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| Trashin' It Up ! |  |

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| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Absolute Beginner | . |
| **Choreographer:** | Heather Shepherd (AUS) - January 2020 | | | | |
| **Music:** | There Goes the Neighborhood - Gretchen Wilson | | | | |
| . | | | | | | |

**Intro: 32 Counts from main beat (Rotates Anti-clockwise)**

**No Tags, No Restarts**

**[1-8] Step Together, Step, Heels forward**

|  |  |
| --- | --- |
| 1-2 | Step Right to Right side, step Left together |

|  |  |
| --- | --- |
| 3-4 | Step Right to Right side, Touch Left |

|  |  |
| --- | --- |
| 5-6 | Touch Left Heel forward, step Left together |

|  |  |
| --- | --- |
| 7-8 | Touch Right Heel forward, step Right together |

**[1-8] Step Together, Step, Heels forward**

|  |  |
| --- | --- |
| 1-2 | Step Left to Left side, step Right together |

|  |  |
| --- | --- |
| 3-4 | Step Left to Left side, Touch Right |

|  |  |
| --- | --- |
| 5-6 | Touch Right Heel forward, step Right together |

|  |  |
| --- | --- |
| 7-8 | Touch Left Heel forward, step Left together |

**[1-8] Walk Forward, Walk Back**

|  |  |
| --- | --- |
| 1-4 | Walk forward, Right, Left, Right, touch Left |

|  |  |
| --- | --- |
| 5-8 | Walk Back, Left, Right, Left, touch Right |

**[1-8] Paddle Turn, 1/4 to Left**

|  |  |
| --- | --- |
| 1-8 | Step Right to Right side, recover Left, Step Right to Right side, recover Left repeat last 4 counts, while turning a 1/4 to Left. |

**REPEAT**

**Contact: cosmicountry@gmail.com**

**Facebook: Cosmic Country Line Dancing**

**Hope you enjoy the dance, the music will take you there !**

**Re: Submitted 3/4/20**

**Last Site Update - 4 April 2020**