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| Genetics |  |

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| **Count:** | 96 | **Wall:** | 1 | **Level:** | Phrased Advanced | . |
| **Choreographer:** | Rebecca Lee (MY) - October 2019 |
| **Music:** | Genetics - Meghan Trainor : (2:58) |
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**Intro : Start after 16 counts (app. 8 sec. into track)**

**Sequence: AA B C , AA B C C(16 counts) AA C C(16 counts)**

**Part A: 16 counts**

**[1 – 8] Step Hold, Ball Step Touch, ¼ Turn L Heel Grind**

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| 1-2 | Step R to R side (1) Hold (2) 12:00 |

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| &3,4 | Step L next to R (&) Step R to R side (3) Touch L behind R (4) 12:00 |

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| 5-6 | ¼ turn R step L back and grind R heel from L to R (5), Step R back while grind L heel from R to L (6) 3:00 |

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| 7-8 | Step L back while grind R heel from L to R (7) Step R back while sweep L from front to back (8) 3:00 |

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**[9 – 16] Behind Side Cross, Slide ,Drag , Cross ,Back, ¼ Turn R Ball Cross, Knee Pop**

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| 1&2 | Step L behind R (1), Step R to R side (&) Cross L over R (2) 12:00 |

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| 3-4 | Big Step R to R side (3) Drag L slowly to R (4) 12:00 |

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| &5-6 | Step L beside R (&) Cross R over L (5), Step L to L side (6) 6:00 |

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| &7&8 | ¼ turn R step R to R side (&), Cross L over R (7) Lift both heel up as you pop both knee forward (&) Recover both heel down (8) 6:00 |

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**Part B: 32 counts**

**[1 – 8] Diagonal Rock , Behind Side, ½ Turn Step Touch**

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| 1- 2 | Rock R to R diagonal (1), Recover L (2 ) 1:30 |

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| 3- 4 | Rock R to R diagonal (3), Step L back with weight transfer to L (4), 1:30 |

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| 5- 6 | Step R back (5) 3/8 turn L step L forward (6) 9:00 |

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| 7- 8 | ¼ turn L Step R to R side (7), Touch L in place (8) 6:00 |

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**[9 – 16] Step Touch, Side Rock , Jazz Box**

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| 1- 2 | Step L in place (1) Touch R in place (2) 12:00 |

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| 3- 4 | Rock R to R side (3) Recover L (4) 10:30 |

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| 5- 8 | Cross R over L (5) Step L back (6) Step R to R side (7) Cross L over R (8) 10:30 |

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**[17 – 24] Diagonal Rock , Behind Side, ½ Turn Step Touch**

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| 1- 2 | Rock R to R diagonal (1), Recover L (2 ) 9:00 |

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| --- | --- |
| 3- 4 | Rock R to R diagonal (3), Step L back with weight transfer to L (4), 9:00 |

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| 5- 6 | Step R back (5) 3/8 turn L step L forward (6) 9:00 |

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| 7- 8 | ¼ turn L Step R to R side (7), Touch L in place (8) 9:00 |

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**[25 – 32] Step Touch, Side Rock , ¾ Turn Box**

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| 1- 2 | Step L in place (1) Touch R in place (2) 12:00 |

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| --- | --- |
| 3- 4 | Rock R to R side (3) Recover L (4) 12:00 |

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| 5- 6 | Slide R to R side (5) ¼ turn L Step L to L side 9:00 |

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| 7- 8 | ¼ turn L Step R to R side, ¼ turn L step L to L side 3:00 |

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**Part C: 48 counts**

**[1 – 8] ¼ Turn L Slide R, Ball Cross , Rock Recover , Ball Step, ChaseTurn**

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| 1 – 3 | ¼ turn L Big Step R to R side (1) Drag Left to R (2,3) 12:00 |

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| &4 | Step L next to R (&) Cross R over L (4) 10:30 |

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| 5- 6 | Rock L forward (5) Recover R (6) 10:30 |

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| &78 | Step L next to R (&) Step R forward (7) ½ turn L weight transfer to L (8) 4:30 |

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**[9 – 16] 3/8 Turn L Ball Cross, Hold, Sailor R, Sailor L**

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| &12 | Step R forward (&) 3/8 turn L Cross L over R (1) Hold (2) 12:00 |

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| 3– 4 | Rock R to R side (3) Recover L (4) 12:00 |

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| --- | --- |
| 5&6 | Step R behind L (5) Step L to L side (&) Step R to R side (6) 12:00 |

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| &7&8 | Step L behind R (&) Step R to R side (7) Step L to L side (&) Step R slightly behind L while sweep L from front to back slowly (8,) 12:00 |

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**[17 – 24] Sweep, Behind Side Forward, Hitch,**

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| 1,2&3 | Sweep (1) Step L behind R (2) Step R to R side (&) Step L forward to 1.30 (3) 1:30 |

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| 4&5 | Hitch R knee (4) ¼ turn R Step R back (&) Point L to L (5) 4:30 |

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| 6 - 7 | ½ turn L Step L forward as you sweep R front to side 10:30 (6) ½ turn L Step R back as you sweep L back to side (7) 4:30 |

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| 8 3 | /8 turn L Step L forward as you sweep R from back to front (8) 12:00 |

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**[25 – 32] Cross Shuffle , Out Out, Hold , Arm Movement**

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| --- | --- |
| 1&2 | Cross R over L (1) Step L to L side (&) Cross R over L (2) 12:00 |

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| &34 | Step L back to L side (&), Step R back to R side (3) Hold (4) 12:00 |

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| 5&6& | Bring up R arm in front of R shoulder as your palm facing L while bring L arm to L waistline with palm facing R (5) Flip R arm down to R waistline while L arm flip up to place in front of L shoulder (&) Push R arm to L side of the waist as Push L arm to R shoulder (6) Bring R arm back to R waist and bring L arm back to L shoulder (&) 12:00 |

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| 7&8& | Flip R arm up to R shoulder and Flip L arm down to L waist (7) Push R arm across to L shoulder while L arm stay at L waist, remain unmoved (&) Flip R arm down to meet L arm (&) Push both arm across the waist to R waist while transfer weight to R ready to shake (8) 12:00 |

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**[33- 40] Hip Bump R, Ball Cross , Hip Bump L, Ball Cross**

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| --- | --- |
| 1&2& | Bump R hip to R side (1) Recover L (&) Bump R hip to R (2) Recover L (&) 12:00 |

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| --- | --- |
| 3&4 | Bump R hip to R side (3) Step L next to R (&) Cross R over L (4) 12:00 |

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| --- | --- |
| 5&6& | Bump L hip to L side (5) Recover R (&) Bump L hip to L (6) Recover R (&) 12:00 |

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| --- | --- |
| 7&8 | Bump L hip to L side (7) Step R next to L (&) Cross L over R (8) 12:00 |

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**[41- 48] Side Rock, Ball Step,Hold, Arm Movement**

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| --- | --- |
| 1- 2 | Rock R to R side (1) Recover L (2) 12:00 |

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| --- | --- |
| &34 | Step R to L (&) Step L to L (3) Hold (4) 12:00 |

|  |  |
| --- | --- |
| 5&6& | Bring up R arm in front of R shoulder as your palm facing L while bring L arm to L waistline with palm facing R (5) Flip R arm down to R waistline while L arm flip up to place in front of L shoulder (&) Push R arm to L side of the waist as Push L arm to R shoulder (6) Bring R arm back to R waist and bring L arm back to L shoulder (&) 12:00 |

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| --- | --- |
| 7&8& | Flip R arm up to R shoulder and Flip L arm down to L waist (7) Push R arm across to L shoulder while L arm stay at L waist remain unmoved (&) Flip R arm down to meet L arm (&) Push both arm across the waist to R waist while transfer weight to R ready to shake (8) 12:00 |

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**\* On 2nd & 3rd wall, after you done with the 48counts repeat counts 32-48 and Step R with weight to restart Part A.**

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**\*\*At wall 3, at the end of Part A you will be finishing at 12:00, drop of the ¼ turn to L of Part C, make a big slide to R on count 1.**

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**Rebecca Lee : rebecca\_jazz@yahoo.com**