross X 2**

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| --- | --- |
| 1-2 | Touch RT to R(1), step RF next to LF and turn 1/2 R(2) 12 |

|  |  |
| --- | --- |
| 3&4 | Rock LF to L(3), recover on RF(&), cross LF in front of RF(4) 12 |

|  |  |
| --- | --- |
| 5-6 | Touch RT to R(5), step RF next to LF, and turn 1/2 R(6) 6 |

|  |  |
| --- | --- |
| 7&8 | Rock LF to L(7), recover on RF(&), cross LF in front of RF(8) 6 |

**S8: 1/4 turn L, 1/2 turn L, step 1/2 turn L, kick ball step X 2**

|  |  |
| --- | --- |
| 1-2 | Turn 1/4 L step RF backwards(1), turn 1/2 L step LF forward(2) 9 |

|  |  |
| --- | --- |
| 3&4 | Step RF forward(3), turn 1/2 L recover on LF(&), step RF forward(4) 3 |

|  |  |
| --- | --- |
| 5&6 | Kick LF forward(5), step ball of LF next to RF(&), step RF forward(6) 3 |

|  |  |
| --- | --- |
| 7&8 | Kick LF forward(7), step ball of LF next to RF(&), step RF forward(8) 3 |

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