|  |  |
| --- | --- |
| Gonna Shake Shake Shake |  |

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| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Easy Beginner | . |
| **Choreographer:** | Liz Atkinson (USA) - September 2019 | | | | |
| **Music:** | Shake It Off - Taylor Swift | | | | |
| . | | | | | | |

**NO RESTARTS!**

**\*Tag: There is an 8-count silence after wall 13 (9:00). Strike a pose and hold it for a bit of whimsy.**

**S1: R LINDY, STEP, TOUCH, STEP, TOUCH**

|  |  |
| --- | --- |
| 1 & 2, 3, 4 | Step RF to R side, step LF together, step RF to R side, rock LF behind RF, recover RF |

|  |  |
| --- | --- |
| 5, 6, 7, 8 | Step LF to L, touch RF beside LF, step RF to R, touch LF beside RF (12:00) |

**S2: L LINDY, STEP, TOUCH, STEP, TOUCH**

|  |  |
| --- | --- |
| 1 & 2, 3, 4 | Step LF to L side, step RF together, step LF to L side, rock RF behind LF, recover LF |

|  |  |
| --- | --- |
| 5, 6, 7, 8 | Step RF to R, touch LF beside RF, step LF to L, touch RF beside LF (12:00) |

**S3: ROCKING CHAIR, STEP, 1/4 PIVOT L, R HAND ON HIP, L HAND ON HIP**

|  |  |
| --- | --- |
| 1, 2, 3, 4 | Rock RF forward, recover LF, rock RF back, recover LF |

|  |  |
| --- | --- |
| 5, 6 | Step RF forward, 1/4 pivot L |

|  |  |
| --- | --- |
| 7, 8 | Touch RF next to LF and put R hand on R hip, put L hand on L hip (9:00) |

**S4: HIP BUMP SEQUENCE: DOUBLE R, DOUBLE L, SINGLES R-L-R-L**

|  |  |
| --- | --- |
| 1 & 2, 3 & 4 | (With hands on hips) Bump hips R-L-R, L-R-L |

|  |  |
| --- | --- |
| 5, 6, 7, 8 | (Drop arms and shake wrists and hands) Single hip bumps R-L-R-L (9:00) |

**SMILE AND BEGIN AGAIN!**

**\*It is helpful if the instructor can clap or snap during the 8-count silence to help class resume dancing on time.**

**Contact: dancinlizard@gmail.com**

**Asheville, NC, USA**