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| Mama Tried |  |

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| . |
| **Count:** | 32 | **Wall:** | 2 | **Level:** | High Beginner | . |
| **Choreographer:** | Randi Kvist Gislinge (DK) - November 2018 |
| **Music:** | Mama Tried - George Canyon |
| . |

**Start: 16 count from start at the Guitar.**

**Restart wall 4 after 16 counts – notice that the dance will turn from here.**

**S1. Walk fwd. R & L, R shuffle fwd. Step ½ turn R, step ¼ turn R.**

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| --- | --- |
| 1-2 | Step fwd. R, step fwd. L |

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| --- | --- |
| 3&4 | Step fwd. R, step L beside R, step fwd. R |

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| --- | --- |
| 5-6 | Step fwd L turn ½ R, place weight on R (6) |

|  |  |
| --- | --- |
| 7-8 | Step fwd. L turn ¼ R, place weight on R (9) |

**S2. L Cross and Heel, R Cross and Heel, walk L-R, L side mambo**

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| --- | --- |
| 1&2& | Cross step L over R, step R to R side, L heel dig, L beside R |

|  |  |
| --- | --- |
| 3&4& | Cross step R over L, step L to L side, R heel dig, R beside L |

|  |  |
| --- | --- |
| 5-6 | Walk L and R |

|  |  |
| --- | --- |
| 7&8 | Step L to L side, Recover weight on R, step L beside R |

**Restart - wall 4**

**S3. R heel-hook-heel-flick R shuffle fwd., L heel-hook-heel-flick L Shuffle fwd.**

|  |  |
| --- | --- |
| 1&2& | Touch R heel fwd., hook R heel in front of L, touch R heel fwd., flick R heel back |

|  |  |
| --- | --- |
| 3&4 | Step fwd. R, step L beside R, step fwd. R |

|  |  |
| --- | --- |
| 5&6& | Touch L heel fwd., hook L heel in front of R, touch L heel fwd., flick L heel back |

|  |  |
| --- | --- |
| 7&8 | Step fwd. L, step R beside L, step fwd. L |

**S4. Step 1/4 turn L, Cross shuffle R, L side Rock, L coaster**

|  |  |
| --- | --- |
| 1-2 | Step fwd R turn 1/4 L, place weight on L |

|  |  |
| --- | --- |
| 3&4 | Step R across L, step L beside R, step R across L |

|  |  |
| --- | --- |
| 5-6 | Rock L to L side, recover weight R |

|  |  |
| --- | --- |
| 7&8 | Step L back, step R beside L, step L fwd. |

**Last Update – 16th Jan. 2019**

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