|  |  |
| --- | --- |
| Feeling Good |  |

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| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Gudrun Schneider (DE) & Heather Barton (SCO) - May 2018 |
| **Music:** | Feeling Good (feat. KIDDO) - Strobe! |
| . |

**No intro .... breathe and go**

**CROSS SAMBA R + L, MAMBO R, SHUFFLE ½ TURN L**

|  |  |
| --- | --- |
| 1&2 | Cross right over left, side step left to left, step right in place |

|  |  |
| --- | --- |
| 3&4 | Cross left over right, side step right to right, step left in place |

|  |  |
| --- | --- |
| 5&6 | Rock forward onto right, recover onto left, step back on right |

|  |  |
| --- | --- |
| 7&8 | ½ turn shuffle, stepping left ¼ left, right together, left ¼ left (6.00) |

**ROCK FWD, BALL STEP ¼ TURN, CROSS SHUFFLE, SWAY SWAY**

|  |  |
| --- | --- |
| 1-2 | Forward rock onto right, recover onto left |

|  |  |
| --- | --- |
| &3-4 | (&) step onto right, step forward on left, pivot ¼ turn right, (9.00) |

|  |  |
| --- | --- |
| 5&6 | Cross left over right, step right to right, cross left over right |

|  |  |
| --- | --- |
| 7-8 | Sway onto right, sway onto left |

**CROSS RIGHT, PUSH BACK, SIDE CHASSE, CROSS ROCK ¼ LEFT, KICK OUT OUT**

|  |  |
| --- | --- |
| 1-2 | Cross right over left, step back on left pushing hip backwards |

|  |  |
| --- | --- |
| 3&4 | Chasse to right steping right to right, left together, right to right |

|  |  |
| --- | --- |
| 5&6 | Cross rock left over right, recover onto right, ¼ to left stepping left forward (6.00) |

|  |  |
| --- | --- |
| 7&8 | Kick right forward, step out right, step out left |

**SWIVEL HEEL TOE HEEL IN, RIGHT SHUFFLE FORWARD, CROSS, ¼ SIDE, CROSS ROCK POINT**

|  |  |
| --- | --- |
| 1&2 | Bring both heels in, both toes in, both heels in |

|  |  |
| --- | --- |
| 3&4 | Step right forward, bring left together, step forward right |

|  |  |
| --- | --- |
| 5&6 | Cross rock left over right, recover onto right, ¼ turn left stepping left forward (3.00) |

|  |  |
| --- | --- |
| 7&8 | Cross rock right over left, recover onto left, point right to right side |

**TAG: END OF WALL 4**

|  |  |
| --- | --- |
| 1,2,3,4 | Click right hand up and across, back and down, repeat |

**Have Fun**

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