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| Hey Cowgirl |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Beginner | . |
| **Choreographer:** | Jan Brookfield (UK) - January 2020 | | | | |
| **Music:** | Hey Cowgirl - Randall King | | | | |
| . | | | | | | |

**Note: To keep the dance easy, a decision was made to avoid possible restarts as it works fine without. Music slows down slightly near the end, but just keep on dancing!**

**Start dance on vocals.**

**Section 1 : SIDE, CLOSE; SIDE, CLOSE, FORWARD; SIDE, CLOSE; SIDE, CLOSE, BACK**

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| 1,2,3&4 | Step R to right side, close L to R; step R to right side, close L to R, step R forward |

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| 5,6,7&8 | Step L to left side, close R to L; step L to left side, close R to L, step L back |

**Section 2 : ROCK BACK, RECOVER, 1/2 TURN SHUFFLE; ROCK BACK, RECOVER, SHUFFLE FORWARD**

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| 9,10,11&12 | Rock R back, recover onto L; half turn shuffle over left shoulder stepping R,L,R |

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| 13,14,15&16 | Rock L back, recover onto R; shuffle forward on L,R,L (facing 6 o’clock) |

**Section 3 : STEP FORWARD, TAP, SHUFFLE BACK; STEP BACK, TAP, SHUFFLE FORWARD**

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| 17,18,19&20 | Step R forward, tap L just behind R; shuffle back on L,R,L |

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| 21,22,23&24 | Step R back, tap L just in front of R; shuffle forward on L,R,L |

**Section 4 : SWAY x 2, CHASSE ¼ RIGHT; SHUFFLE ½ TURN RIGHT, ROCK BACK, RECOVER**

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| 25,26 | Step R to right side swaying hip to right, recover weight onto L swaying hip to left |

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| 27&28 | Chasse quarter turn right : Step R to side, close L to R, step R forward (9 o’clock) |

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| --- | --- |
| 29&30 | Shuffle half turn right over right shoulder on L,R,L (3 o’clock) |

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| 31,32 | Rock R back, recover weight onto L |

**KEEP IT GOING!**

**Last Update - 24 Jan. 2020**