|  |  |
| --- | --- |
| You Are Not Alone |  |

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| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 80 | **Wall:** | 1 | **Level:** | Intermediate | . |
| **Choreographer:** | Cathy Breed (AUS) & Travis Taylor (AUS) - May 2020 | | | | |
| **Music:** | You Are Not Alone - Adam Brand & Casey Donovan | | | | |
| . | | | | | | |

**Restart on Wall 1 at Count 40, Wall 2 at Count 72**

**INTRO: 16 Counts**

**ROCK FWD/REPLACE & PIVOT 1/4 R – L CROSS SHUFFLE – R ROCK & CROSS**

|  |  |
| --- | --- |
| 1-2& | Rock R fwd, Replace weight on L, Step R together |

|  |  |
| --- | --- |
| 3-4 | Step L fwd, 1/4 R Pivot weight on R (3:00) |

|  |  |
| --- | --- |
| 5&6-7&8 | Cross L over R, Step R ball together, Cross L over R, Rock R to R side, Replace weight on L, Cross R over L |

|  |
| --- |
|  |

**SIDE BEHIND & CROSS – SIDE – ROCK BACK/REPLACE – 1/4 L BACK – 1/2 L FWD**

|  |  |
| --- | --- |
| 1-2& | Step L to L side, Step R behind L, Step L to L side |

|  |  |
| --- | --- |
| 3-6 | Cross R over L, Step L to L side, Rock R behind L, Replace weight on L |

|  |  |
| --- | --- |
| 7-8 | 1/4 L Stepping R back, 1/2 L Stepping L fwd (6:00) |

**1/4 L SIDE – SAILOR L – TOUCH/CLICK – 2 LOCK FWD ON 45’S**

|  |  |
| --- | --- |
| 1 | 1/4 L Stepping R to R side (3:00) |

|  |  |
| --- | --- |
| 2&3-4 | L Sailor Step stepping L, R, L, Touch R foot back with a click of R fingers |

|  |  |
| --- | --- |
| 5&6-7&8 | Lock Shuffle fwd R on R 45 - Lock Shuffle fwd L on L 45 |

**ROCK FWD/REPLACE – 1/4 R SIDE SHUFFLE – CROSS – BACK – LOCK SHUFFLE BACK**

|  |  |
| --- | --- |
| 1-2 | Rock R fwd, Replace weight on L |

|  |  |
| --- | --- |
| 3&4 | 1/4 R Step R to R side, Step L together, Step R to R side (6:00) |

|  |  |
| --- | --- |
| 5-6-7&8 | Cross L over R, Step R back - Step L back, Lock R over L, Step L back |

**ROCK BACK/REPLACE – SHUFFLE FWD R – PIVOT 1/2 R – SHUFFLE FWD L**

|  |  |
| --- | --- |
| 1-2 | Rock R back, Replace weight on L |

|  |  |
| --- | --- |
| 3&4 | Step R fwd, Step L together, Step R fwd |

|  |  |
| --- | --- |
| 5-6 | Step L fwd, 1/2 R Pivot weight on R (12:00) |

|  |  |
| --- | --- |
| 7&8 | Step L fwd, Step R together, Step L fwd |

**\*RESTART HERE WALL 1**

**FWD DRAG/HOLD – BALL STEP – PIVOT 1/4 – CROSS L – 1/4 L BACK – 1/4 L SIDE**

|  |  |
| --- | --- |
| 1-2 | Step R fwd dragging L towards R, Hold (Keep Dragging) |

|  |  |
| --- | --- |
| &3 | Step L together, Step R fwd |

|  |  |
| --- | --- |
| 4-5 | Step L fwd, 1/4 R Pivot weight on R (3:00) |

|  |  |
| --- | --- |
| 6-7-8 | Cross L over R, 1/4 L Step R back, 1/4 L Step L to L side (9:00) |

**CROSS SAMBA – CROSS SAMBA – CROSS SHUFFLE – 1/4 BACK – 1/2 FWD**

|  |  |
| --- | --- |
| 1&2 | Cross R over L, Rock L to L side, Replace weight on R |

|  |  |
| --- | --- |
| 3&4 | Cross L over R, Rock R to R side, Replace weight on L |

|  |  |
| --- | --- |
| 5&6 | Cross R over L, Step L ball next to R, Cross R over L |

|  |  |
| --- | --- |
| 7-8 | 1/4 R Stepping L back, 1/2 R Stepping R fwd (6:00) |

**FWD - BACK - TOGETHER – FWD BACK/REPLACE – 1/2 FWD – 1/4 SIDE – BEHIND SIDE CROSS**

|  |  |
| --- | --- |
| 1-2& | Step L fwd, Replace weight on R, Step L together |

|  |  |
| --- | --- |
| 3-6 | Step R fwd, Replace weight on L, 1/2 R Step R fwd, 1/4 R Step L to L side |

|  |  |
| --- | --- |
| 7&8 | Step R behind L, Step L to L side, Cross R over L (3:00) |

**SIDE DRAG/HOLD & CROSS L – ¼ R BACK – COASTER L – FULL TURN FWD**

|  |  |
| --- | --- |
| 1-2&3-4 | Step L to L side dragging R, Hold, Step R ball next to L - Step L over R, ¼ L Step R back (12:00) |

|  |  |
| --- | --- |
| 5&6 | Step L back, Step R beside L, Step L fwd |

|  |  |
| --- | --- |
| 7-8 | Turn ½ L Step R back, Turn ½ L Step L fwd |

**\*RESTART HERE WALL 2 (12:00)**

**1/4 L SIDE ROCK/REPLACE – BEHIND – SIDE ROCK/REPLACE – BEHIND – 1/4 FWD – FWD L**

|  |  |
| --- | --- |
| 1-2-3 | 1/4 L Rock R to R side, Replace weight on L, Step R behind L |

|  |  |
| --- | --- |
| 4-5-6 | Rock L to L side, Replace weight on R, Step L behind R |

|  |  |
| --- | --- |
| 7-8 | 1/4 R Step R fwd, Step L fwd |

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