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| Strong, Sweet And Southern |  |

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| **Count:** | 48 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Joanne Luelf (AUS) & Tracy Pearce (AUS) - January 2018 |
| **Music:** | Strong Sweet & Southern - Hayley Orrantia |
| . |

**Start on vocals**

**Section 1: Heel, Hook, Heel, Flick, Forward Shuffle**

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| 1&2&3&4 | Touch R heel fwd into R diagonal, hook R in front of L, touch R heel fwd, flick R back ,shuffle fwd RLR |

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| 5&6&7&8 | Touch L heel fwd into L diagonal, hook in front of R, touch L heel fwd, flick L back shuffle fwd LRL |

**Section 2: Rock Forward, Recover, ½ Turn Shuffle, ½ Turn Shuffle, Back Mambo Step**

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| --- | --- |
| 1-2, 3&4 | Rock fwd R, Rock back L, ½ turn shuffle RLR |

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| --- | --- |
| 5&6, 7&8 | ½ turn shuffle LRL, rock back on R, recover on L, touch R next to L |

**Section 3: Turn, Turn, Turn, Hip, Hip, Hip , Turn, Turn, Turn, Hip, Hip, Hip**

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| --- | --- |
| 1-2, 3&4 | ¼ turn R stepping forward on R. ½ turn R stepping back on L, ¼ turn R, Hip, Hip, Hip |

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| --- | --- |
| 5-6, 7&8 | ¼ turn L, stepping forward on L. ½ turn L stepping back on R, ¼ turn L, Hip, Hip, Hip |

**Section 4: Cross Point, Cross Point, Jazz Box**

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| --- | --- |
| 1,2,3,4 | Cross R over L point L to L side, Cross L over R point R to R side |

|  |  |
| --- | --- |
| 5,6.7,8 | Cross R over L, step back on L, step R to R side, step L beside R. \*\*\* (Tag) |

**Section 5: Step ½ Turn, Shuffle, Step ½ Turn Shuffle**

|  |  |
| --- | --- |
| 1-2, 3&4 | Step fwd on R, ½ turn L, Step fwd on R, L beside R, Step R fwd |

|  |  |
| --- | --- |
| 5-6, 7&8 | Step fwd on L, ½ turn R, Step fwd on L, R beside L, Step L fwd \*\* ( Restart ) |

**Section 6: Step ¼ turn, Step ¼ turn, Jazz Box**

|  |  |
| --- | --- |
| 1,2,3,4 | Step fwd on R, ¼ turn L, Step fwd on R, ¼ turn L (6.00) |

|  |  |
| --- | --- |
| 5,6,7,8 | Cross R over L, Step back on L, Step R to R side, Step L beside R |

**Tag: On Wall 4 (12.00) after 32 counts \*\*\***

**Section T1: Rhumba Box**

|  |  |
| --- | --- |
| 1,2,3,4 | Step R to R side, Step L next to R, Step fwd on R, Drag L to R |

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| --- | --- |
| 5,6,7,8 | Step L to L side, Step R next to L, Step back on L ,Drag R to L |

**Section T2: Rock, Recover, Cross, 1/4 Turn Tap Toe x4**

|  |  |
| --- | --- |
| 1&2,3&4 | Side rock on R step onto L, cross R over L, Side rock on L, step onto R, cross L over R |

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| --- | --- |
| 5&6&7&8 | Tap R foot ¼ turn L, Tap R foot ¼ turn L, Tap R foot ¼ turn L, Tap R foot ¼ turn L |

**Repeat sections 1&2**

**Section T5: ¼ Turn, Side Shuffle x4**

|  |  |
| --- | --- |
| 1&2,3&4 | Turn ¼ L, Step side, together, side Turn ¼ L, Step side, together, side |

|  |  |
| --- | --- |
| 5&6, 7&8 | Turn ¼ L, Step side, together, side Turn ¼ L, Step side, together, side |

**Section T6: Heel and Heel. Shuffle R, Heel and Heel Shuffle L**

|  |  |
| --- | --- |
| 1&2&3&4 | Step R heel to R diagonal, Step R next to L, Step L heel to L diagonal, step L next to R, Step fwd on R step L beside R, Step R fwd |

|  |  |
| --- | --- |
| 5&6&7&8 | Step L heel to L diagonal, Step L next to R, Step L heel to L diagonal, step R next to L, Step fwd on L step R beside L, Step L fwd |

**Section T7: Step ½ Turn, Shuffle, Step ½ Turn Shuffle**

|  |  |
| --- | --- |
| 1-2, 3&4 | Step fwd on R, ½ turn L, Step fwd on R, L beside R, Step R fwd |

|  |  |
| --- | --- |
| 5-6, 7&8 | Step fwd on L, ½ turn R, Step fwd on L, R beside L, Step L fwd |

**Section T8: Step ¼ Turn, Step ¼ Turn, Jazz Box**

|  |  |
| --- | --- |
| 1,2,3,4 | Step fwd on R, ¼ turn L, Step fwd on R, ¼ turn L (6.00) |

|  |  |
| --- | --- |
| 5,6,7,8 | Cross R over L, Step back on L, Step R to R side, Step L beside R |

**Restart On Wall 2 (6.00) after 40 counts**

**ENJOY**

**Contact: joanneluelf@gmail.com**

**Last Update – 19th April 2018**