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| Need A Little Help |  |

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| . |
| **Count:** | 64 | **Wall:** | 4 | **Level:** | Phrased Low Intermediate | . |
| **Choreographer:** | Andrea Carstensen (DE) - June 2019 |
| **Music:** | Little Help (feat. Mimi & Josy) - The BossHoss |
| . |

**Begin after 16 counts**

**SequenceAA - BB - Tag - AA - BBBB(restart) - AA - BBBB**

**Intro 16 counts**

**Part A (32 counts)**

**Toe strut,Toe strut, Rock fw, 1/2 Turn right, Step**

|  |  |
| --- | --- |
| 1-2 | Toe strut forward with right |

|  |  |
| --- | --- |
| 3-4 | Toe strut forward with left |

|  |  |
| --- | --- |
| 5-6 | Rock forward right |

|  |  |
| --- | --- |
| 7-8 | 1/2 Turn right and Step forward right - hold |

**Toe strut, Toe strut, cross-rock-side-rock**

|  |  |
| --- | --- |
| 1-2 | Toe strut forward left |

|  |  |
| --- | --- |
| 3-4 | Toe strut forward right |

|  |  |
| --- | --- |
| 5-6 | Left cross - recover on right |

|  |  |
| --- | --- |
| 7-8 | Left side - recover on right |

**Cross, side, kick, side, left and right**

|  |  |
| --- | --- |
| 1-2 | Left cross over right - right step side |

|  |  |
| --- | --- |
| 3-4 | Left kick diagonal to left - left step side to the left |

|  |  |
| --- | --- |
| 5-6 | Right cross over left - left step side |

|  |  |
| --- | --- |
| 7-8 | Right kick diagonal to right - right step side to the right |

**Cross, 3/4 Turn right with Heelbounce, Scuff, Step Heel twist**

|  |  |
| --- | --- |
| 1 | Left cross over right |

|  |  |
| --- | --- |
| 2-3-4 | 3/4 turn right on both toes with heel bounces |

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| --- | --- |
| 5-6 | Left Scuff - left small step forward |

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| --- | --- |
| 7-8 | Both Heels to left - back |

**Part B (32 counts)**

**Vine right, side touch left and right**

|  |  |
| --- | --- |
| 1-2 | Step right to side - cross left behind right |

|  |  |
| --- | --- |
| 3-4 | Step right to side - touch left to right |

|  |  |
| --- | --- |
| 5-6 | Step left to side - touch right |

|  |  |
| --- | --- |
| 7-8 | Step right to side - touch left |

**Vine with 1/4 Turn and brush, Jazzbox**

|  |  |
| --- | --- |
| 1-2 | Step left to side - cross right behind left |

|  |  |
| --- | --- |
| 3-4 | 1/4 turn left and step left forward - brush forward with right |

|  |  |
| --- | --- |
| 5-6 | Right cross over left - left step back |

|  |  |
| --- | --- |
| 7-8 | Right step side - left step forward |

**1/4 Monterey Turn 2x**

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| --- | --- |
| 1-2 | Tap right to side - step right to left with 1/4 turn to right |

|  |  |
| --- | --- |
| 3-4 | Tap left to side - step left together |

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| --- | --- |
| 5-8 | Repeat 1-4 |

**Step, Touch behind, Step back, Touch across, Step, Scuff 1/4 right , Side, Touch**

|  |  |
| --- | --- |
| 1-2 | Step right forward - touch left behind right |

|  |  |
| --- | --- |
| 3-4 | Step left back - touch right across left |

|  |  |
| --- | --- |
| 5-6 | Step right forward - scuff left with 1/4 turn to right |

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| --- | --- |
| 7-8 | Step left side - touch right to left |

**Tag (8 counts)**

**Step touch forward with clap 2x, Step touch back with clap 2x**

|  |  |
| --- | --- |
| 1-2 | Step right diagonally right forward - touch left to right with clap |

|  |  |
| --- | --- |
| 3-4 | Step left diagonally left forward - touch right to left with clap |

|  |  |
| --- | --- |
| 5-6 | Step right diagonally right back - touch left to right with clap |

|  |  |
| --- | --- |
| 7-8 | Step left diagonally left back - touch right to left with back |

**Restart in wall 10 after 24 counts (9h)**

**End 12h : Step, Scuff without turn, Side, Stomp**