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| --- | --- |
| Keep On Going |  |

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| . |
| **Count:** | 32 | **Wall:** | 2 | **Level:** | Improver | . |
| **Choreographer:** | Thomas Haynes (USA) - January 2020 |
| **Music:** | If You're Going Through Hell (Before the Devil Even Knows) - Rodney Atkins |
| . |

**TOE TOUCHES FRONT AND SIDE, SAILOR SHUFFLE, TOE TOUCHES FRONT AND SIDE,SAILOR SHUFFLE WITH 1/4 TURN LEFT**

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| --- | --- |
| 1-2- | Touch right toe forward, touch to right side. |

|  |  |
| --- | --- |
| 3&4- | Sweep right behind left,step left to left, step right to right |

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| --- | --- |
| 5-6- | Touch left toe forward, touch to left side. |

|  |  |
| --- | --- |
| 7&8- | Sweep left behind right,turning 1/4 turn left,step right to right,step left to left. |

**ROCKING CHAIR, WALK FORWARD, SHUFFLE FORWARD**

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| --- | --- |
| 1-2- | Rock forward on right,recover on left. |

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| --- | --- |
| 3-4- | Rock back on right,recover on left. |

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| --- | --- |
| 5-6- | Walk forward right, left |

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| --- | --- |
| 7&8- | Shuffle forward RLR |

**1/4 PIVOT TURN RIGHT (TWICE) SHUFFLE FORWARD,ROCK STEP**

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| --- | --- |
| 1-2- | Step ball of left forward,pivot 1/4 turn right. |

|  |  |
| --- | --- |
| 3-4- | Step ball of left forward,pivot 1/4turn right. |

|  |  |
| --- | --- |
| 5&6- | Shuffle forward LRL |

|  |  |
| --- | --- |
| 7-8- | Rock forward right,recover left. |

**SIDE ROCK,BEHIND CROSS,SIDE ROCK BEHIND,STEP TURNING 1/4 TURN RIGHT,STEP LEFT.**

|  |  |
| --- | --- |
| 1-2- | Rock right to right side,recover on left. |

|  |  |
| --- | --- |
| 3&4- | Step right behind left,side step left,cross right in front left. |

|  |  |
| --- | --- |
| 5-6- | Rock left to left side,recover right. |

|  |  |
| --- | --- |
| 7&8- | Step left behind right,Step right to right turning 1/4 turn right,step left to left side. |

**START AGAIN...**