|  |  |
| --- | --- |
| Double Scoop |  |

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| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Derek Steele (USA), Jill Babinec (USA), Debi Pancoast (USA) & Rosie Multari (USA) - September 2019 |
| **Music:** | Ice Cream - MIKA : (Single) |
| . |

**Intro is 32 counts - start with vocals**

**\*Restart after 8 counts during 4th rotation**

**[1 – 8]\* Hip Swing R-L-R-L, R Sailor Step, Behind Quarter Step**

|  |  |
| --- | --- |
| 1,2,3,4 | Step R side shoulder width apart with bent knees and swing hips right, Swing hips left, Swing hips right, Swing hips left |

|  |  |
| --- | --- |
| 5&6 | Step R behind left, step L to left side, step R to right side |

|  |  |
| --- | --- |
| 7&8 | \* Step L behind right, Turn 1/4 right stepping forward R [3:00]; Step L forward\* |

**\*Restart here during 4th wall**

**[9 – 16] Crossing Hitch, Touch Back x2, Quarter, Roll Down, Back-Back-Back**

|  |  |
| --- | --- |
| 1,2 | Hitch R knee at diagonal across L, Touch R back at diagonal R |

|  |  |
| --- | --- |
| 3,4 | Hitch R knee at diagonal across L, Touch R back at diagonal R |

|  |  |
| --- | --- |
| 5,6 | Leave R toe where it is and turn 1/4 right on L [6:00], Body roll down to “sit” with weight on L |

|  |  |
| --- | --- |
| 7&8 | Run back R, L, R |

**[17-24] Coaster Cross, Rock-Recover-Cross, Quarter, Half, Triple Forward**

|  |  |
| --- | --- |
| 1&2 | Step back L, Step together R, Step L across R |

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| --- | --- |
| 3&4 | Rock side R, Recover weight L, Step R across L (prep L shoulder slightly back) |

|  |  |
| --- | --- |
| 5,6 | Release L shoulder turning 1/4 right stepping back L [9:00], Continue turning 1/2 right stepping forward R [3:00] |

|  |  |
| --- | --- |
| 7&8 | Triple forward L, R, L |

**[25-32] Kick-n-Twist, Kick-n-Twist, Jazz Box Cross**

|  |  |
| --- | --- |
| 1&2& | Small kick low and forward R, Step together R, Touch L back while twisting heels of both feet left or slight sliding of L toes to back left diagonal with R knee bent, “Recover” by straightening up for next step (weight R) |

|  |  |
| --- | --- |
| 3&4& | Small kick low and forward L, Step together L, Touch L back while twisting heels of both feet right or slight sliding of R toes to back right diagonal with L knee bent, “Recover” by straightening up for next step (weight L) |

|  |  |
| --- | --- |
| 5,6,7,8 | Step R across L, Step back L, Step Side R, Step L across R |

**Begin again with this as your “new” 12:00 starting reference wall.**

**\*Restart: On fourth rotation, you will start the dance facing your original 9:00 reference wall and will be facing the original front wall at count 8 to restart from the top of the dance.**

**Optional Ending: You will be facing original 3:00 reference wall and dance counts 1-6 as is, count 7 touch L toe behind R, Turn 1/4 to front wall and “droop” and pout like you dropped your ice cream.**

**This step sheet may be freely copied intact however modifications to this step sheet may not be made without the permission of the choreographers.**

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