|  |  |
| --- | --- |
| Pick Her Upper |  |

.

|  |
| --- |
| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Randy Pelletier (USA) - February 2020 |
| **Music:** | Pick Her Up (feat. Travis Tritt) (Radio Edit) - Hot Country Knights |
| . |

**Intro: Start on Lyrics**

**[1-8] HEEL, TOE, HEEL, TOE, STEP, KICK, BACK, TOUCH**

|  |  |
| --- | --- |
| 1 - 2 | Touch right heel forward, touch right next to left |

|  |  |
| --- | --- |
| 3 - 4 | Touch right heel forward, touch right next to left |

|  |  |
| --- | --- |
| 5 - 6 | Step right forward, kick left forward |

|  |  |
| --- | --- |
| 7 - 8 | Step left in place, touch right toe back |

**[9 - 16] STEP, KICK, BACK, TOUCH, ¼ LEFT PIVOT, CROSS, HOLD**

|  |  |
| --- | --- |
| 1 - 2 | Step right forward, kick left forward |

|  |  |
| --- | --- |
| 3 - 4 | Step left in place, touch right toe back |

|  |  |
| --- | --- |
| 5 - 6 | Step right forward, turn ¼ left |

|  |  |
| --- | --- |
| 7 - 8 | Cross right over left, hold |

**[17 - 24] EXTENDED VINE LEFT, ROCK, RECOVER, STOMP, HOLD**

|  |  |
| --- | --- |
| 1 - 2 | Step left to side, cross right behind left |

|  |  |
| --- | --- |
| 3 - 4 | Step left to side, cross right over left |

|  |  |
| --- | --- |
| 5 - 6 | Rock left to side, recover weight to right. |

|  |  |
| --- | --- |
| 7 - 8 | Stomp left next to right, hold |

**\*\*(Restart here on 10th wall)**

**[25 - 32] ¼ RIGHT MONTEREY TWICE**

|  |  |
| --- | --- |
| 1 - 2 | Point right to side, turn ¼ right stepping right next to left |

|  |  |
| --- | --- |
| 3 - 4 | Point left to side, step left next to right |

|  |  |
| --- | --- |
| 5 - 6 | Point right to side, turn ¼ right stepping right next to left |

|  |  |
| --- | --- |
| 7 - 8 | Point left to side, step left next to right |

**REPEAT**

**EASY RESTART - Which you can easily hear in the music.**

**\* On 10th wall (3rd time you start dance facing 3 O’clock) dance through count 24 and Restart dance.**

**(You will be facing front when the Restart occurs)**

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**This Step Sheet may not be altered in any way without the written permission of the Choreographer.**

**If you would like to use on your website please make sure it is in its original format.**

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**Last Update: 17 Jan 2023**