|  |  |
| --- | --- |
| One Beer |  |

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| . |
| **Count:** | 48 | **Wall:** | 4 | **Level:** | Phrased Low Intermediate | . |
| **Choreographer:** | Gail Smith (USA) - January 2020 |
| **Music:** | ONE BEER (feat. Lauren Alaina & Devin Dawson) - HARDY |
| . |

**INTRO: Starts IMMEDIATELY. There are 2 heartbeats at the beginning. GO!**

**SEQUENCE: A - A - B - TAG - A - A - B - TAG - B - B - B - TAG (walk around to 12:00)**

**PART A = 16 Counts**

**STEP R, TOUCH, STEP 1/4 L, TOUCH, STEP R TOUCH, STEP 1/4 L, TOUCH**

|  |  |
| --- | --- |
| 1 - 2 | Step R to side, Touch L next to R |

|  |  |
| --- | --- |
| 3 - 4 | Turn 1/4 L stepping L fwd, Touch R next to L 9:00 |

|  |  |
| --- | --- |
| 5 - 8 | REPEAT steps 1 - 4 6:00 |

**Optional: Finger snaps on the touches.**

**K-STEP**

|  |  |
| --- | --- |
| 1 - 2 | Step R to fwd R diagonal, Touch L next to R |

|  |  |
| --- | --- |
| 3 - 4 | Step L to back L diagonal, Touch R next to L (center position) |

|  |  |
| --- | --- |
| 5 - 6 | Step R to back R diagonal, Touch L next to R |

|  |  |
| --- | --- |
| 7 - 8 | Step L to fwd L diagonal, Touch R next to L (center position) |

**Optional: Finger snaps on the touches.**

**PART B = 32 Counts**

**STEP R, TOUCH, STEP L, TOUCH, STEP R, TOGETHER, STEP R, TOUCH**

|  |  |
| --- | --- |
| 1 & 2 & | Step R to side, Touch L next to R, Step L to side, Touch R next to L 12:00 |

|  |  |
| --- | --- |
| 3 & 4 & | Step R to side, Step L next to R, Step R to side, Touch L next to R |

**STEP L, TOUCH, STEP R, TOUCH, SHUFFLE 1/4 TURN**

|  |  |
| --- | --- |
| 5 & 6 & | Step L to side, Touch R next to L, Step R to side, Touch L next to R |

|  |  |
| --- | --- |
| 7 & 8 | Shuffle 1/4 turn L stepping L - R - L 9:00 |

**SYNC ROCKING CHAIR, WALK, WALK, SYNC ROCKING CHAIR, CHASE 1/2 TURN**

|  |  |
| --- | --- |
| 1 & 2 & | Rock R fwd, Rec onto L, Rock R back, Rec onto L |

|  |  |
| --- | --- |
| 3 - 4 | Step R fwd, Step L fwd |

|  |  |
| --- | --- |
| 5 & 6 & | Rock R fwd, Rec onto L, Rock R back, Rec onto L |

|  |  |
| --- | --- |
| 7 & 8 | Step R fwd, Pivot 1/2 turn L, Step R fwd 3:00 |

**L SIDE-ROCK-CROSS, R SIDE-ROCK-CROSS, 1/4 BOUNCES, L COASTER STEP**

|  |  |
| --- | --- |
| 1 & 2 | Rock L out to side, Rec onto R, Step L across R |

|  |  |
| --- | --- |
| 3 & 4 | Rock R out to side, Rec onto L Step R across L |

|  |  |
| --- | --- |
| 5 | Raise heels up and Swivel 1/4 turn L, Place heels down 12:00 |

|  |  |
| --- | --- |
| 6 | Raise heels up and Swivel 1/4 turn L, Place heels down (WOR) 9:00 |

|  |  |
| --- | --- |
| 7 & 8 | Step L back, Step R next to L, Step L fwd |

**CROSS-ROCK-SIDE-ROCK-BACK-ROCK-SIDE, BACK-ROCK-SIDE-ROCK-CROSS-ROCK-SIDE**

|  |  |
| --- | --- |
| 1 & 2 & | Rock R across L, Rec onto L, Rock R out to side, Rec onto L |

|  |  |
| --- | --- |
| 3 & 4 | Rock R crossed behind L, Rec onto L, Step R slightly to side |

|  |  |
| --- | --- |
| 5 & 6 & | Rock L crossed BEHIND R, Rec onto R, Rock L out to side, Rec onto R |

|  |  |
| --- | --- |
| 7 & 8 | Rock L across R, Rec onto R, Step L slightly to side |

**\*\*\*\*\*\*\* TAG = 8 Counts. Do a full circle walk around to the LEFT. Starting with R foot and ending on L foot.**

**#1 facing 9:00.**

**#2 facing 6:00.**

**#3 facing 9:00 go 3/4 to 12:00. Tada!**