|  |  |
| --- | --- |
| Dig Deep |  |

.

|  |
| --- |
| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Tina Argyle (UK), Hayley Wheatley (UK) & Robert Lindsay (UK) - March 2019 |
| **Music:** | Dig Deep - Paul Carrack : (Album: The Hollywood Sessions) |
| . |

**S1: SIDE STEP, CROSS ROCK, RECOVER, SAILOR STEP ¼ TURN, SKATE, SKATE, TRIPLE STEP FORWARD**

|  |  |
| --- | --- |
| 1-2-3 | Step RF to R side, Cross rock LF over RF, Recover onto RF |

|  |  |
| --- | --- |
| 4&5 | Sweep LF around while making ¼ turn L and stepping back onto LF, Step RF to R side, Step LF to L side (9:00) |

|  |  |
| --- | --- |
| 6-7 | Skate RF fwd, Skate LF fwd |

|  |  |
| --- | --- |
| 8&1 | Step fwd on RF, Close LF beside RF, Step fwd on RF |

**S2: ROCK FORWARD, RECOVER, BACK LOCK STEP, TOUCH RIGHT TOE BACK, ½ TURN RIGHT, STEP FORWARD, PIVOT ¼ TURN, CROSS**

|  |  |
| --- | --- |
| 2-3 | Rock fwd onto LF, Recover onto RF |

|  |  |
| --- | --- |
| 4&5 | Step back on LF, Lock RF over LF, Step back onto LF |

|  |  |
| --- | --- |
| 6-7 | Touch R toe back, Make 1/2 turn R stepping onto RF (3:00) |

|  |  |
| --- | --- |
| 8&1 | Step fwd onto LF, Pivot ¼ turn R, Cross LF over RF (6:00) |

**S3: PRESS TO CORNER, RECOVER, BEHIND SIDE CROSS, SWAY, SWAY, BEHIND TURN STEP**

|  |  |
| --- | --- |
| 2-3 | Press RF fwd (to 7:30), Recover onto LF |

**(If you don't want to press then just rock RF to R corner)**

|  |  |
| --- | --- |
| 4&5 | Step RF behind LF, Step LF to L side, Cross RF over LF |

|  |  |
| --- | --- |
| 6-7 | Sway hips L while stepping LF to L side, Sway hips R (while taking weight onto RF) |

|  |  |
| --- | --- |
| 8&1 | Step LF behind RF, Make ¼ turn R stepping onto RF, Step fwd onto LF (9:00) |

**S4: STEP FORWARD, HALF TURN TAP, TRIPLE STEP 1/2TURN, ROCK BACK, RECOVER, STEP PIVOT ½ TURN**

|  |  |
| --- | --- |
| 2-3 | Step fwd onto RF, Make ½ turn L while tapping L toe fwd (with L knee slightly bent) (3:00) |

|  |  |
| --- | --- |
| 4&5 | Triple Step ½ turn R stepping L,R,L (9:00) |

|  |  |
| --- | --- |
| 6-7 | Rock back onto RF, Recover onto LF |

|  |  |
| --- | --- |
| 8& | Step fwd onto RF, Pivot ½ turn L (3:00) |

**Last Update 8 May 2019**