|  |  |
| --- | --- |
| A Fire In My Heart |  |

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| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Absolute Beginner | . |
| **Choreographer:** | Frédérique Sorolla (FR) - July 2018 | | | | |
| **Music:** | There Is a Fire - National Park Radio | | | | |
| . | | | | | | |

**Structure of the dance : 32 /32/32/32 // 32/32/32/32 // 24 / Hold + 8 / 32 / 24 / Hold + 8 + 1/4T to R & Stomp R**

**No Tag, No Restart**

**Proposed in workshop at the American Days of Saint Andiol (France, August 03 2019). Many thanks to Valérie Martinez**

**Introduction : After the violin solo, count 32 accounts**

**I (1 - 8) - ROCK STEP SIDE R, 3 STOMPS ON PLACE\* - ROCKSTEP SIDE L , 3 STOMPS ON PLACE\***

|  |  |
| --- | --- |
| 1,2 | right step to right side, recover on left foot to left |

|  |  |
| --- | --- |
| 3&4 | 3 stomps R / L / R : right foot next to left foot, then on place left and right feet |

|  |  |
| --- | --- |
| 5,6 | left step to left side, recover on right foot to right |

|  |  |
| --- | --- |
| 7&8 | 3 stomps L / R / L : left foot next to right foot, then on place right and left feet |

**II (9 - 16) - TRIPLE STEP FWD R/L/R & L/R/L – R HEEL FWD, TOGETHER, L TOUCH BACK , 3 STOMPS ON PLACE\*\***

|  |  |
| --- | --- |
| 1&2 | pas chassé forward R / L / R : right step forward, left foot close to right foot, right step forward |

|  |  |
| --- | --- |
| 3&4 | pas chassé forward L / R / L : left step forward, right foot close to left foot, left step forward |

|  |  |
| --- | --- |
| 5&6 | right heel forward, right foot next to left foot, left toe back |

|  |  |
| --- | --- |
| 7&8 | 3 stomps L / R / L : left foot next to right foot, then on place right and left feet |

**III (17 - 24) - ROCKSTEP FWD, 1/4T TO R with R STOMP SIDE to R , 2 STOMPS ON PLACE – JAZZ BOX**

|  |  |
| --- | --- |
| 1,2 | right step forward, recover on left foot back |

|  |  |
| --- | --- |
| 3&4 | 1/4T to right with right stomp to right side, then on place left and right stomps 3H |

|  |  |
| --- | --- |
| 5,6 | left cross over right foot, right step back |

|  |  |
| --- | --- |
| 7,8 | left step to left side, right step forward |

**HERE : In the 3 round, end of the 1st wall facing 3am, and after end of the 3rd wall facing 9am, there is a musical break. Make a HOLD (4 quick counts), then do Section IV**

**IV (25 - 32) - L HEEL FWD, TOGETHER, R HEEL FWD, TOGETHER - (CROSS SHUFFLE SIDE R) X 2**

|  |  |
| --- | --- |
| 1,2 | left heel forward, left foot close to right foot |

|  |  |
| --- | --- |
| 3,4 | right heel forward, right foot close to left foot |

|  |  |
| --- | --- |
| 5&6 | left cross over right foot, right step side to right, left cross over right foot |

|  |  |
| --- | --- |
| & | right step side to right |

|  |  |
| --- | --- |
| 7&8 | left cross over right foot, right step side to right, left cross over right foot |

**HERE : At the last wall to finish facing 12H, add 1/4T TO R with R STOMP on the right**

**GOOD LUCK AND HAVE FUN !**

**More difficult option for insiders, instead of 3 stomps on place :**

**\* COASTER STEP : R/L/R for the 1st - L/R/L for the 2nd**

**\*\* L HEEL FWD, TOGETHER, R TOUCH BACK**

**Contact : frederique.sorolla@yahoo.fr**