|  |  |
| --- | --- |
| Nowhere Left to Go |  |

.

|  |
| --- |
| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Michelle Wright (USA) - June 2020 |
| **Music:** | Dance with Me - Diplo, Thomas Rhett & Young Thug |
| . |

**Dance starts on the lyrics**

**Section 1: R & L kick cross back rock, R kick out out, toes heels toes walk in(both feet)**

|  |  |
| --- | --- |
| 1&2& | Kick R forward, Cross R over L, Rock L ball of foot back slightly on diagonal , Recover R |

|  |  |
| --- | --- |
| 3&4& | Kick L forward, Cross L over R, Rock R ball of foot back slightly on diagonal , Recover L |

|  |  |
| --- | --- |
| 5&& | Kick R forward, Step R to R side, Step L to L side |

**(Styling: Knees slightly bent as you step out and hold)**

|  |  |
| --- | --- |
| 7&8 | swivel toes in , heels in, toes center weight on L |

**(styling: straighten knees as you come go in)**

**Section 2: R mambo forward, L back mambo, ¾ chug L with hips**

|  |  |
| --- | --- |
| 1&2 | Step forward R, recover L, step back R |

|  |  |
| --- | --- |
| 3&4 | Step L back, Recover R, step together L |

|  |  |
| --- | --- |
| 5&6&7&8& | Over L 1/4 Rock R to R as you push hips over R, recover L, ¼ rock R to R as you push hips over R, recover L, ¼ rock R to R as you push hips over R, Recover L, Rock R to R side as you push your hips over R, Recover L |

**(Restart on 3rd and 7th rotations)**

**Section 3:R & L Cross Back Back, R Point and L Point , R Forward touch, hip bump**

|  |  |
| --- | --- |
| 1&2 | Cross R over L, Step back L, step back R |

|  |  |
| --- | --- |
| 3&4 | Cross L over R, step back R, step back L |

|  |  |
| --- | --- |
| 5&6&7&8 | point R to Right side, step R next to R, point L to L side, step L next to R, Touch L forward, Bump R hip forward over R, recover L |

**Section 4:R forward cross samba, L back cross samba, Weave, Boogie walk**

|  |  |
| --- | --- |
| 1&2 | Cross R over L, Step ball of L to L side, recover R |

|  |  |
| --- | --- |
| 3&4 | Cross L behind R, Rock ball of R to R side, recover L |

|  |  |
| --- | --- |
| 5&6 | Cross R behind L, Step L to L side, step R forward |

|  |  |
| --- | --- |
| 7&8 | Step forward left as you lean knees L, Step forward R as you lean knees R, Step forward L as you lean knees L ( knees are slightly bent) |

**(7&8 option run forward L,R,L)**

**Any questions please email Michellelinedance@gmail.com**

**Please do not edit this step sheet without permission from choreographer.**