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| Bambalam |  |

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| **Count:** | 64 | **Wall:** | 2 | **Level:** | Phrased Easy Intermediate Contra | . |
| **Choreographer:** | Rick Dominguez (USA) & Jonno Liberman (USA) - February 2020 |
| **Music:** | Get Ready (feat. Blake Shelton) - Pitbull : (Album: Libertad 548) |
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**Dance begins after 32 counts - AABBCCD AABBCCD AABBCCCD ABCD**

**No Tags or Restarts**

**A [1-8] 1/8 Heel Grind, Heel Switches, 1/4 Heel Grind, Heel Switches (12:00)**

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| --- | --- |
| 1, 2 | Step R heel forward, Turn 1/8 right as you step L to left (finish facing right diagonal) |

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| --- | --- |
| &3&4 | Step R next to L, Touch L heel forward, Step L next to R, Touch R heel forward |

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| --- | --- |
| &5, 6 | Step R next to L, Step L heel forward, Turn 1/4 left as you step R to right (finish facing left diagonal) |

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| &7&8 | Step L next to R, Touch R heel forward, Step R next to L, Touch L heel forward |

**A [9-16] 1/4 Heel Grind, Heel Switches, Ball, Slide, Heel Split x2 (6:00)**

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| &1, 2 | Step L next to R, Step R heel forward, Turn 1/4 right as you step L to left (finish facing right diagonal) |

|  |  |
| --- | --- |
| &3&4 | Step R next to L, Touch L heel forward, Step L next to R, Touch R heel forward |

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| &5, 6 | Step R next to L, Step L diagonally to 1:30 as you turn to face 6:00, Step R next to L Partners should pass each other face to face, finish facing each other |

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| &7&8 | With feet together move both heels out, Bring both heels back to center, Move both heels out, Bring both heels back to center (there’s no place like home!) |

**B [1-8] Side Rock, Recover, Crossing Triple, Side Rock, Recover, Crossing Triple (12:00)**

|  |  |
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| 1, 2 | Step R to right, Recover onto L |

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| 3&4 | (slightly facing left diagonal) Cross R over L, Step L to left, Cross R over L |

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| 5, 6 | Step L to left, Recover onto R |

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| 7&8 | (slightly facing right diagonal) Cross L over R, Step R to right, Cross L over R |

**B [9-16] Side Rock, Recover, Crossing Triple, Paddle x3, Stomp (6:00)**

|  |  |
| --- | --- |
| 1, 2 | Step R to right, Recover onto L |

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| --- | --- |
| 3&4 | (slightly facing left diagonal) Cross R over L, Step L to left, Cross R over L |

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| --- | --- |
| 5, 6 | (square up to 12:00) Touch L to left, Turn 1/4 right as you touch L to left (3:00) |

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| 7, 8 | Turn 1/4 right as you touch L to left (6:00), Stomp L next to R (taking weight on L) |

**C [1-8] Stomp, Hitch, Coaster Step, Stomp, Hitch, Coaster Step (12:00)**

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| 1, 2 | Stomp R forward, Hitch R |

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| 3&4 | Step R back, Step L next to R, Step R forward |

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| --- | --- |
| 5, 6 | Stomp L forward, Hitch L |

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| 7&8 | Step L back, Step R next to L, Step L forward |

**C [9-16] 1/2 Pivot x2, Out-Out, In-In, Out-Out, Clap Clap (12:00)**

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| --- | --- |
| 1, 2 | Step R forward, Turn 1/2 left taking weight on L (6:00) |

|  |  |
| --- | --- |
| 3, 4 | Step R forward, Turn 1/2 left taking weight on L (12:00) |

|  |  |
| --- | --- |
| &5&6 | Step R out, Step L out, Step R in, Step L in |

|  |  |
| --- | --- |
| &7&8 | Step R out, Step L out, Clap hands twice for &8 |

**D [1-8] 1/4 with C Bumps, 1/2 with C Bumps (3:00)**

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| --- | --- |
| 1, 2 | Turn 1/4 left as you step R to right to face partner (9:00) and bump R hip up, Bump R hip down |

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| --- | --- |
| 3, 4 | Bump R hip up, Bump R hip down |

|  |  |
| --- | --- |
| 5, 6 | Turn 1/2 right as you step L to left, dancing back to back with partner (3:00) and bump L hip up, Bump L hip down |

|  |  |
| --- | --- |
| 7, 8 | Bump L hip up, Bump L hip down |

**D [9-16] R Step 1/4, Drop, Put Your Hands Up (6:00)**

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| 1-2 | Turn 1/4 right as you step R to right to face partner again, finishing with weight on both feet (6:00), Hold |

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| 3, 4 | Drop yourself down (as low as you’re comfortable going), Bring it back up |

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| 5&6 | Bring R hand toward L shoulder, Bring L hand toward R shoulder, Throw one or both straight up in the air |

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| 7-8 | Leave hands up and relax hands as you shimmy, shake your hips, wiggle your butt, or anything similar (you’ll hear Pitbull say, “Now Shake”) |

**Phrasing Notes:**

**AABBCCD – AABBCCD – AABBCCCD – ABCD**

**A is always two times in a row except for the last pattern. You’ll finish the first A in your partners spot and the second A back where you started. Make sure you slide face to face with your partner.**

**B is always two times in a row except for the last pattern. You’ll finish the first B back to back and finish the second B facing your partner again. Partners should be moving opposite directions, not mirroring. B will likely finish with partners in windows instead of directly face to face. This is OK and encouraged.**

**C is at least two times in a row except for the last pattern. There will be an extra C on the third pattern. During the third pattern, you’ll hear Pitbull say, “Everybody say ‘HEY!’”. We encourage you to shout, “HEY!”**

**D is always one time. You’ll finish on the opposite side and start a new pattern.**

**On the fourth pattern, you’ll only dance each section once. You’ll switch with your partner on A. You’ll end up with a new partner (or dancing to the walls) at the end of B. C will stay with your new partner. D will switch with your new partner. It’s a little chaotic and a whole lot of fun…BAMBALAM!**

**Dance Your Yaaas Off**

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