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| YNO (You're Number One) |  |

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| **Count:** | 64 | **Wall:** | 2 | **Level:** | Phrased Intermediate | . |
| **Choreographer:** | Johanna Barnes (USA) - October 2019 | | | | |
| **Music:** | You're Number One - Michael Franti & Spearhead | | | | |
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**#16-count intro, sequence A, B, A, A, B, A, 32-A restart, A**

**(48)-COUNT ‘A’**

**[1~8]: L DIAGONAL STEP-HOLD, R CHARLESTON (OR MASHED POTATO), L BACK COASTER-STEP, R LIFT KICK-BALL-CHANGE**

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| 1-2, &3&4 | L step forward on slight left diagonal (1); hold (2); swing R to side (&); R touch front (3); swing R to side (&); complete swing of R to step back (4)\* |

**\*alternate: also swivel your L heel out (&) and in (3) (repeat & 4) to change a Charleston step to a mashed-potato one!**

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| 5&6 | L step back (5); R step next to L (&); L step forward (6) |

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| 7&8 | R low kick forward and/or slightly to the right side with hip lift (7); R step next to L (ball) (&); L step forward (8) |

**[9~16]: ¼ SIDE R, L TOUCH, ¼ L, R FWD, ½ L, R FWD, QUICK FWD L-R, HEEL POP (OR LEFT SWIVEL)**

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| 1, 2 | ¼ turn left, stepping R to right side [9:00] (1); touch L next to R (2) |

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| 3,4,5,6 | ¼ turn left, stepping L forward [6:00] (3); R step forward (4); ½ turn left, stepping forward onto L [12:00] (5); R step forward (6) |

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| &7&8 | small step forward onto L (&); step R next to L (7); lift both R and L heels then return down, to weight L (&8) |

**or swivel both R and L heels left, then return to center and weight L (&8)**

**[17~24]: R REVERSE BOTAFOGO, L REVERSE BOTAFOGO, R BEHIND, L SIDE, DOUBLE R CROSS,UNWIND ½ LEFT ONTO L**

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| 1,a,2 | R step behind L (1); L push out to left side (a); return weight to R (2); |

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| 3,a,4 | L step behind R (3); R push out to right side (a); return weight to L (4)\* |

**\*1-4 will travel slightly back\***

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| --- | --- |
| 5&6 | R step behind L (5); L step to left side (&); R step across L (6); |

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| &7, 8 | L small step to left side (&); R step across L (7); unwind ½ turn left, to weight L [6:00] (8) |

**[25~32]: R SIDE PUSH-TOUCH-CROSS, L SIDE PUSH-TOUCH-CROSS,R KICK-CROSS-BACK, R BACK/L KICK, L BALL-STEP FWD R**

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| 1&2,3&4 | push-touch R out to right side (1); recover weight L (&); step R across L (2); push-touch L out to left side (3); recover weight R (&); step L forward, slightly across R (4) |

**\*1-4 travels slightly forward\***

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| 5&6 | R forward low kick (5); R step across L (&); L step back (6); |

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| a7, &8 | push back step onto R (lean back) with L low kick (a7); recover onto L (&); R step forward (8) |

**[\*\*RESTART here, just once on your 5th pattern of the 48-count ‘A.’ You will start this ‘A’ facing 12:00 and finish 32 counts facing 6:00 where you will start again from the top of the 48-count pattern ‘A’ (just after ‘…queen: hey-hey-hey’).]**

**[33~40&]: L FWD, ½ R HITCH, R PREP, ½ BACK ONTO L, ¼ TUCK SAILOR TURN R, OUT-OUT L/R, IN-IN L/R**

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| 1,2,3,4 | L step forward (1); ½ turn right, hitch R across L [12:00] (2); R prep step forward (3);½ turn right, stepping back onto L [6:00] (4) |

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| 5&6 | tuck R behind L, turning ¼ right [9:00] (5); L step next to R (&); R small step forward (6) |

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| 7&8& | L heel out forward diagonal (7); R heel out forward diagonal (&); L step back (center) (8); R step next to L (&) |

**[41~48]: L PREP-HOLD, ¼ TOUCH, ½ TOUCH, R VAUDEVILLE STEP, SIDE-CROSS, UNWIND ½ TO R**

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| 1-2,3,4 | L prep step forward (1); hold (2); ¼ turn left, touching R to right side [6:00] (3); ½ turn left, touching R to right side [12:00] (4) |

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| 5&6 | R step across L (5); L step to left side (&); R heel to right diagonal (6); |

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| &7, 8 | R step next to L (&); L step across R (7); unwind ½ turn right, to weight R [6:00] (8) |

**B - 16-COUNT B (TAG/BRIDGE) : Clock notation is based on where you started the prior 48-count ‘A’ as your 12:00**

**This repeats twice: once at 6:00 after the 1st ‘A’ and once at 12:00 after the 3rd ‘A’ (which began at 6:00)**

**[1~8]: L PONY SKIP, ¼ R PONY SKIP, L MAMBO, R BACK COASTER STEP**

|  |  |
| --- | --- |
| 1&2, 3&4 | L small step forward (1); R step next to L (&); L small step forward (2);make ¼ turn right, R small step forward [9:00] (3); L next to R (&); L small step forward (4) |

|  |  |
| --- | --- |
| 5&6 | small rock-push forward on L (5); recover weight R (&); L step back (6) |

**\*or try 5&6 as a Charleston step!**

|  |  |
| --- | --- |
| 7&8 | R step back (7); L step next to R (&); R step forward (8) |

**[9~16]: L PONY SKIP, ¼ R PONY SKIP, L MAMBO, R BACK COASTER STEP**

|  |  |
| --- | --- |
| 1&2, 3&4 | L small step forward (1); R step next to L (&); L small step forward (2);make ¼ turn right, R small step forward [12:00] (3); L next to R (&); L small step forward (4) |

|  |  |
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| 5&6 | small rock-push forward on L (5); recover weight R (&); L step back (6) |

**\*or try 5&6 as a Charleston step!**

|  |  |
| --- | --- |
| 7&8 | R step back (7); L step next to R (&); R step forward (8) |

**(BEGIN AGAIN, and most certainly DWYF!)**

**V1**

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**This step description is intended to be a guideline. Dance demos and visual references may be found on the DanceWhatYouFeel YouTube channel. http://www.youtube.com/user/DanceWhatYouFeel**

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