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| --- | --- |
| The Dance |  |

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| . | | | | | | |
| **Count:** | 16 | **Wall:** | 4 | **Level:** | Beginner | . |
| **Choreographer:** | Tina Argyle (UK) - April 2018 | | | | |
| **Music:** | The Dance - Robert Mizzell : (iTunes) | | | | |
| . | | | | | | |

**Please note This doesn’t dance as well to the Garth Brooks track, at the end it goes out of phrase.**

**Count In : 20 counts from start of track approx. 20 seconds into the track – start on the lyric “back”**

**Basic NC Step x2. Basic NC Step ¼ Turn. Long Step, Behind, Side.**

|  |  |
| --- | --- |
| 1 | Take a long step right to right side |

|  |  |
| --- | --- |
| 2& | Rock left behind right, recover. |

|  |  |
| --- | --- |
| 3 | Take a long step left to left side |

|  |  |
| --- | --- |
| 4& | Rock right behind left, recover. |

|  |  |
| --- | --- |
| 5 | Make ¼ turn left taking a long step right to right side (9 o’clock) |

|  |  |
| --- | --- |
| 6& | Rock left behind right, recover. |

|  |  |
| --- | --- |
| 7 | Take a long step left to left side |

|  |  |
| --- | --- |
| 8& | Cross right behind left, step left to left side |

**Cross Rock x2. Step ½ Pivot Turn Step. Run Run. (or full turn left,travelling forward over 2 counts)**

|  |  |
| --- | --- |
| 1 | Cross rock right over left |

|  |  |
| --- | --- |
| 2& | Recover weight onto left, step right at side of left |

|  |  |
| --- | --- |
| 3 | Cross rock left over right |

|  |  |
| --- | --- |
| 4& | Recover weight onto right, step left at side of right |

|  |  |
| --- | --- |
| 5 | Step forward right |

|  |  |
| --- | --- |
| 6&7 | Step forward left, make ½ right onto right, step forward left (3 o’clock) |

|  |  |
| --- | --- |
| 8& | Run fwd right then left – or make ½ turn left stepping back right, make ½ turn left stepping fwd left |

**Tag During wall 5 section 1, make counts 7-8& another NC basic step, then Restart the dance facing 9 o’clock wall**

|  |  |
| --- | --- |
| 7 | Take a long step left to left side |

|  |  |
| --- | --- |
| 8& | Rock right behind left, recover. |

**Contact: vineline@hotmail.co.uk - tinaargyle.com**