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| The Git Up |  |

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| . |
| **Count:** | 160 | **Wall:** | 1 | **Level:** | Phrased Beginner / Improver | . |
| **Choreographer:** | Blanco Brown (USA), Damon D'Amico (USA) & Dave Serfling (USA) - October 2019 |
| **Music:** | The Git Up - Blanco Brown |
| . |

**Intro: 32 count - Pattern: A, B, A, C, A, D, A, E, A**

**PART A: MAIN PATTERN OF THE DANCE**

**CHARLESTON w/SWIVEL, WEAVE 2, STAMP, SIDE, CROSS, FULL TURN LEFT**

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| --- | --- |
| 1&2 | Rock forward on Rt heel with toe pointed in, turn toe out replace weight to Lt, step back Rt |

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| --- | --- |
| 3-6 | Hook Rt behind Lt, step side Rt, stamp Lt next to Rt, step side left with Lt |

|  |  |
| --- | --- |
| 7-8 | Cross Rt over Lt ¼ turn left, continue additional ¾ turn left unwinding with weight on Lt (12:00) |

**HOEDOWNS, TOES IN OUT, BACK ON HEELS, DOWN**

|  |  |
| --- | --- |
| 1&2& | Kick Rt to right side, replace, kick Lt to left side, replace |

|  |  |
| --- | --- |
| 3&4& | Kick Rt to right side, replace, kick Lt to left side, replace |

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| --- | --- |
| 5-6 | Lower down bring knees and toes in, turn them out |

|  |  |
| --- | --- |
| 7-8 | Go back on heels with toes up, step side left on Lt |

**HOOK, SIDE, TOGETHER SWEEP, WALK ¾ TURN LEFT, TAKE A SIP, BACK, BACK**

|  |  |
| --- | --- |
| 1-2 | Hook Rt behind Lt, step side left with Lt, |

|  |  |
| --- | --- |
| 3-4 | Step Rt next to Lt with a low hand sweep from right to left, step side left with Lt with a ¼ turn left |

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| --- | --- |
| 5-6 | Step Rt Back Turn ¼ left, step Lt back turn ¼ left |

|  |  |
| --- | --- |
| 7-8 | Step Rt back make a hand gesture “take a Sip”, step Lt back |

**SHIMMY BACK 4, WALK FORWARD ¼ PIVOT LEFT, STEP TOGETHER**

|  |  |
| --- | --- |
| 1-2 | Step Rt back lean back and shimmy, step Lt back lean back and shimmy |

|  |  |
| --- | --- |
| 3-4 | Step Rt back lean back and shimmy, step Lt beside Rt |

|  |  |
| --- | --- |
| 5-6 | Step Rt forward, step Lt forward |

|  |  |
| --- | --- |
| 7-8 | Step Rt forward turn ¼ Lt, step Lt beside Rt (12:00) |

**PART B: GRAPEVINES, HAND ON YOUR SIDE, ROLL YOUR SHOULDERS, SLIDE**

**GRAPEVINE LEFT, GRAPEVINE RIGHT**

|  |  |
| --- | --- |
| 1-4 | Step LF to LF, Step RT behind LF, Step LF to LF, Touch RT beside LF |

|  |  |
| --- | --- |
| 5-8 | Step RT to RT, Step LF behind RT, Step RT to RT, Touch LF beside RT |

**HOLD UP LEFT HAND, PUT IT ON YOUR SIDE, HIP BUMPS**

|  |  |
| --- | --- |
| 1-4 | Stomp LF to LF Hold LF hand up in the air, Hold, Hold, Hold |

|  |  |
| --- | --- |
| 5-8 | Put Left Hand on Lt Hip and bump Hips right, left, right, left |

**ROLL YOUR SHOULDERS, SLIP AND SLIDE**

|  |  |
| --- | --- |
| 1-2 | Move Shoulders LF and raise LF Shoulder, Move Shoulders RT and raise RT Shoulder |

|  |  |
| --- | --- |
| 3-4 | Move Shoulders LF and raise LF Shoulder, Move Shoulders RT and raise RT Shoulder |

|  |  |
| --- | --- |
| 5-8 | Hold, Step LF beside RT, Lift RT Knee, Step RT to RT and drag Left Beside RT |

**FREESTYLE**

|  |  |
| --- | --- |
| 1-8 | Do whatever you want here. Have Fun (12:00) |

**PART C: SLIDE LF & RT, COOL DOWN, SLIDE LF & RT, BUTTERFLY, ROUND & ROUND, FREESTYLE**

**SLIDE TO THE LF, SLIDE TO THE RT, NOW COOL DOWN**

|  |  |
| --- | --- |
| 1-4 | Step LF to LF, Drag RT to LF, Step RT to RT, Drag LF to RT |

|  |  |
| --- | --- |
| 5-8 | Step in place left, right, left, right and Fan Face with RT Hand, |

**SLIDE TO THE LF AND RT, DO THE BUTTERFLY**

|  |  |
| --- | --- |
| 1-4 | Step LF to LF, Drag RT to LF, Step RT to RT, Drag LF to RT |

|  |  |
| --- | --- |
| 5-6 | Step LF to LF Turning Toes, Knees and Hands inward, Turn Toes, Knees and Hands out |

|  |  |
| --- | --- |
| 7-8 | Turn Toes, Knees and Hands in, Turn Toes, Knees and Hands out |

**GRADUALLY ROTATE 360 DEGREES COUNTER-CW WHILE MAKING A LASSO MOTION ABOVE HEAD WITH RIGHT HAND**

|  |  |
| --- | --- |
| &1&----&7&8 | 16 steps starting with Lt foot |

**FREESTYLE**

|  |  |
| --- | --- |
| 1-8 | Do whatever you want here. Have Fun (12:00) |

**PART D: DOUBLE GRAPEVINE LF AND RT, CRISS CROSS**

**GRAPEVINE LF, CHASE’ LF**

|  |  |
| --- | --- |
| 1-4 | Step LF to LF, Step RT Behind LF, Step LF to LF, Step RT Beside LF |

|  |  |
| --- | --- |
| 5-8 | Get Low and Step LF to LF, Step RT Beside LF, Stay Low and Step LF to LF, Touch RT Beside LF |

**GRAPEVINE RT, CHASE’ RT**

|  |  |
| --- | --- |
| 1-4 | Step RT to RT, Step LF Behind Rt, Step RT to RT, Step LF Beside RT |

|  |  |
| --- | --- |
| 5-8 | Get Low and Step RT to RT, Step LF Beside RT, Stay Low and Step RT to RT, Step LF Beside RT |

**TAKE IT DOWN AND CRISS CROSS, BRING IT UP AND CRISS CROSS**

|  |  |
| --- | --- |
| 1-4 | Step RT forward, Step LF forward and apart, get Low Bees Knees |

|  |  |
| --- | --- |
| 5-8 | Step RT forward, Step LF forward and apart, stand Tall Bees Knees |

**IT BACK AND FREESTYLE**

|  |  |
| --- | --- |
| 1-4 | Step Back RT, Step Back LF, step Back RT, Step LF Beside Rt |

|  |  |
| --- | --- |
| 5-8 | Freestyle (12:00) |

**PART E: FREESTYLE**

**ROLLING VINE TO THE LEFT AND RIGHT**

|  |  |
| --- | --- |
| 1-4 | Turn ¼ left with LF step forward, turn ½ turn left step back RF, turn ¼ left step side w/LF, touch LF |

|  |  |
| --- | --- |
| 5-8 | Turn ¼ right with RF step forward, turn ½ turn right step back LF, turn ¼ left step side w/RF, touch RF |

**SLAP LEATHER OR SLAPPING LEATHER**

|  |  |
| --- | --- |
| 1-2 | Step side left LF, kick RF behind and slap with left hand |

|  |  |
| --- | --- |
| 3-4 | Step side right RF, kick LF behind and slap with right hand |

|  |  |
| --- | --- |
| 5-6 | Step side left LF, kick RF in front and slap with left hand |

|  |  |
| --- | --- |
| 7-8 | Step side right RF, kick LF in front and slap with right hand |

**STEP SLIDE STEP FORWARD AND BACK**

|  |  |
| --- | --- |
| 1-2 | Step diagonally forward towards 10:30 with LF, step RF next to LF |

|  |  |
| --- | --- |
| 3-4 | Step diagonally forward towards 10:30 with LF, touch RF next to LF |

|  |  |
| --- | --- |
| 5-6 | Step diagonally back towards 4:30 with RF, step LF next to RF |

|  |  |
| --- | --- |
| 7-8 | Step diagonally back towards 4:30 with RF, touch LF next to RF |

**FREESTYLE**

|  |  |
| --- | --- |
| 1-8 | Do whatever you want here. Have Fun (12:00) |

**Contact: Dave Serfling or the Rockin’ Horse Dance Barn**

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| 11820 150 | th Ave SE, Renton, WA 98059 • 425-255-9211 www.learn2dance4fun.com |

**We have videos on YouTube.**