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| --- | --- |
| Slow and Easy |  |

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| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Pat Stott (UK) & Glynn Rodgers (UK) - May 2018 | | | | |
| **Music:** | I Love the Way You Love Me - John Michael Montgomery | | | | |
| . | | | | | | |

**Alt. 1: I Love The Way You Love Me - Boyzone (Please note - No Restart required)**

**Alt. 2: Die A Happy Man - Thomas Rhett**

**Count in: 16 Counts, Start on Vocals**

**Phrasing: 1 Restart after count 24 on wall 4.**

**[1-8] Forward Rock, Back-Cross, Back, Shuffle ½ Turn, Pivot ¼-Cross.**

|  |  |
| --- | --- |
| 1-2 | Rock forward right, recover weight on to left foot. |

|  |  |
| --- | --- |
| &3-4 | Step slightly back right (angle to 1:30), cross left over right, step back right (straighten to 12:00) |

|  |  |
| --- | --- |
| 5&6 | Turn ¼ left and step left to left side, close right to left, turn ¼ left and step forward left. |

|  |  |
| --- | --- |
| 7&8 | Step forward right, pivot ¼ left, cross right over left. |

**[9-16] Press, Recover, Behind-Side-Cross, Sways Right, Left, Right, Left.**

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| --- | --- |
| 1-2 | Step left to left diagonal pressing weight on to ball of left foot bending knee slightly, recover weight on to right. |

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| --- | --- |
| 3&4 | Cross left behind right, step right to right side, cross left over right. |

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| --- | --- |
| 5-6 | Step right to right side swaying hips right, sway hips left. |

|  |  |
| --- | --- |
| 7-8 | Sway hips to right side,sway hips left. |

**[17-24] Cross-¼ Turn-Back, Walk Back, Coaster Step, Skates Forward.**

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| --- | --- |
| 1&2 | Cross right over left, turn ¼ right stepping back left, step back right.\*\* |

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| --- | --- |
| 3-4 | Walk back left-right.\*\* |

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| --- | --- |
| 5&6 | Step back left, close right to left, step forward left. |

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| --- | --- |
| 7 | Press weight on to ball of left foot as you slide forward with the right. |

|  |  |
| --- | --- |
| 8 | Press weight on to ball of right foot as you slide forward with the left. |

**\*\*OPTIONAL TURN FOR COUNTS 17-20**

|  |  |
| --- | --- |
| 1&2 | Cross right over left, turn ¼ right stepping back left, turn ½ right stepping forward right. |

|  |  |
| --- | --- |
| 3-4 | Make ½ turn right stepping back left, step back right. |

**RESTART HERE ON WALL 4 FACING 9 O’CLOCK**

**[25-32] Forward Rock & Pivot ¼ Turn, Cross Shuffle, Side, Drag.**

|  |  |
| --- | --- |
| 1-2& | Rock forward right, recover weight on to left, close right to left. |

|  |  |
| --- | --- |
| 3-4 | Step forward left, pivot ¼ turn right. |

|  |  |
| --- | --- |
| 5&6 | Cross left over right, step right to right side, cross left over right. |

|  |  |
| --- | --- |
| 7-8& | Take large step to right with right foot, drag left towards right, close left to right. |

**ENDING**

**On the final wall you will dance to count 18 (Cross-¼ Turn-Back) and will be facing 12 o’clock – just pose (slowly spread arms at waist height) – Ta-dahhhhhhh (Remember not to do the alternative turn on this last wall or you will be facing the back as the music ends!)**