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| Say Hello Polka Contra |  |

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| **Count:** | 32 | **Wall:** | 1 | **Level:** | Easy Intermediate Contra - Polka | . |
| **Choreographer:** | Kyung Hee Lee (KOR) - September 2019 |
| **Music:** | Grüß Euch Gott, liebe Leut' - Margret Almer |
| . |

**Sequence: 48(16c tag)-32-16(restart)-48(16c tag)-32-32-32-4(tag)-32-32**

**\*Note: You have to change partner while dancing on 32 counts (Please don’t change partner while dancing on Tag and restart.)**

**Start the dance after 16 counts**

**SECTION 1: RF SIDE HEEL TOUCH, TOE TOUCH RF, SIDE HEEL TOUCH, HOOK, SIDE SHUFFLE, BACKWARD ROCK, RECOVER**

|  |  |
| --- | --- |
| 1-4 | Heel touch RF to R side, toe touch RF in front of LF, heel touch RF to R side hook RF |

|  |  |
| --- | --- |
| 5&6 | Step RF to R side, close LF next to RF, step RF to R side |

|  |  |
| --- | --- |
| 7-8 | Rock LF to backward, recover to RF |

**SECTION 2: LF SIDE HEEL TOUCH, TOE TOUCH LF, SIDE HEEL TOUCH, HOOK, SIDE SHUFFLE, BACKWARD ROCK, RECOVER**

|  |  |
| --- | --- |
| 1-4 | Heel touch LF to L side, toe touch LF, in front of RF, heel touch LF to L side, hook LF |

|  |  |
| --- | --- |
| 5&6 | Step LF to L side, close RF next to LF, step LF to L side |

|  |  |
| --- | --- |
| 7-8 | Rock RF to backward, recover to LF |

**SECTION 3: FORWARD SHUFFLE, 1/2 TURN TO R WITH BACKWARD SHUFFLE, BACKWARD ROCK, RECOVER, BACKWARD ROCK, RECOVER**

|  |  |
| --- | --- |
| 1&2 | Step RF forward, close LF next to RF, step RF forward |

|  |  |
| --- | --- |
| 3&4 | 1/4 turn to R stepping LF side, close RF next to LF, 1/4 turn to R stepping LF backward |

|  |  |
| --- | --- |
| 5-8 | Rock RF backward, recover to LF, rock RF backward, recover to LF |

**SECTION 4: FORWARD SHUFFLE, 1/2 TURN TO R WITH BACKWARD SHUFFLE, BACKWARD ROCK, RECOVER, BACKWARD ROCK, RECOVER**

|  |  |
| --- | --- |
| 1&2 | Step RF forward, close LF next to RF, step RF forward |

|  |  |
| --- | --- |
| 3&4 | 1/4 turn to R stepping LF side, close RF next to LF, 1/4 turn to R stepping LF backward |

|  |  |
| --- | --- |
| 5-6 | Rock RF backward, recover to LF |

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| --- | --- |
| 7-8 | Long step RF to R side, stomp LF next to RF(weight on LF) |

**\* Change partner here**

**TAG 1 (16 COUNTS)**

**After wall 1 and wall 5, you will dance to 16 counts tag**

**Tag steps are as follows,**

**Section 1**

|  |  |
| --- | --- |
| 1-4 | RF heel touch, replace, LF heel touch, replace |

|  |  |
| --- | --- |
| 5&6& | RF heel touch, replace, LF heel touch, replace |

|  |  |
| --- | --- |
| 7&8 | RF forward step, clap, clap |

**Section 2**

|  |  |
| --- | --- |
| 1-4 | LF heel touch, replace, RF heel touch, replace |

|  |  |
| --- | --- |
| 5&6& | LF heel touch, replace, RF heel touch, replace |

|  |  |
| --- | --- |
| 7&8 | LF forward step, clap, clap |

**TAG 2 (4 COUNTS)**

**After wall 8, you will dance to 4 counts tag**

**Tag steps are as follows,**

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| --- | --- |
| 1-4 3 | times of march in place(1,2,3), clap(4) |

**RESTART: On the wall 3, you will dance to 16 counts and start again.**

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