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| --- | --- |
| Rock The Beat |  |

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| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Nathan Gardiner (SCO) - June 2018 | | | | |
| **Music:** | 21st Century Girl - Willow | | | | |
| . | | | | | | |

**Intro: 16 counts**

**Walk Forward R & L, R Lock Step, Rock Forward, Recover, Full Turn L**

|  |  |
| --- | --- |
| 1-2 | Step forward on R, Step forward on L |

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| --- | --- |
| 3&4 | Step forward on R, Lock L behind R, Step forward on R |

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| --- | --- |
| 5-6 | Rock forward on L, Recover on R |

|  |  |
| --- | --- |
| 7-8 | ½ L stepping forward on L, ½ L stepping back on R |

**Sailor Step L & R, Behind, ¼ R, Step Pivot ¾ R**

|  |  |
| --- | --- |
| 1&2 | Step L behind R, Step R to R side, Step L to L side |

|  |  |
| --- | --- |
| 3&4 | Step R behind R, Step L to L side, Step R to R side |

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| --- | --- |
| 5-6 | Step L behind R, ¼ R stepping forward on R |

|  |  |
| --- | --- |
| 7-8 | Step forward on L, Pivot ¾ R |

**Side L, Together, Forward, R Lock Step, Rock Forward, Recover, Coaster Cross**

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| --- | --- |
| 1-2-3 | Step L to L side, Step R next to L, Step forward on L |

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| --- | --- |
| 4&5 | Step forward on R, Lock L behind R, Step forward on R |

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| --- | --- |
| 6-7 | Rock forward on L, Recover on R |

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| --- | --- |
| 8&1 | Step back on L, Step R next to L, Cross L over R |

**Monterey ½ R, Monterey ¼ L, Step Pivot ½ L, Point**

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| --- | --- |
| 2-3 | Point R to R side, ½ R stepping R next to L |

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| --- | --- |
| 4-5 | Point L to L side, ¼ L stepping L next to R |

|  |  |
| --- | --- |
| 6-7 | Step forward on R, Pivot ½ L |

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| --- | --- |
| 8 | Point R to R side |

**Tag: End of wall 1**

**Cross, Point, Cross, Point, Jazz Box Cross**

|  |  |
| --- | --- |
| 1-2 | Cross R over L, Point L to L side |

|  |  |
| --- | --- |
| 3-4 | Cross L over R, Point R to R side |

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| --- | --- |
| 5-6 | Cross R over L, Step back on L |

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| --- | --- |
| 7-8 | Step R to R side, Cross L over R |

**Point, Cross, Point, Cross, Sway R, L, R, L**

|  |  |
| --- | --- |
| 1-2 | Point R to R side, Cross R over L |

|  |  |
| --- | --- |
| 3-4 | Point L to L side, Cross L over R |

|  |  |
| --- | --- |
| 5-6 | Step R to R side swaying hips to R side, Sway hips to L side |

|  |  |
| --- | --- |
| 7-8 | Sway hips to R side, Sway hips to L side |

**Contact: nathan.gardiner1998@hotmail.co.uk**