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| Lost Amor |  |

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| **Count:** | 32 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Daniel Whittaker (UK) - September 2019 | | | | |
| **Music:** | Lost in the Middle of Nowhere (Spanish Remix) - Kane Brown & Becky G. | | | | |
| . | | | | | | |

**Start dance: 5 second intro \ 8 count intro**

**Restart: Dance first 16 counts on walls 3 and wall 6 and then restart from the beginning**

**[1-8] Mambo step, modified coaster cross rock step, quick cross rock side rock**

|  |  |
| --- | --- |
| 1 | Step right foot forward 12:00 |

|  |  |
| --- | --- |
| 2&3 | Rock left foot forward, recover weight on right, step left foot back 12:00 |

|  |  |
| --- | --- |
| 4&5 | Step right foot back, close left beside right, rock right over left 12:00 |

|  |  |
| --- | --- |
| 6&7 | Recover weight on left, step right to right side, cross rock left over right 12:00 |

|  |  |
| --- | --- |
| &8& | Recover weight on right, side rock left to left side, recover weight on right foot 12:00 |

**[9-16] Behind, rock step, behind rock step , ½ turn cross shuffle**

|  |  |
| --- | --- |
| 1 | Step left behind right 12:00 |

|  |  |
| --- | --- |
| 2&3 | Rock right to right side, recover weight on left, step right behind left 12:00 |

|  |  |
| --- | --- |
| &4& | Rock left to left side, recover weight on right, step left behind right 12:00 |

|  |  |
| --- | --- |
| 5 | Make ¼ turn right stepping right foot forward 03:00 |

|  |  |
| --- | --- |
| 6& | Step left foot forward make ¼ turn right 06:00 |

|  |  |
| --- | --- |
| 7&8 | Cross left over right, step right to right side, cross left over right 06:00 |

**\*Restart here on walls 3 and 6**

**[17-24] Step touch back, behind step ¼ turn left, point & point, behind and cross**

|  |  |
| --- | --- |
| 1&2 | Step right to right diagonal, touch left beside right, step left foot back 07:00 |

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| --- | --- |
| 3&4 | Step right behind left, make ¼ turn left stepping left foot forward, step right foot forward 03:00 |

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| --- | --- |
| 5&6 | Touch left toe forward, touch left toe beside right, touch left toe to left side 03:00 |

|  |  |
| --- | --- |
| 7&8 | Step left behind right, step right to right side, step left over right 03:00 |

**[25-32] Side close back, chasse ¼ turn, step ½ turn, Full turn**

|  |  |
| --- | --- |
| 1&2 | Step right to right side, step left beside right, step right foot back 03:00 |

|  |  |
| --- | --- |
| 3&4 | Chasse left making ¼ turn left stepping L-R-L 12:00 |

|  |  |
| --- | --- |
| 5&6 | Step right forward, ½ turn left, step right forward 06:00 |

|  |  |
| --- | --- |
| 7&8 | Make ½ turn right stepping left back, make further ½ turn right stepping right forward, step left forward (or simply shuffle forward L-R-L) 06:00 |

**Contact information: Mobile is 07739 352209 Email is daniel@dancefeverholidays.com**