|  |  |
| --- | --- |
| SF Bahama |  |

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| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 164 | **Wall:** | 1 | **Level:** | Phrased Low Improver | . |
| **Choreographer:** | YoungSoon Song (KOR), Hyun Ah Lee (KOR), Hee Sun Lee (KOR) & SoYeun Choi (KOR) - May 2020 | | | | |
| **Music:** | Bahama Mama - Boney M. : (ZDF Disco 21.1.1980 - VOD) | | | | |
| . | | | | | | |

**#164counts (A96, B12, B'8, C48),**

**Sequence : A - B - A - C - A - B' - A**

**[A]**

**S1: HEEL, TOE, SIDE DRAG, HEEL, TOE, SIDE DRAG**

|  |  |
| --- | --- |
| 1-2 | RF Heel Touch Forward(1), RF Toe Touch Backwards(2) |

|  |  |
| --- | --- |
| 3-4 | RF Side Drag R(3-4) |

|  |  |
| --- | --- |
| 5-6 | LF Heel Touch Forward(5), LF Toe Touch Backwards(6) |

|  |  |
| --- | --- |
| 7-8 | LF Side Drag L(7-8) |

**S2: HEEL TOE, SIDE DRAG, HEEL, TOE, SIDE DRAG**

|  |  |
| --- | --- |
| 1-2 | RF Heel Touch Forward(1), RF Toe Touch Backwards(2) |

|  |  |
| --- | --- |
| 3-4 | RF Side Drag R(3-4) |

|  |  |
| --- | --- |
| 5-6 | LF Heel Touch Forward(5), LF Toe Touch Backwards(6) |

|  |  |
| --- | --- |
| 7-8 | LF Side Drag L(7-8) |

**S3: 1/2 MONTEREY TURN R 2X**

|  |  |
| --- | --- |
| 1-2 | RF Touch R(1), RF Step Together 1/2 Turn R(6:00)(2) |

|  |  |
| --- | --- |
| 3-4 | LF Touch L(3), LF Step Together(4) |

|  |  |
| --- | --- |
| 5-6 | RF Touch R(5), RF Step Together 1/2 Turn R(12:00)(6) |

|  |  |
| --- | --- |
| 7-8 | LF Touch L(7), LF Step Together(8) |

**S4: CHARLESTON STEP, INSIDE HEEL SWIVEL 4X**

|  |  |
| --- | --- |
| 1-2 | RF Toe Touch Forward, RF Step Together |

|  |  |
| --- | --- |
| 3-4 | LF Toe Touch Backwards, LF Step Together |

|  |  |
| --- | --- |
| 5&6& | RF Touch Forward(5), RF Heel Out(&), RF In(6), RF Out(&) |

|  |  |
| --- | --- |
| 7&8 | RF In(7), RF Out(&), RF In(8) |

**(\*5-8counts : Hold your arms up and shake them in the same direction)**

**S5: KICK 2X, SAILOR STEP, KICK 2X, SAILOR STEP**

|  |  |
| --- | --- |
| 1-2 | RF Cross Over Kick(1), RF Kick Right Side(2) |

|  |  |
| --- | --- |
| 3&4 | RF Cross Backwards(3), LF Step Together(&), RF Step R(4) |

|  |  |
| --- | --- |
| 5-6 | LF Cross Over Kick(5), LF Kick Left Side(6) |

|  |  |
| --- | --- |
| 7&8 | LF Cross Backwards(7), RF Step Together(&), LF Step L(8) |

**S6: JAZZBOX CROSS, BACK DRAG, BALL CHANGE**

|  |  |
| --- | --- |
| 1-2 | RF Cross Over(1), LF Step Backwards(2) |

|  |  |
| --- | --- |
| 3-4 | RF Step R(3), LF Cross Over(4) |

|  |  |
| --- | --- |
| 5-6 | RF Big Drag Backwards(5), Hold(6) |

|  |  |
| --- | --- |
| 7&8 | Hold(7), LF Step Together(&), RF Step Forward(8) |

**S7: 1/4 PIVOT R 2X, CROSS ROCK STEP, SIDE DRAG, BALL CROSS**

|  |  |
| --- | --- |
| 1-2 | LF Forward(1), 1/4 Turn R with Hip Roll L to R(3:00)(2) |

|  |  |
| --- | --- |
| 3-4 | LF Forward(3), 1/4 Turn R with Hip Roll L to R(6:00)(4) |

|  |  |
| --- | --- |
| 5-6 | LF Cross Rock(5), RF Recover(6) |

|  |  |
| --- | --- |
| 7 | LF Drag L side(7) |

|  |  |
| --- | --- |
| 8&1 | Hold(8), RF Ball(&), LF Cross Over(1) |

**S8: VINE STEP, 1/4 TURN R 2X, SIDE DRAG, HOLD, BALL CROSS**

|  |  |
| --- | --- |
| 2 | RF Step R(2) |

|  |  |
| --- | --- |
| 3-4 | LF Cross Behind(3), RF 1/4 Turn R(9:00)(4) |

|  |  |
| --- | --- |
| 5-6 | LF 1/4 Turn R(12:00)(5), Hold(6) |

|  |  |
| --- | --- |
| 7&8 | Hold(7), RF Ball(&), LF Cross Over(8) |

**S9: INSIDE SWIVEL WALKING 4X, 1/2 STEP TURN L 2X**

|  |  |
| --- | --- |
| 1-2 | RF Toe Inside Walk(Weight RF)(1), LF Toe Inside Walk(Weight LF)(2) |

|  |  |
| --- | --- |
| 3-4 | RF Toe Inside Walk(Weight RF)(3), LF Toe Inside Walk(Weight LF)(4) |

|  |  |
| --- | --- |
| 5-6 | RF Step Forward(5), LF 1/2 Turn L(6:00)(6) |

|  |  |
| --- | --- |
| 7-8 | RF Step Forward(7), LF 1/2 Turn L(12:00)(8) |

**S10: SWAY 2X, CHASSE, SWAY 2X, CHASSE**

|  |  |
| --- | --- |
| 1-2 | RF Step R with Sway Arm and Hips to R(1), LF Step L with Sway Arm and Hips to L(2) |

|  |  |
| --- | --- |
| 3&4 | RF Step R(3), LF Step Together(&), RF Step R(4) |

**(3&4 Foot motion with Sway Hips to R and Arm make Circle R on the front)**

|  |  |
| --- | --- |
| 5-6 | LF Step L with Sway Arms and Hips to L(5), RF Step R with Sway Arms and Hips to R(6) |

|  |  |
| --- | --- |
| 7&8 | LF Step L(7), RF Step Together(&), LF Step L(8) |

**(7&8 Foot motion with Sway Hips to L and Arm make Circle L on the front)**

**S11: INSIDE SWIVEL WALKING 4X, 1/2 STEP TURN L 2X**

|  |  |
| --- | --- |
| 1-2 | RF Toe Inside Walk(Weight RF)(1), LF Toe Inside Walk(Weight LF)(2) |

|  |  |
| --- | --- |
| 3-4 | RF Toe Inside Walk(Weight RF)(3), LF Toe Inside Walk(Weight LF)(4) |

|  |  |
| --- | --- |
| 5-6 | RF Step Forward(5), LF 1/2 Turn L(6:00)(6) |

|  |  |
| --- | --- |
| 7-8 | RF Step Forward(7), LF 1/2 Turn L(12:00)(8) |

**S12: SWAY 2X, CHASSE, SWAY 2X, CHASSE**

|  |  |
| --- | --- |
| 1-2 | RF Step R with Sway Arm and Hips to R(1), LF Step L with Sway Arm and Hips to L(2) |

|  |  |
| --- | --- |
| 3&4 | RF Step R(3), LF Step Together(&), RF Step R(4) |

**(3&4 Foot motion with Sway Hips to R and Arm make Circle R on the front)**

|  |  |
| --- | --- |
| 5-6 | LF Step L with Sway Arms and Hips to L(5), RF Step R with Sway Arms and Hips to R(6) |

|  |  |
| --- | --- |
| 7&8 | LF Step L(7), RF Step Together(&), LF Step L(8) |

**(7&8 Foot motion with Sway Hips to L and Arm make Circle L on the front)**

**[B]**

**S13: 1/4 PADDLE TURN, 1/2 PADDLE TURN**

|  |  |
| --- | --- |
| 1-2 | RF Touch Side(3:00)(1), RF Touch 1/8 Turn L(1:30)(2) |

|  |  |
| --- | --- |
| 3-4 | RF Touch 1/8 Turn L(12:00)(3), RF 1/4 Turn Step Together(9:00)(4) |

|  |  |
| --- | --- |
| 5-6 | LF Touch Side(9:00)(5), LF Touch 1/8 Turn R(10:30)(6) |

|  |  |
| --- | --- |
| 7-8 | LF Touch 1/8 Turn R(12:00)(7), LF 1/4 Turn Step Together(3:00)(8) |

**S14: 1 PADDLE TURN with 4 Counts**

|  |  |
| --- | --- |
| 1-2 | RF Touch 1/4 Turn L(12:00)(1), RF Touch 1/4 Turn L(9:00)(2) |

|  |  |
| --- | --- |
| 3-4 | RF Touch 1/4 Turn L(6:00)(3), RF 1/2 Turn L Step Together(12:00)(4) |

**[C]**

**S15: HEEL SWIVEL 8X**

|  |  |
| --- | --- |
| 1&2& | RF Heel Touch Forward(1), RF Out(&), RF In(2), RF Out(&) |

|  |  |
| --- | --- |
| 3&4& | RF In(3), RF Out(&), RF In(4), RF Out(&) |

|  |  |
| --- | --- |
| 5&6& | RF In(5), RF Out(&), RF In(6), RF Out(&) |

|  |  |
| --- | --- |
| 7&8& | RF In(7), RF Out(&), RF In(8), RF Out(&) |

**S16: 1/4 TURN L, STEP RUN IN PLACE**

|  |  |
| --- | --- |
| & | LF 1/4 Turn L and LF Slip Backwards with RF Hitch(3:00)(&) |

|  |  |
| --- | --- |
| 1&2& | RF Step Forward(1), RF Slip Backwards with LF Hitch(&), LF Step Forwards(2),LF Slip Backwards with RF Hitch(&) |

|  |  |
| --- | --- |
| 3&4& | RF Step Forward(3), RF Slip Backwards with LF Hitch(&), LF Step Forward(4),LF Slip Backwards with RF Hitch(&) |

|  |  |
| --- | --- |
| 5&6& | RF Step Forward(5), RF Slip Backwards with LF Hitch(&), LF Step Forward(6),LF Slip Backwards with RF Hitch(&) |

|  |  |
| --- | --- |
| 7&8& | RF Step Forward(7), RF Slip Backwards with LF Hitch(&), LF Step Forward(8),LF Slip Backwards with RF Hitch(&) |

**S17: 1/4 TURN R, HEEL SWIVEL 8X**

|  |  |
| --- | --- |
| 1&2& | RF Heel Touch Forward(1), RF Out(&), RF In(2), RF Out(&) |

|  |  |
| --- | --- |
| 3&4& | RF In(3), RF Out(&), RF In(4), RF Out(&) |

|  |  |
| --- | --- |
| 5&6& | RF In(5), RF Out(&), RF In(6), RF Out(&) |

|  |  |
| --- | --- |
| 7&8& | RF In(7), RF Out(&), RF In(8), RF Out(&) |

**S18: 1/4 TURN L, STEP RUN IN PLACE**

|  |  |
| --- | --- |
| & | LF 1/4 Turn L and LF Slip Backwards with RF Hitch(3:00)(&) |

|  |  |
| --- | --- |
| 1&2& | RF Step Forward(1), RF Slip Backwards with LF Hitch(&), LF Step Forwards(2), LF Slip Backwards with RF Hitch(&) |

|  |  |
| --- | --- |
| 3&4& | RF Step Forward(3), RF Slip Backwards with LF Hitch(&), LF Step Forward(4),LF Slip Backwards with RF Hitch(&) |

|  |  |
| --- | --- |
| 5&6& | RF Step Forward(5), RF Slip Backwards with LF Hitch(&), LF Step Forward(6),LF Slip Backwards with RF Hitch(&) |

|  |  |
| --- | --- |
| 7&8& | RF Step Forward(7), RF Slip Backwards with LF Hitch(&), LF Step Forward(8),LF Slip Backwards with RF Hitch(&) |

**S19: 1/4 PIVOT TURN L WITH HIP ROLL 3X, TOGETHER**

|  |  |
| --- | --- |
| 1-2 | RF Step Forward(1), LF 1/4 Turn L with Hip Roll(6:00)(2) |

|  |  |
| --- | --- |
| 3-4 | RF Step Forward(3), LF 1/4 Turn L with Hip Roll(3:00)(4) |

|  |  |
| --- | --- |
| 5-6 | RF Step Forward(5), LF 1/4 Turn L with Hip Roll(12:00)(6) |

|  |  |
| --- | --- |
| 7-8 | RF Step Together with Slap Hips(7-8) |

**S20: 1/4 PIVOT TURN 2X, 1/2 PIVOT TURN, TOGETHER**

|  |  |
| --- | --- |
| 1-2 | LF Step Forward(1), RF 1/4 Turn R with Hip Roll(3:00)(2) |

|  |  |
| --- | --- |
| 3-4 | LF Step Forward(3), RF 1/4 Turn R with Hip Roll(6:00)(4) |

|  |  |
| --- | --- |
| 5-6 | LF Step Forward(5), RF 1/2 Turn R with Hip Roll(12:00)(6) |

|  |  |
| --- | --- |
| 7-8 | LF Step Together with Slap Hips(7-8) |

**[B']**

**S21: 1/4 PADDLE TURN 2X**

|  |  |
| --- | --- |
| 1-2 | RF Touch R(1), RF Touch 1/8 Turn L(1:30)(2) |

|  |  |
| --- | --- |
| 3-4 | RF Touch 1/8 Touch L(12:00)(3), RF 1/4 Turn L Step Together(3:00)(4) |

|  |  |
| --- | --- |
| 5-6 | LF Touch L(6:00)(5), LF Touch 1/8 Turn R(7:30)(6) |

|  |  |
| --- | --- |
| 7-8 | LF Touch 1/8 Turn L(9:00)(7), LF 1/4 Turn L Step Together(12:00)(8) |