|  |  |
| --- | --- |
| Alone |  |

.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Beginner + | . |
| **Choreographer:** | Julie Snailham (ES) - March 2020 | | | | |
| **Music:** | Alone - Bee Gees : (Audio Remastered) | | | | |
| . | | | | | | |

**Intro after 32 Counts as they start singing**

**Restart Wall 5, (facing 3) with step change**

**S4 3-4 Rock back on L, recover on R**

**Restarts on Wall 8 & Wall 11 After 24 counts**

**S:1 - CROSS ROCK RECOVER, CHASSE, CROSS ROCK RECOVER, ¼ TURN RIGHT CHASSE**

|  |  |
| --- | --- |
| 1-2 | Cross rock L over R, recover on R |

|  |  |
| --- | --- |
| 3&4 | Step L to L side, step R next to L, step L to L side |

|  |  |
| --- | --- |
| 5-6 | Cross rock R over L, recover on L |

|  |  |
| --- | --- |
| 7&8 | Turn ¼ R, step R to R side, step L next to R, step R forward |

**S:2 - LEFT ROCKING CHAIR, STEP ½ TURN TOUCH R TOE, STEP ½ TURN TOUCH L TOE**

|  |  |
| --- | --- |
| 1-2 | Rock forward on L, recover on R |

|  |  |
| --- | --- |
| 3-4 | Rock back on L, recover on R |

|  |  |
| --- | --- |
| 5-6 | Step forward on L pivot ½ R, touching R toe in front of L |

|  |  |
| --- | --- |
| 7-8 | Step forward on R, pivot ½ L touch L toe in front of R |

**S:3 - STEP LOCK, STEP LOCK STEP, ROCK RECOVER, COASTER STEP**

|  |  |
| --- | --- |
| 1-2 | Step L forward, lock R foot behind L |

|  |  |
| --- | --- |
| 3&4 | Step L forward, lock R foot behind L, step L forward |

|  |  |
| --- | --- |
| 5-6 | Rock forward on R, recover on L |

|  |  |
| --- | --- |
| 7&8 | Step back on R, step L next to R, step forward on R |

**\*\* RESTARTS HERE ON WALLS 8 & 11 \*\***

**S:4 - ROCK FORWARD RECOVER, STEP BACK ON LEFT, RIGHT HOOK TOUCH, STEP LOCK, STEP LOCK STEP**

|  |  |
| --- | --- |
| 1-2 | Rock forward on L, recover on R |

|  |  |
| --- | --- |
| 3-4 | Step back on L, hook R across L, touch R toe Restart here Wall 5 with step change |

|  |  |
| --- | --- |
| 5-6 | Step R forward, lock L foot behind R |

|  |  |
| --- | --- |
| 7&8 | Step R forward, lock L foot behind R, step R forward |

**Thank you for looking/teaching my dance**

**Any queries/questions please contact me at snailham56@yahoo.co.uk or via facebook**