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| Caught up in the Country |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Julie Snailham (ES) - September 2018 | | | | |
| **Music:** | Caught up in the Country – Rodney Atkins | | | | |
| . | | | | | | |

**Intro: 16 counts**

**S1: Step R, hold, ball side rock recover, cross shuffle, step touch**

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| 1-2 | Step R to R side, hold |

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| --- | --- |
| &34 | Step L next to R, rock out to R side, recover weight to L |

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| --- | --- |
| 5&6 | Cross R over L, step L to L side, cross R over L |

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| --- | --- |
| 7-8 | Step L to L side, touch R toe next to L |

**S2: Side behind, ¼ turn R, step brush, step forward touch, step back R, step L to R**

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| --- | --- |
| 1-2 | Step R to R side, step L behind R |

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| --- | --- |
| 3-4 | Turning ¼ R step forward on R, brush L forward |

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| --- | --- |
| 5-6 | Step forward on L, touch R behind L |

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| --- | --- |
| 7-8 | Step back on R, step L next to R |

**S3: Side together, shuffle forward, side together, shuffle back**

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| --- | --- |
| 1-2 | Step R to R side, step L to R |

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| 3&4 | Shuffle forward stepping RLR |

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| --- | --- |
| 5-6 | Step L to L side, bring R to L |

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| --- | --- |
| 7&8 | Shuffle back stepping LRL |

**Restart here on Wall 8**

**S4: Rock back recover, shuffle half turn, rock back recover, shuffle forward**

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| --- | --- |
| 1-2 | Rock back R, recover on L |

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| 3&4 | Make ½ shuffle turn L stepping RLR |

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| --- | --- |
| 5-6 | Rock back L, recover on R |

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| --- | --- |
| 7&8 | Make ½ shuffle forward, stepping LRL |

**Tag – End of Wall 6 and during Wall 8 Tag after 24 count and Restart (both tags danced facing 12.00)**

**#16 Count Tag – Dance the following steps twice**

|  |  |
| --- | --- |
| 1-2 | R heel dig (x2) |

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| --- | --- |
| &3-4 | Place R next to L, L heel dig (x2) |

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| --- | --- |
| &5&6 | Place L next to R, R heel dig, place R next to L, L heel dig |

|  |  |
| --- | --- |
| &7-8 | Place L next to R, touch R toe next to L, hold |

**Live, Love, Dance**

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**Last Update - 28th Sept. 2018**